

FADE TO BLACK

with **JIMMY CHURCH**
PRESENTS

ELISABETH HOEKSTRA

GROUNDING TO ELEVATE YOUR LIFE

WED NOV 02 LIVE

7:00 PM PT/10:00PM ET



1
00:00:14,280 --> 00:02:09,529
foreign

2
00:02:09,539 --> 00:02:31,430
thank you

3
00:02:56,690 --> 00:02:41,449
foreign

4
00:02:56,700 --> 00:03:01,449
[Music]

5
00:03:09,050 --> 00:03:05,210
I occasionally think how quickly our

6
00:03:11,630 --> 00:03:09,060
differences worldwide to Advantage if we

7
00:03:12,950 --> 00:03:11,640
were facing an alien threat from outside

8
00:03:14,440 --> 00:03:12,960
this work

9
00:03:14,860 --> 00:03:14,450
[Music]

10
00:03:17,050 --> 00:03:14,870
[Applause]

11
00:03:19,970 --> 00:03:17,060
[Music]

12
00:03:22,850 --> 00:03:19,980
this is Fade to Black with your host

13
00:03:25,869 --> 00:03:22,860

Jimmy Church on the game changer radio

- 14
00:03:32,690 --> 00:03:29,770
I need your help to get to the year
- 15
00:03:34,930 --> 00:03:32,700
1985.
- 16
00:03:37,729 --> 00:03:34,940
[Music]
- 17
00:03:40,640 --> 00:03:37,739
you're listening to fade to black with
- 18
00:03:52,509 --> 00:03:40,650
Jimmy judge on The Game Changer Network
- 19
00:03:55,930 --> 00:03:52,519
[Music]
- 20
00:03:58,030 --> 00:03:55,940
good evening Fade to Black
- 21
00:04:02,649 --> 00:03:58,040
bespoke radio
- 22
00:04:05,030 --> 00:04:02,659
4. the messes
- 23
00:04:09,009 --> 00:04:05,040
ah yeah man how you doing today's
- 24
00:04:12,370 --> 00:04:09,019
Wednesday Wednesday November 2nd
- 25
00:04:14,490 --> 00:04:12,380
2022. let's do this man

26

00:04:16,970 --> 00:04:14,500

[Music]

27

00:04:21,110 --> 00:04:16,980

[Applause]

28

00:04:22,430 --> 00:04:21,120

[Music]

29

00:04:24,409 --> 00:04:22,440

I would like to watch everybody

30

00:04:26,570 --> 00:04:24,419

listening all around the world all

31

00:04:28,909 --> 00:04:26,580

across the United States

32

00:04:30,890 --> 00:04:28,919

hither and tither to and fro back and

33

00:04:31,969 --> 00:04:30,900

forth up and down east and west north

34

00:04:34,430 --> 00:04:31,979

and south

35

00:04:37,610 --> 00:04:34,440

far and near

36

00:04:40,010 --> 00:04:37,620

this is Fade to Black for kjcr the game

37

00:04:42,590 --> 00:04:40,020

changer and Annex Networks

38

00:04:47,090 --> 00:04:42,600

Grace Hobbs I'm your assuming Church

39

00:04:49,189 --> 00:04:47,100
what is cracking everybody how you doing

40

00:04:52,430 --> 00:04:49,199
how you doing

41

00:04:55,070 --> 00:04:52,440
all right tonight

42

00:04:57,050 --> 00:04:55,080
at an amazing show last night

43

00:05:00,350 --> 00:04:57,060
Roy Dennis

44

00:05:03,650 --> 00:05:00,360
following up with that tonight Elizabeth

45

00:05:05,510 --> 00:05:03,660
Hoekstra joins us

46

00:05:09,409 --> 00:05:05,520
tonight we're gonna be talking about

47

00:05:12,469 --> 00:05:09,419
grounding and she's got a new book out

48

00:05:15,350 --> 00:05:12,479
it uh we'll talk about that tonight

49

00:05:17,689 --> 00:05:15,360
releases this uh Friday

50

00:05:19,850 --> 00:05:17,699
I think pre-order is is Friday we'll be

51
00:05:23,330 --> 00:05:19,860
talking about all of that the book is

52
00:05:26,210 --> 00:05:23,340
called the mother earth effect

53
00:05:29,390 --> 00:05:26,220
all right now I have been grounding I've

54
00:05:31,670 --> 00:05:29,400
been talking a lot about it it has

55
00:05:34,070 --> 00:05:31,680
it's it's it's changed me and we're

56
00:05:37,310 --> 00:05:34,080
going to be taught what is grounding

57
00:05:39,529 --> 00:05:37,320
you know and I remember uh uh a year ago

58
00:05:42,249 --> 00:05:39,539
Elizabeth and I uh talking about this

59
00:05:45,469 --> 00:05:42,259
and and and

60
00:05:47,450 --> 00:05:45,479
we'll talk about we'll talk about that

61
00:05:50,749 --> 00:05:47,460
tonight because

62
00:05:53,930 --> 00:05:50,759
um I remember I didn't know right I know

63
00:05:57,830 --> 00:05:53,940

what grounding is

64

00:05:58,969 --> 00:05:57,840

right in that in a studio like this I

65

00:06:02,810 --> 00:05:58,979

remember

66

00:06:06,110 --> 00:06:02,820

putting together uh uh my first major

67

00:06:07,430 --> 00:06:06,120

like big recording studio uh 24 track

68

00:06:09,590 --> 00:06:07,440

and stuff like that the owner of the

69

00:06:11,570 --> 00:06:09,600

studio goes okay man

70

00:06:13,790 --> 00:06:11,580

um we're gonna run a grounding rod

71

00:06:15,770 --> 00:06:13,800

outside

72

00:06:17,210 --> 00:06:15,780

um I l've got it so I need you to go

73

00:06:18,110 --> 00:06:17,220

ahead and get that going I go okay cool

74

00:06:20,570 --> 00:06:18,120

cool

75

00:06:23,029 --> 00:06:20,580

what is a grounding rod I don't know

76

00:06:25,070 --> 00:06:23,039

right so I I had to do a little research

77

00:06:26,990 --> 00:06:25,080

a grounding rod okay so you know when

78

00:06:29,270 --> 00:06:27,000

you have a three-prong plug

79

00:06:32,330 --> 00:06:29,280

right so you've got your electricity

80

00:06:34,610 --> 00:06:32,340

here right and then you have a that

81

00:06:38,210 --> 00:06:34,620

third pla that's the ground and the

82

00:06:41,330 --> 00:06:38,220

ground technically supposed to go to

83

00:06:45,010 --> 00:06:41,340

Earth the ground the Earth that you walk

84

00:06:48,529 --> 00:06:45,020

on and that grounds

85

00:06:50,210 --> 00:06:48,539

your electricity right okay and then so

86

00:06:52,129 --> 00:06:50,220

in a recording studio it's very

87

00:06:54,650 --> 00:06:52,139

important that you have ground lifts and

88

00:06:56,870 --> 00:06:54,660

you have these gray plugs and you're

89

00:06:58,430 --> 00:06:56,880

grounding the equipment and you're

90

00:07:01,189 --> 00:06:58,440

running grounding wires and then

91

00:07:03,290 --> 00:07:01,199

everything goes and one you know goes

92

00:07:04,850 --> 00:07:03,300

out to the grounding rod that's you know

93

00:07:07,010 --> 00:07:04,860

four or five six feet long and it's

94

00:07:08,809 --> 00:07:07,020

pounded into the ground and you hook

95

00:07:11,749 --> 00:07:08,819

everything up to that you ground it it's

96

00:07:15,050 --> 00:07:11,759

for silence right so that's that's

97

00:07:17,570 --> 00:07:15,060

grounding in the electric world

98

00:07:19,370 --> 00:07:17,580

it's the same process

99

00:07:22,129 --> 00:07:19,380

for your body

100

00:07:24,110 --> 00:07:22,139

all right now I understand I've got all

101
00:07:27,650 --> 00:07:24,120
the gear tonight we're going to be

102
00:07:29,089 --> 00:07:27,660
talking about what grounding is and I'm

103
00:07:32,749 --> 00:07:29,099
going to I'm going to share some stories

104
00:07:34,309 --> 00:07:32,759
grounding grounding is amazing so I'm so

105
00:07:37,610 --> 00:07:34,319
excited about this show tonight plus

106
00:07:40,969 --> 00:07:37,620
Elizabeth and I uh just spent uh 10 days

107
00:07:43,969 --> 00:07:40,979
in Egypt together

108
00:07:46,730 --> 00:07:43,979
um uh Elizabeth and I will laugh about

109
00:07:48,850 --> 00:07:46,740
this tonight Elizabeth and I we were

110
00:07:51,770 --> 00:07:48,860
probably together uh

111
00:07:55,249 --> 00:07:51,780
more than

112
00:07:56,330 --> 00:07:55,259
um anybody else in that we we were

113
00:08:00,290 --> 00:07:56,340

paired up

114

00:08:03,650 --> 00:08:00,300

and and we took more selfies right we

115

00:08:06,170 --> 00:08:03,660

just okay selfie time and uh and we've

116

00:08:08,930 --> 00:08:06,180

got a lot of shared experiences because

117

00:08:12,170 --> 00:08:08,940

the two of us were off doing our own

118

00:08:13,370 --> 00:08:12,180

thing uh together all over Egypt and not

119

00:08:15,290 --> 00:08:13,380

that we're going to spend a whole lot of

120

00:08:19,129 --> 00:08:15,300

time talking about Egypt tonight but we

121

00:08:22,790 --> 00:08:19,139

did just get back and uh there you go

122

00:08:25,369 --> 00:08:22,800

and uh I'll surprise you with a couple

123

00:08:28,070 --> 00:08:25,379

of things tonight uh with Elizabeth okay

124

00:08:31,730 --> 00:08:28,080

and then tomorrow night is another fader

125

00:08:34,370 --> 00:08:31,740

night with open lines all night long

126

00:08:36,769 --> 00:08:34,380

all right fader night tomorrow night

127

00:08:39,230 --> 00:08:36,779

coming up I will be hosting tickets went

128

00:08:41,990 --> 00:08:39,240

on sale yesterday today is the second

129

00:08:45,050 --> 00:08:42,000

tickets went on sale yesterday the first

130

00:08:49,310 --> 00:08:45,060

for the conscious life Expo

131

00:08:51,829 --> 00:08:49,320

um I'm hosting I am mcng I'm hosting uh

132

00:08:53,750 --> 00:08:51,839

a bunch of uh exclusive

133

00:08:57,050 --> 00:08:53,760

events that are going to be going on

134

00:08:58,610 --> 00:08:57,060

there and uh a luncheon there's only 50

135

00:09:00,230 --> 00:08:58,620

seats available

136

00:09:03,430 --> 00:09:00,240

if you're a fade or not and you want to

137

00:09:06,290 --> 00:09:03,440

go there's only 50 seats get over to

138

00:09:07,730 --> 00:09:06,300

consciouslifeexpo.com and get your seat

139

00:09:09,710 --> 00:09:07,740

for that luncheon it's going to be

140

00:09:11,810 --> 00:09:09,720

amazing I've got some special guests and

141

00:09:15,110 --> 00:09:11,820

and things so you don't want to miss

142

00:09:18,050 --> 00:09:15,120

that I will also be hosting the expo's

143

00:09:22,250 --> 00:09:18,060

got talent talent show and I think this

144

00:09:24,050 --> 00:09:22,260

is the fourth year uh uh of not only the

145

00:09:26,630 --> 00:09:24,060

talent show but for me hosting it it's

146

00:09:28,329 --> 00:09:26,640

just incredible and so you can get

147

00:09:31,930 --> 00:09:28,339

tickets for that too as well everything

148

00:09:36,290 --> 00:09:31,940

is at consciouslifeexpo.com

149

00:09:40,250 --> 00:09:36,300

200 vendors over 200 speakers it's the

150

00:09:43,250 --> 00:09:40,260

biggest event of the year at uh uh just

151
00:09:46,670 --> 00:09:43,260
in you know in the world and it's at LAX

152
00:09:49,370 --> 00:09:46,680
at The Lax Hilton consciouslifeexpo.com

153
00:09:52,550 --> 00:09:49,380
the links are below and then two weeks

154
00:09:56,150 --> 00:09:52,560
after that Saturday April 1st I will be

155
00:09:58,910 --> 00:09:56,160
hosting the peripod festival right here

156
00:10:03,550 --> 00:09:58,920
in Los Angeles at the Hyatt Regency

157
00:10:07,670 --> 00:10:03,560
in Valencia California this is a one day

158
00:10:10,550 --> 00:10:07,680
live event this is an awards ceremony a

159
00:10:12,710 --> 00:10:10,560
media event podcast Awards it's a film

160
00:10:14,990 --> 00:10:12,720
festival you can submit your podcast

161
00:10:16,790 --> 00:10:15,000
your media your TV series your

162
00:10:20,090 --> 00:10:16,800
documentary your film whatever you've

163
00:10:23,150 --> 00:10:20,100

got or it that deals with the Paranormal

164

00:10:28,150 --> 00:10:23,160

right now submit

165

00:10:30,710 --> 00:10:28,160

submit your stuff at podcast uh parapot

166

00:10:32,329 --> 00:10:30,720

filmfest.com the links are below and a

167

00:10:35,329 --> 00:10:32,339

week after that April 7th through the

168

00:10:38,810 --> 00:10:35,339

14th I will be also hosting and

169

00:10:42,530 --> 00:10:38,820

presenting on the hidden secrets seminar

170

00:10:46,370 --> 00:10:42,540

at Sea cruise and the links for that are

171

00:10:47,329 --> 00:10:46,380

also below all right all right follow me

172

00:10:50,210 --> 00:10:47,339

on Twitter

173

00:10:51,470 --> 00:10:50,220

at J Church radio

174

00:10:52,500 --> 00:10:51,480

yeah

175

00:10:55,490 --> 00:10:52,510

Twitter

176
00:10:57,350 --> 00:10:55,500
[Laughter]

177
00:11:00,410 --> 00:10:57,360
Twitter

178
00:11:02,269 --> 00:11:00,420
oh man you know

179
00:11:05,630 --> 00:11:02,279
um I I don't

180
00:11:08,930 --> 00:11:05,640
I you know I I use Twitter for my own

181
00:11:10,730 --> 00:11:08,940
thing I I don't really get involved I

182
00:11:13,910 --> 00:11:10,740
don't go out there and I don't comment

183
00:11:18,290 --> 00:11:13,920
and and and and you know join in on the

184
00:11:22,190 --> 00:11:18,300
fracas that is Twitter but I did notice

185
00:11:28,310 --> 00:11:22,200
uh over the last week since Elon stepped

186
00:11:29,990 --> 00:11:28,320
in my my my the home page my home page

187
00:11:32,389 --> 00:11:30,000
it's all politics

188
00:11:34,750 --> 00:11:32,399

it was never like that before

189

00:11:37,069 --> 00:11:34,760

it was all UFOs

190

00:11:40,550 --> 00:11:37,079

oh man

191

00:11:43,370 --> 00:11:40,560

I cannot believe uh what I'm saying I

192

00:11:44,810 --> 00:11:43,380

just block block block block do not want

193

00:11:46,670 --> 00:11:44,820

to see this block do not want to see

194

00:11:49,790 --> 00:11:46,680

this trying to clean it up and it's

195

00:11:51,590 --> 00:11:49,800

Relentless also in in my feet just like

196

00:11:52,610 --> 00:11:51,600

weird

197

00:11:56,870 --> 00:11:52,620

um

198

00:12:00,590 --> 00:11:56,880

fight with people fighting like random

199

00:12:03,410 --> 00:12:00,600

cam Street cam weirdness man

200

00:12:04,130 --> 00:12:03,420

weirdness I remember

201

00:12:06,769 --> 00:12:04,140
um

202

00:12:08,410 --> 00:12:06,779
uh when Facebook first started

203

00:12:12,350 --> 00:12:08,420
so this would have been around

204

00:12:15,290 --> 00:12:12,360
2008 2009 I'm on Facebook

205

00:12:17,449 --> 00:12:15,300
and Facebook got hacked

206

00:12:20,269 --> 00:12:17,459
and if you were on Facebook back then

207

00:12:22,090 --> 00:12:20,279
maybe you'll remember this but it lasted

208

00:12:25,130 --> 00:12:22,100
for an evening

209

00:12:29,329 --> 00:12:25,140
uh many many many hours

210

00:12:31,190 --> 00:12:29,339
the most disturbing photographs I I mean

211

00:12:33,470 --> 00:12:31,200
and I've never seen anything like that

212

00:12:36,290 --> 00:12:33,480
and it was just all over and and

213

00:12:37,850 --> 00:12:36,300

Facebook got hacked and and I was

214

00:12:40,250 --> 00:12:37,860

scrolling through I'm like people who

215

00:12:45,949 --> 00:12:40,260

who's taking these pictures

216

00:12:49,129 --> 00:12:45,959

what is this just it was just weirdly

217

00:12:52,730 --> 00:12:49,139

disturbing like a bad movie uh a

218

00:12:55,069 --> 00:12:52,740

frightening it was crazy and uh Facebook

219

00:12:59,210 --> 00:12:55,079

got it fixed well that's that's

220

00:13:02,350 --> 00:12:59,220

that's my Twitter feed now my the home

221

00:13:04,670 --> 00:13:02,360

page on Twitter it's like

222

00:13:07,850 --> 00:13:04,680

what happened

223

00:13:10,970 --> 00:13:07,860

crazy it's crazy I just that's it that's

224

00:13:12,769 --> 00:13:10,980

it I very rarely click on it and I just

225

00:13:19,490 --> 00:13:12,779

kind of tested it this week and man

226

00:13:23,329 --> 00:13:22,129

all sorts of blocks too just crazy I

227

00:13:26,750 --> 00:13:23,339

just don't want that stuff in my feed

228

00:13:31,310 --> 00:13:26,760

let's get to the breaking news

229

00:13:34,490 --> 00:13:31,320

North Korea fired at least three

230

00:13:36,650 --> 00:13:34,500

ballistic missiles today according to

231

00:13:39,590 --> 00:13:36,660

the South Korean military just one day

232

00:13:42,230 --> 00:13:39,600

after Kim Jong fatty fat oon

233

00:13:44,990 --> 00:13:42,240

ramped up tensions on the peninsula with

234

00:13:47,690 --> 00:13:45,000

a barrage of weapons tests

235

00:13:50,389 --> 00:13:47,700

South Korea's Joint Chiefs of Staff said

236

00:13:52,430 --> 00:13:50,399

today it detected one presumed

237

00:13:54,949 --> 00:13:52,440

long-range missile fired from North

238

00:13:56,930 --> 00:13:54,959

Korea's capital Pyongyang followed by

239

00:14:01,190 --> 00:13:56,940

two presumed short-range ballistic

240

00:14:06,410 --> 00:14:01,200

missiles fired from an area south of the

241

00:14:08,449 --> 00:14:06,420

South pyeong province in Japan the first

242

00:14:12,050 --> 00:14:08,459

missile launch triggered evacuation

243

00:14:14,930 --> 00:14:12,060

warnings in the northern Miyagi Yamagata

244

00:14:16,370 --> 00:14:14,940

and nigata prefectures where the

245

00:14:18,530 --> 00:14:16,380

Japanese prime minister's office

246

00:14:21,230 --> 00:14:18,540

initially all this going down on Twitter

247

00:14:25,210 --> 00:14:21,240

by the way said it was expected to fly

248

00:14:27,949 --> 00:14:25,220

over Japan and it did it flew over Japan

249

00:14:31,190 --> 00:14:27,959

Japan's defense Ministry later evaluated

250

00:14:35,150 --> 00:14:31,200

that the missile just landed in the

251
00:14:38,870 --> 00:14:35,160
Pacific Ocean absolutely crazy now other

252
00:14:42,970 --> 00:14:38,880
crazy news today Bigfoot

253
00:14:45,769 --> 00:14:42,980
may have been spotted by an eagle nest

254
00:14:47,769 --> 00:14:45,779
observation camera

255
00:14:50,750 --> 00:14:47,779
I've seen the video

256
00:14:54,769 --> 00:14:50,760
and it's pretty cool considering the

257
00:14:57,230 --> 00:14:54,779
camera is pointed at the nest

258
00:15:00,050 --> 00:14:57,240
this eagle nest camera was intended to

259
00:15:03,170 --> 00:15:00,060
view baby eagle hatchlings but caught

260
00:15:07,670 --> 00:15:03,180
something resembling Bigfoot

261
00:15:10,129 --> 00:15:07,680
right just often in in one corner the

262
00:15:12,470 --> 00:15:10,139
video edit Zooms in on the mysterious

263
00:15:14,329 --> 00:15:12,480

human-shaped dark figure for easier

264

00:15:16,150 --> 00:15:14,339

viewing but you can also see the

265

00:15:19,430 --> 00:15:16,160

original footage of it in the corner

266

00:15:22,370 --> 00:15:19,440

it's incredible you need to check that

267

00:15:25,250 --> 00:15:22,380

out I'll get a link up for everybody in

268

00:15:27,470 --> 00:15:25,260

social media so you can check out the

269

00:15:31,569 --> 00:15:27,480

footage yourself but it is absolutely

270

00:15:34,850 --> 00:15:31,579

insane all right now

271

00:15:37,329 --> 00:15:34,860

for the third time

272

00:15:40,189 --> 00:15:37,339

in the past two years

273

00:15:43,370 --> 00:15:40,199

China's space program has sent a large

274

00:15:46,370 --> 00:15:43,380

module into orbital expand its Tian gong

275

00:15:47,870 --> 00:15:46,380

space station using a long march 5B

276

00:15:50,389 --> 00:15:47,880

rocket

277

00:15:53,210 --> 00:15:50,399

which appears to lack the hardware to

278

00:15:55,129 --> 00:15:53,220

make a controlled re-entry and steer

279

00:15:57,530 --> 00:15:55,139

itself towards you know a safe

280

00:16:00,850 --> 00:15:57,540

Splashdown you know somewhere in the

281

00:16:03,829 --> 00:16:00,860

middle of the ocean somewhere no instead

282

00:16:07,670 --> 00:16:03,839

the spent rocket booster weighing over

283

00:16:09,650 --> 00:16:07,680

20 metric tons is expected to largely

284

00:16:11,449 --> 00:16:09,660

burn up as it sizzles through the

285

00:16:14,150 --> 00:16:11,459

atmosphere but it's likely some of the

286

00:16:17,590 --> 00:16:14,160

larger components and other debris will

287

00:16:20,990 --> 00:16:17,600

survive all the way back to Earth

288

00:16:22,970 --> 00:16:21,000

currently this atmospheric re-entry is

289

00:16:27,050 --> 00:16:22,980

expected to happen somewhere during a

290

00:16:30,009 --> 00:16:27,060

28-hour window that begins this Friday

291

00:16:32,930 --> 00:16:31,730

incredible

292

00:16:34,670 --> 00:16:32,940

now

293

00:16:37,730 --> 00:16:34,680

um also

294

00:16:40,610 --> 00:16:37,740

I went and looked at the video

295

00:16:42,590 --> 00:16:40,620

um I posted this last night in Twitter

296

00:16:46,850 --> 00:16:42,600

uh the still shot

297

00:16:49,129 --> 00:16:46,860

and uh it was posted from oh

298

00:16:51,470 --> 00:16:49,139

congratulations to Ken priest by the way

299

00:16:54,290 --> 00:16:51,480

Ken if you're listening dude that was a

300

00:16:57,949 --> 00:16:54,300

great press release today and and your

301
00:16:59,870 --> 00:16:57,959
quote in the press release but anyway uh

302
00:17:03,110 --> 00:16:59,880
was incredible I know that guy

303
00:17:04,990 --> 00:17:03,120
congratulations Ken priest

304
00:17:09,289 --> 00:17:05,000
um Mike Layton

305
00:17:14,030 --> 00:17:09,299
uh last night's a couple hours into the

306
00:17:17,270 --> 00:17:14,040
show hosted a screenshot from the video

307
00:17:19,970 --> 00:17:17,280
that I made in Luxor

308
00:17:23,870 --> 00:17:19,980
and I went out into the square in Luxor

309
00:17:26,390 --> 00:17:23,880
and I and I did a pan of uh the pillars

310
00:17:29,090 --> 00:17:26,400
in the crowd and and at the end of the

311
00:17:31,430 --> 00:17:29,100
video and I wanted to catch the Moon

312
00:17:35,990 --> 00:17:31,440
and at the end of the video

313
00:17:40,610 --> 00:17:36,000

there is an object over my shoulder and

314

00:17:43,130 --> 00:17:40,620

it's got four lights on it and uh and I

315

00:17:45,470 --> 00:17:43,140

thought to myself now I remember

316

00:17:48,169 --> 00:17:45,480

looking at the moon and there was a star

317

00:17:50,510 --> 00:17:48,179

uh above like Venus or something or

318

00:17:52,070 --> 00:17:50,520

Jupiter and it looked really cool so I

319

00:17:54,669 --> 00:17:52,080

wanted to make sure that I got the moon

320

00:17:58,070 --> 00:17:54,679

in this shot it just looked incredible

321

00:18:00,950 --> 00:17:58,080

you know this incredibly clear warm

322

00:18:03,049 --> 00:18:00,960

night and it was it was just amazing so

323

00:18:03,730 --> 00:18:03,059

I wanted to catch it so as I panned

324

00:18:07,310 --> 00:18:03,740

around

325

00:18:09,590 --> 00:18:07,320

and I'm closing out the video below the

326

00:18:12,890 --> 00:18:09,600

moon and above my shoulder right above

327

00:18:17,210 --> 00:18:12,900

the pill is an object and it appears to

328

00:18:20,830 --> 00:18:17,220

have four lights and it's in a semi

329

00:18:25,549 --> 00:18:20,840

I posted it uh last night when

330

00:18:28,549 --> 00:18:25,559

uh don Schmidt was on the show so uh it

331

00:18:30,770 --> 00:18:28,559

was a great catch I didn't see it

332

00:18:33,650 --> 00:18:30,780

um so I went back and I watched the

333

00:18:35,210 --> 00:18:33,660

video today and there it is so what I

334

00:18:37,850 --> 00:18:35,220

was thinking

335

00:18:41,750 --> 00:18:37,860

and I almost posted this last night that

336

00:18:43,370 --> 00:18:41,760

it must be this one of the stars that I

337

00:18:45,110 --> 00:18:43,380

saw up there and it was just like a

338

00:18:48,650 --> 00:18:45,120

multiple exposure that's what I thought

339

00:18:51,049 --> 00:18:48,660

all right it looks cool in the shot but

340

00:18:53,990 --> 00:18:51,059

Don pointed out last night he said hey

341

00:18:56,870 --> 00:18:54,000

man the Moon is is in one spot

342

00:18:59,570 --> 00:18:56,880

you know those four and so I went back

343

00:19:02,510 --> 00:18:59,580

and I watched this and it's there

344

00:19:05,690 --> 00:19:02,520

now I'm not saying it's a UFO

345

00:19:09,409 --> 00:19:05,700

um I don't know what it is but there is

346

00:19:11,570 --> 00:19:09,419

an object in this video so

347

00:19:14,630 --> 00:19:11,580

um I had a busy day today I didn't get a

348

00:19:16,370 --> 00:19:14,640

chance to go back I'm going to uh do an

349

00:19:18,049 --> 00:19:16,380

edit I'll show the whole video I'm going

350

00:19:20,270 --> 00:19:18,059

to get it posted up on YouTube I'm gonna

351
00:19:22,549 --> 00:19:20,280
do some screen grabs I'm gonna do some

352
00:19:24,470 --> 00:19:22,559
slow-motion shots I have the high res

353
00:19:27,590 --> 00:19:24,480
video

354
00:19:30,169 --> 00:19:27,600
um I I freeze framed it today uh

355
00:19:33,470 --> 00:19:30,179
multiple frames and it's there yeah I

356
00:19:34,730 --> 00:19:33,480
don't know what it is I really don't

357
00:19:41,090 --> 00:19:34,740
I don't

358
00:19:43,310 --> 00:19:41,100
everybody make their comments and and uh

359
00:19:45,950 --> 00:19:43,320
it's definitely an object

360
00:19:47,960 --> 00:19:45,960
and these four lights are connected to

361
00:19:49,610 --> 00:19:47,970
it yeah

362
00:19:52,190 --> 00:19:49,620
[Music]

363
00:19:55,430 --> 00:19:52,200

it's pretty cool though and uh and I

364

00:19:59,450 --> 00:19:55,440

didn't see it I looked at the Moon

365

00:20:03,289 --> 00:20:01,730

I was standing on top of a pillar that

366

00:20:06,710 --> 00:20:03,299

was cut off and it was like six feet

367

00:20:09,350 --> 00:20:06,720

high and I got boosted up uh to climb up

368

00:20:11,570 --> 00:20:09,360

there and so uh and I wanted to you know

369

00:20:13,250 --> 00:20:11,580

to get this really cool shot of every

370

00:20:15,289 --> 00:20:13,260

you can see in the video that everybody

371

00:20:17,570 --> 00:20:15,299

is below me it's because I'm standing up

372

00:20:21,289 --> 00:20:17,580

probably six feet in the air

373

00:20:22,810 --> 00:20:21,299

and I looked around and I took a solid

374

00:20:26,690 --> 00:20:22,820

look at the Moon

375

00:20:28,909 --> 00:20:26,700

and because it just looked amazing and I

376

00:20:33,350 --> 00:20:28,919

went man look at that and I didn't see

377

00:20:36,169 --> 00:20:33,360

anything I didn't I did not and so I

378

00:20:38,330 --> 00:20:36,179

turned around and I and I panned and I I

379

00:20:40,310 --> 00:20:38,340

took this this video

380

00:20:43,789 --> 00:20:40,320

and there you go but I'm telling you

381

00:20:45,470 --> 00:20:43,799

right now I looked in that direction to

382

00:20:48,710 --> 00:20:45,480

make sure that I could catch the moon

383

00:20:51,350 --> 00:20:48,720

and Venus or Jupiter because it looks so

384

00:20:52,730 --> 00:20:51,360

cool the way it was lighting up over the

385

00:20:55,549 --> 00:20:52,740

pillars

386

00:20:58,909 --> 00:20:55,559

um I did not see anything there so yeah

387

00:21:01,610 --> 00:20:58,919

yeah there you go all right

388

00:21:04,330 --> 00:21:01,620

let's get this show cracking on this day

389

00:21:13,730 --> 00:21:09,110

1947 everything happened in 1947.

390

00:21:16,310 --> 00:21:13,740

the Hues flying boat also known as the

391

00:21:18,169 --> 00:21:16,320

Spruce Goose at one time the largest

392

00:21:21,049 --> 00:21:18,179

aircraft ever built

393

00:21:23,750 --> 00:21:21,059

is piloted by designer Howard Hughes on

394

00:21:26,870 --> 00:21:23,760

its first and only flight

395

00:21:29,270 --> 00:21:26,880

in Long Beach Harbor right here in

396

00:21:31,789 --> 00:21:29,280

Southern California if you can call it a

397

00:21:34,370 --> 00:21:31,799

flight flew about that high

398

00:21:37,070 --> 00:21:34,380

like a hundred yards he got it off the

399

00:21:39,230 --> 00:21:37,080

ground now or off the water I should say

400

00:21:41,750 --> 00:21:39,240

here's your fader fact

401
00:21:43,730 --> 00:21:41,760

I tried this today

402
00:21:46,610 --> 00:21:43,740

all right

403
00:21:47,990 --> 00:21:46,620

I'm gonna go to the comments I want to

404
00:21:52,430 --> 00:21:48,000

see what everybody's going to say

405
00:21:55,310 --> 00:21:52,440

multiple Reflections no no no no no no

406
00:21:58,190 --> 00:21:55,320

no no no no you watch the video there's

407
00:22:00,710 --> 00:21:58,200

something in the sky it's not it's not

408
00:22:04,010 --> 00:22:00,720

Reflections my brother I don't know what

409
00:22:05,690 --> 00:22:04,020

it would be reflecting off of it's up in

410
00:22:09,049 --> 00:22:05,700

the sky wait do you see the video it's

411
00:22:11,029 --> 00:22:09,059

cool all right oh uh fader fact

412
00:22:14,390 --> 00:22:11,039

all right

413
00:22:20,090 --> 00:22:17,990

it is impossible

414

00:22:23,810 --> 00:22:20,100

to lick

415

00:22:30,169 --> 00:22:25,970

and that

416

00:22:32,090 --> 00:22:30,179

is your fader fact so now

417

00:22:33,950 --> 00:22:32,100

everybody watching this show right now

418

00:22:37,190 --> 00:22:33,960

everybody listening

419

00:22:41,510 --> 00:22:37,200

is trying to lick their elbow

420

00:22:41,520 --> 00:22:45,169

foreign

421

00:22:55,630 --> 00:22:48,049

I tried I was six inches short I didn't

422

00:23:01,250 --> 00:22:58,310

everybody's trying I know what you do it

423

00:23:03,470 --> 00:23:01,260

I know what you're doing right now

424

00:23:07,490 --> 00:23:03,480

you can't do it

425

00:23:14,390 --> 00:23:11,690

yeah I know I know I had a bicycle you

426

00:23:17,990 --> 00:23:14,400

just said hold on hold on hold on where

427

00:23:20,750 --> 00:23:18,000

did that go where'd that go I I I I oh

428

00:23:23,690 --> 00:23:20,760

yeah here it is here it is man it's

429

00:23:27,169 --> 00:23:23,700

going too fast there it is I'm sure it

430

00:23:32,270 --> 00:23:29,750

Gene Simmons can

431

00:23:35,450 --> 00:23:32,280

Maybe

432

00:23:37,010 --> 00:23:35,460

I'm saying maybe maybe not

433

00:23:40,010 --> 00:23:37,020

maybe not there's Ken priest

434

00:23:42,590 --> 00:23:40,020

congratulations Ken uh that's absolutely

435

00:23:45,470 --> 00:23:42,600

uh tremendous uh Palmdale's next

436

00:23:48,010 --> 00:23:45,480

all right all right uh where am I at oh

437

00:23:51,590 --> 00:23:48,020

yeah licking your elbow

438

00:23:55,620 --> 00:23:51,600

uh I did know one kid that can do it

439

00:23:58,210 --> 00:23:55,630

no no no no you just stop with

440

00:24:02,270 --> 00:23:58,220

[Laughter]

441

00:24:04,610 --> 00:24:02,280

oh man all right uh where I'm at all

442

00:24:06,529 --> 00:24:04,620

right so

443

00:24:08,870 --> 00:24:06,539

tonight

444

00:24:12,890 --> 00:24:08,880

very special guest Elizabeth hoxtra is

445

00:24:15,710 --> 00:24:12,900

with us I'm so excited and uh she had an

446

00:24:17,510 --> 00:24:15,720

amazing day today and so did I actually

447

00:24:19,370 --> 00:24:17,520

but nothing compared to hers I'm going

448

00:24:22,070 --> 00:24:19,380

to be talking about what went down today

449

00:24:26,330 --> 00:24:22,080

in her world uh at the start of the show

450

00:24:29,570 --> 00:24:26,340

so that's I I I'm still I'm still blown

451
00:24:31,370 --> 00:24:29,580
away and so anyway Elizabeth will be

452
00:24:33,289 --> 00:24:31,380
with us at the bottom of the hour we're

453
00:24:35,870 --> 00:24:33,299
going to be talking about grounding and

454
00:24:39,169 --> 00:24:35,880
her new book which is called the mother

455
00:24:41,870 --> 00:24:39,179
earth effect pre-sale goes down on

456
00:24:44,090 --> 00:24:41,880
Friday tomorrow is another fader night

457
00:24:45,950 --> 00:24:44,100
with open lines all night long all right

458
00:24:48,430 --> 00:24:45,960
all right

459
00:24:50,330 --> 00:24:48,440
um River Moon coffee

460
00:24:52,970 --> 00:24:50,340
rivermoonwellness.com Fade to Black

461
00:24:57,890 --> 00:24:55,789
ah

462
00:24:59,990 --> 00:24:57,900
best coffee in the world visit the

463
00:25:02,090 --> 00:25:00,000

Amazon store it's simple

464

00:25:04,789 --> 00:25:02,100

Fade to Black blend

465

00:25:09,289 --> 00:25:04,799

right River Moon it'll it'll pop up

466

00:25:11,690 --> 00:25:09,299

right there and uh promo code f2b blend

467

00:25:14,630 --> 00:25:11,700

if you go to the website 15 off of your

468

00:25:16,490 --> 00:25:14,640

entire order today

469

00:25:17,750 --> 00:25:16,500

um grounding

470

00:25:19,149 --> 00:25:17,760

we're going to be talking about

471

00:25:21,770 --> 00:25:19,159

grounding tonight

472

00:25:23,630 --> 00:25:21,780

and uh

473

00:25:26,390 --> 00:25:23,640

uh

474

00:25:29,149 --> 00:25:26,400

cool

475

00:25:34,549 --> 00:25:29,159

this is the deal

476
00:25:35,690 --> 00:25:34,559
we were this is how recent this was for

477
00:25:37,430 --> 00:25:35,700
me

478
00:25:39,649 --> 00:25:37,440
um we were

479
00:25:44,269 --> 00:25:39,659
in the Bahamas

480
00:25:45,350 --> 00:25:44,279
and Elizabeth gifted me a a grounding

481
00:25:48,289 --> 00:25:45,360
kit

482
00:25:52,130 --> 00:25:48,299
and so she hooks me up

483
00:25:54,049 --> 00:25:52,140
and I was like okay all right and Billy

484
00:25:57,830 --> 00:25:54,059
looked straight at me and he goes dude I

485
00:25:59,990 --> 00:25:57,840
I I do not I do not sleep without it

486
00:26:02,269 --> 00:26:00,000
all right now I take Billy out as well

487
00:26:04,250 --> 00:26:02,279
Elizabeth too but but Billy when he

488
00:26:07,430 --> 00:26:04,260

gives you that look right

489

00:26:12,470 --> 00:26:07,440

that straight face you know it's it's

490

00:26:16,250 --> 00:26:12,480

serious so I I get back to LA and uh

491

00:26:17,930 --> 00:26:16,260

that night uh uh let me I gotta think

492

00:26:21,710 --> 00:26:17,940

about this I think it was like a Sunday

493

00:26:23,630 --> 00:26:21,720

night and uh I called Elizabeth I said

494

00:26:27,529 --> 00:26:23,640

so how do I do this what do I do and she

495

00:26:30,789 --> 00:26:27,539

tells me and I get everything hooked up

496

00:26:33,890 --> 00:26:30,799

the next day

497

00:26:37,070 --> 00:26:33,900

I uh I woke up

498

00:26:40,010 --> 00:26:37,080

I went that was

499

00:26:43,430 --> 00:26:40,020

that was an incredible night

500

00:26:45,710 --> 00:26:43,440

and I called up Elizabeth she's still in

501
00:26:48,590 --> 00:26:45,720
the Bahamas and I said

502
00:26:51,070 --> 00:26:48,600
this is insane because I told you

503
00:26:53,810 --> 00:26:51,080
I said but but but Jimmy

504
00:26:56,630 --> 00:26:53,820
it was like Elizabeth

505
00:27:00,409 --> 00:26:56,640
people got to know about this

506
00:27:01,909 --> 00:27:00,419
and and every night since then

507
00:27:06,890 --> 00:27:01,919
um and I've talked to Billy about this

508
00:27:07,730 --> 00:27:06,900
and Elizabeth and and uh the world needs

509
00:27:11,029 --> 00:27:07,740
to know

510
00:27:13,549 --> 00:27:11,039
what grounding is now what am I talking

511
00:27:17,450 --> 00:27:13,559
about how can it be it it's it's it's

512
00:27:20,149 --> 00:27:17,460
just tonight Elizabeth Hoagstra is here

513
00:27:23,090 --> 00:27:20,159

and I'm gonna share some stories I want

514

00:27:25,490 --> 00:27:23,100

to hear from her too as well how she

515

00:27:30,289 --> 00:27:25,500

incorporates it into her life I know

516

00:27:32,149 --> 00:27:30,299

what I am using it for now

517

00:27:33,890 --> 00:27:32,159

um I've got the books and I've got the

518

00:27:37,250 --> 00:27:33,900

this and that but I'm I'm on my own

519

00:27:40,510 --> 00:27:37,260

little journey with this you need to

520

00:27:43,909 --> 00:27:40,520

find out and and I hope that you listen

521

00:27:45,350 --> 00:27:43,919

uh to everything tonight and and you go

522

00:27:49,010 --> 00:27:45,360

and you check this out for yourself

523

00:27:50,450 --> 00:27:49,020

because it is absolutely incredible uh

524

00:27:53,570 --> 00:27:50,460

the other night

525

00:27:56,210 --> 00:27:53,580

I texted Billy uh I'll I'll save this

526

00:27:59,570 --> 00:27:56,220

for later uh with Elizabeth but I texted

527

00:28:02,330 --> 00:27:59,580

Billy and I said I found the secret man

528

00:28:04,430 --> 00:28:02,340

I found the secret with grounding

529

00:28:09,130 --> 00:28:04,440

and then I hit him with it

530

00:28:12,950 --> 00:28:09,140

and uh his comment was uh pretty funny

531

00:28:15,890 --> 00:28:12,960

but man man this is a game changer so

532

00:28:18,350 --> 00:28:15,900

tonight it's grounding with Elizabeth

533

00:28:21,110 --> 00:28:18,360

hoagster who knew her new book is called

534

00:28:22,909 --> 00:28:21,120

the mother earth effect we're going to

535

00:28:25,250 --> 00:28:22,919

cover all of that tonight we've got the

536

00:28:27,950 --> 00:28:25,260

links below and throughout social media

537

00:28:30,590 --> 00:28:27,960

on where you can go for the book and of

538

00:28:33,289 --> 00:28:30,600

course Elizabeth's website and a

539

00:28:35,269 --> 00:28:33,299

grounding website and you can go and and

540

00:28:37,490 --> 00:28:35,279

research and get get your stuff done

541

00:28:41,090 --> 00:28:37,500

tomorrow night is another fader night

542

00:28:43,909 --> 00:28:41,100

with open lines all night long this is

543

00:28:45,950 --> 00:28:43,919

Fade to Black I'm The Game Changer and

544

00:28:48,230 --> 00:28:45,960

unexed networks race Hobbs I'm your host

545

00:28:49,850 --> 00:28:48,240

Jimmy church I'll be right back after

546

00:28:53,530 --> 00:28:49,860

this short break with our guest

547

00:28:56,930 --> 00:28:53,540

Elizabeth hogster Stay With Me

548

00:28:56,940 --> 00:29:01,700

foreign

549

00:29:34,389 --> 00:29:28,870

[Music]

550

00:29:39,470 --> 00:29:37,250

this is Nicole Church daughter of you

551
00:29:41,810 --> 00:29:39,480
know who and you're listening to fade to

552
00:29:44,750 --> 00:29:41,820
black on jimmychurchradio.com and The

553
00:29:54,769 --> 00:29:47,090
you're listening to Jimmy church and

554
00:30:00,850 --> 00:29:57,409
you're listening to Jimmy Church Fade to

555
00:30:09,889 --> 00:30:03,769
fate to Black will now pause for alien

556
00:30:14,930 --> 00:30:12,110
when you take the beans from Central

557
00:30:17,330 --> 00:30:14,940
America with dashes of Indonesian and

558
00:30:19,730 --> 00:30:17,340
African mixed in and then roasted to the

559
00:30:22,750 --> 00:30:19,740
dark side of Fade to Black

560
00:30:25,909 --> 00:30:22,760
you create the ultimate Brew of Fringe

561
00:30:29,269 --> 00:30:25,919
introducing the Fade to Black blend from

562
00:30:32,090 --> 00:30:29,279
River Moon coffee yes River Moon's

563
00:30:34,850 --> 00:30:32,100

darkest customized roast was created for

564

00:30:37,610 --> 00:30:34,860

the love of Fade to Black

565

00:30:40,130 --> 00:30:37,620

Alchemy of masterful roasting and

566

00:30:43,730 --> 00:30:40,140

smoking the beans is in every sip of

567

00:30:46,549 --> 00:30:43,740

this full-bodied dark Java I need my

568

00:30:48,769 --> 00:30:46,559

coffee doc deep with distinct

569

00:30:51,710 --> 00:30:48,779

bittersweet chocolate highlights just

570

00:30:54,110 --> 00:30:51,720

like the bunker leaning further into the

571

00:30:57,350 --> 00:30:54,120

darkness of the roast is Fade to Black

572

00:30:59,269 --> 00:30:57,360

blend from River Moon coffee just click

573

00:31:02,690 --> 00:30:59,279

on the banner at jimmychurchradio.com

574

00:31:05,580 --> 00:31:02,700

and use the promo code f2b blend for 50

575

00:31:09,549 --> 00:31:05,590

off of your order today

576

00:31:15,529 --> 00:31:13,669

to Black make contact

577

00:31:18,529 --> 00:31:15,539

this is Jimmy Church of Fade to Black

578

00:31:20,810 --> 00:31:18,539

and you can get our podcast for just two

579

00:31:23,889 --> 00:31:20,820

dollars per month all you have to do is

580

00:31:26,990 --> 00:31:23,899

click on the podcast Banner over at

581

00:31:30,409 --> 00:31:27,000

jimmychurchradio.com I'll be the host in

582

00:31:33,350 --> 00:31:30,419

MC once again this year for the 2023

583

00:31:36,350 --> 00:31:33,360

conscious life Expo February 10th

584

00:31:38,810 --> 00:31:36,360

through the 13th at The Lax Hilton in

585

00:31:40,970 --> 00:31:38,820

Los Angeles California this is a four

586

00:31:43,190 --> 00:31:40,980

day live event featuring hundreds of

587

00:31:45,529 --> 00:31:43,200

speakers exhibitors and not to miss

588

00:31:47,870 --> 00:31:45,539

special events check this out Linda

589

00:31:50,450 --> 00:31:47,880

Moulton Howe Bashar Deborah King Daniel

590

00:31:52,909 --> 00:31:50,460

Sheehan George Nori David wolf Sean

591

00:31:55,610 --> 00:31:52,919

Stone Danny Brinkley Susan Slaughter the

592

00:31:57,649 --> 00:31:55,620

Leo King David Palmer Scott Walter and

593

00:32:00,769 --> 00:31:57,659

another 200 inspirational speakers

594

00:32:04,549 --> 00:32:00,779

special events include a disclosure

595

00:32:07,909 --> 00:32:04,559

lunch with me Expos Got Talent hosted by

596

00:32:10,789 --> 00:32:07,919

me a seance with Susan Slaughter the

597

00:32:13,310 --> 00:32:10,799

George Nori forum and the Leo King is

598

00:32:15,950 --> 00:32:13,320

going to DJ at a dance party over 200

599

00:32:17,810 --> 00:32:15,960

exhibit bitters over 200 speakers it's

600

00:32:20,110 --> 00:32:17,820

the biggest event of the Year tickets

601
00:32:22,370 --> 00:32:20,120
are on sale now at

602
00:32:24,529 --> 00:32:22,380
consciouslifeexpo.com for everything you

603
00:32:26,289 --> 00:32:24,539
need info tickets schedule and speakers

604
00:32:31,850 --> 00:32:26,299
please visit

605
00:32:37,310 --> 00:32:34,070
an interest in the Paranormal then

606
00:32:39,409 --> 00:32:37,320
you'll love the unexnetwork.com the ax

607
00:32:41,810 --> 00:32:39,419
is your streaming audio and video for

608
00:32:45,649 --> 00:32:41,820
everything Supernatural strange and

609
00:32:47,690 --> 00:32:45,659
mysterious like UFOs Bigfoot ghost and

610
00:32:50,810 --> 00:32:47,700
so much more from hosts like Jimmy

611
00:32:52,810 --> 00:32:50,820
Church Whitley strieber Micah Hayes and

612
00:32:55,370 --> 00:32:52,820
Christina Gomez visit the

613
00:32:57,409 --> 00:32:55,380

unexnetwork.com show page for a complete

614

00:32:59,750 --> 00:32:57,419

list of all the Paranormal programs

615

00:33:02,049 --> 00:32:59,760

you'll find on the ax be sure to follow

616

00:33:05,090 --> 00:33:02,059

us on Twitter for updates at

617

00:33:08,149 --> 00:33:05,100

kunxdb follow our Facebook group on X

618

00:33:11,269 --> 00:33:08,159

Network behind the podcast on Spotify I

619

00:33:15,529 --> 00:33:11,279

heart Audible and apple podcast it's

620

00:33:24,529 --> 00:33:16,850

thanks

621

00:33:29,750 --> 00:33:26,509

is not

622

00:33:32,930 --> 00:33:29,760

it's not Father's radio show on the game

623

00:33:35,090 --> 00:33:32,940

changer Radio Network

624

00:33:36,110 --> 00:33:35,100

hi this is Rob Reiner from Anvil and

625

00:33:44,920 --> 00:33:36,120

you're listening to Jimmy

626
00:34:01,029 --> 00:33:52,370
[Music]

627
00:34:04,370 --> 00:34:03,230
Welcome Back Fade to Black I'm Yours

628
00:34:08,030 --> 00:34:04,380
Jimmy Church

629
00:34:11,389 --> 00:34:08,040
I'm the game changer and on X Networks

630
00:34:12,829 --> 00:34:11,399
tonight Elizabeth Hoekstra is here we're

631
00:34:14,570 --> 00:34:12,839
going to be talking about grounding

632
00:34:17,389 --> 00:34:14,580
tonight and a bunch of other stuff too

633
00:34:19,369 --> 00:34:17,399
as well but the release of our new book

634
00:34:21,109 --> 00:34:19,379
Mother Earth effect

635
00:34:22,609 --> 00:34:21,119
her career was

636
00:34:26,810 --> 00:34:22,619
started out in the entertainment

637
00:34:28,730 --> 00:34:26,820
industry as a young model and actress on

638
00:34:31,070 --> 00:34:28,740

syndicated television programs movies

639

00:34:33,169 --> 00:34:31,080

music videos and magazines which

640

00:34:34,970 --> 00:34:33,179

continued to expand while she attended

641

00:34:37,849 --> 00:34:34,980

Davenport College for business

642

00:34:40,190 --> 00:34:37,859

management and marketing Administration

643

00:34:42,770 --> 00:34:40,200

she received her real estate license in

644

00:34:45,290 --> 00:34:42,780

2017 has also contributed significantly

645

00:34:46,849 --> 00:34:45,300

to several Charities focusing her

646

00:34:48,710 --> 00:34:46,859

efforts on children's health and

647

00:34:51,409 --> 00:34:48,720

education through hosting fundraisers

648

00:34:54,349 --> 00:34:51,419

throughout her various careers

649

00:34:56,510 --> 00:34:54,359

she has seen how stress can take its

650

00:34:59,870 --> 00:34:56,520

toll on people's physical well-being

651
00:35:02,930 --> 00:34:59,880
leading to her most recent professional

652
00:35:05,150 --> 00:35:02,940
engagement Elizabeth is the founder of

653
00:35:08,030 --> 00:35:05,160
biohack your best life and the director

654
00:35:10,970 --> 00:35:08,040
of operations for Forbidden Knowledge

655
00:35:12,410 --> 00:35:10,980
and forbiddenknowledge.tv and all that

656
00:35:14,750 --> 00:35:12,420
stuff and I would like to welcome back

657
00:35:17,569 --> 00:35:14,760
to fade to black my good friend the one

658
00:35:20,150 --> 00:35:17,579
and only Elizabeth hogster Elizabeth hey

659
00:35:23,390 --> 00:35:20,160
Jimmy what's good what's good so good to

660
00:35:25,730 --> 00:35:23,400
see you you know what uh I'm not doing

661
00:35:29,050 --> 00:35:25,740
as good as you I'm not doing it you know

662
00:35:30,849 --> 00:35:29,060
I had I had a great day you know yeah

663
00:35:33,710 --> 00:35:30,859

you did

664

00:35:35,450 --> 00:35:33,720

you know so I'm I wanted to tell

665

00:35:37,069 --> 00:35:35,460

Elizabeth about my great dates he goes

666

00:35:38,650 --> 00:35:37,079

well you know I had a pretty amazing day

667

00:35:42,230 --> 00:35:38,660

too

668

00:35:43,670 --> 00:35:42,240

and uh I'm just going to you know what I

669

00:35:47,569 --> 00:35:43,680

just can't

670

00:35:51,230 --> 00:35:47,579

can I can I tell everybody or do you can

671

00:35:55,130 --> 00:35:51,240

can I do it I yeah yeah I guess I guess

672

00:35:57,349 --> 00:35:55,140

you can yes you can I'm gonna say this

673

00:35:59,450 --> 00:35:57,359

uh everybody can figure it out for

674

00:36:01,490 --> 00:35:59,460

themselves I'm gonna say

675

00:36:04,390 --> 00:36:01,500

congratulations

676

00:36:06,650 --> 00:36:04,400

thank you so much it means a lot

677

00:36:08,930 --> 00:36:06,660

go ahead and show that hand to the

678

00:36:13,970 --> 00:36:08,940

camera go ahead

679

00:36:17,990 --> 00:36:13,980

there it is congratulations and

680

00:36:20,150 --> 00:36:18,000

um I didn't know it was coming and uh

681

00:36:25,490 --> 00:36:20,160

well obviously you didn't either but

682

00:36:28,069 --> 00:36:25,500

that is absolutely uh amazing and you

683

00:36:29,650 --> 00:36:28,079

know and look I I thought that Billy and

684

00:36:32,210 --> 00:36:29,660

I were pretty tight

685

00:36:33,410 --> 00:36:32,220

you guys are

686

00:36:36,470 --> 00:36:33,420

right

687

00:36:39,829 --> 00:36:36,480

keep a secret he didn't I didn't know I

688

00:36:42,530 --> 00:36:39,839

I I I wow and

689

00:36:44,630 --> 00:36:42,540

um I've just been smiling uh since since

690

00:36:45,490 --> 00:36:44,640

I got the news congratulations you two

691

00:36:48,410 --> 00:36:45,500

and

692

00:36:50,750 --> 00:36:48,420

that is just absolutely amazing how do

693

00:36:52,490 --> 00:36:50,760

you feel you happy yeah yeah I feel

694

00:36:54,050 --> 00:36:52,500

amazing I'm on like Cloud Nine I'm

695

00:36:58,370 --> 00:36:54,060

trying to focus I was trying to ground

696

00:37:01,550 --> 00:36:58,380

myself before I got on here like

697

00:37:04,010 --> 00:37:01,560

we'll see now with with that on your

698

00:37:05,630 --> 00:37:04,020

hand you know this is what you do you

699

00:37:08,290 --> 00:37:05,640

just go up to everybody go hey do you

700

00:37:12,550 --> 00:37:08,300

know what time it is

701
00:37:18,770 --> 00:37:17,190
the bus stop over here do I go that way

702
00:37:20,390 --> 00:37:18,780
[Laughter]

703
00:37:22,430 --> 00:37:20,400
yeah

704
00:37:26,630 --> 00:37:22,440
congratulations that's absolutely

705
00:37:28,490 --> 00:37:26,640
amazing and uh wow wow I'm just blown

706
00:37:30,710 --> 00:37:28,500
away I'm so happy for you I'm so happy

707
00:37:34,069 --> 00:37:30,720
for uh the most of you uh the both of

708
00:37:36,290 --> 00:37:34,079
you it's just uh incredible okay and you

709
00:37:39,349 --> 00:37:36,300
know our friendship is very special uh

710
00:37:42,950 --> 00:37:39,359
to me and this is a family thing and and

711
00:37:44,270 --> 00:37:42,960
I'm just I'm on cloud nine uh right

712
00:37:46,430 --> 00:37:44,280
there with you it's just amazing

713
00:37:48,650 --> 00:37:46,440

congratulations thank you so much

714

00:37:50,210 --> 00:37:48,660

appreciate it now

715

00:37:52,970 --> 00:37:50,220

um we've got a lot to talk about tonight

716

00:37:54,410 --> 00:37:52,980

and before we get to grounding

717

00:37:57,230 --> 00:37:54,420

um there's a couple of things I want to

718

00:37:59,690 --> 00:37:57,240

get out of the way yes number one

719

00:38:02,630 --> 00:37:59,700

you don't I didn't know about this until

720

00:38:05,270 --> 00:38:02,640

last night but

721

00:38:07,970 --> 00:38:05,280

um uh in Egypt I I didn't know about

722

00:38:12,290 --> 00:38:07,980

this until last night uh we went to

723

00:38:15,230 --> 00:38:12,300

Luxor and you and I uh walked around

724

00:38:18,589 --> 00:38:15,240

Luxor together and at the end of the

725

00:38:21,589 --> 00:38:18,599

night uh you and I were in the big

726

00:38:23,450 --> 00:38:21,599

Square together Billy was off doing his

727

00:38:27,349 --> 00:38:23,460

thing and

728

00:38:29,030 --> 00:38:27,359

um I shot a panoramic video you watch me

729

00:38:32,089 --> 00:38:29,040

do it I was standing up on that thing

730

00:38:35,990 --> 00:38:32,099

and and I shot so check this out

731

00:38:37,190 --> 00:38:36,000

you were there yeah but yeah I I so we

732

00:38:39,109 --> 00:38:37,200

were talking about the moon you remember

733

00:38:40,130 --> 00:38:39,119

the Moon that night and that was

734

00:38:42,829 --> 00:38:40,140

beautiful I thought it was a full moon

735

00:38:44,569 --> 00:38:42,839

too yeah it was a full moon so I shot

736

00:38:47,329 --> 00:38:44,579

this panoramic video

737

00:38:50,270 --> 00:38:47,339

and uh and you were standing below me

738

00:38:52,310 --> 00:38:50,280

and then after we shot the video you and

739

00:38:55,490 --> 00:38:52,320

I went over and we sat on on on the

740

00:38:57,829 --> 00:38:55,500

bench uh the the rocks and we were just

741

00:39:00,349 --> 00:38:57,839

looking at the but check this you're not

742

00:39:03,589 --> 00:39:00,359

gonna believe what I filmed right at the

743

00:39:06,170 --> 00:39:03,599

end of the video check this out this was

744

00:39:08,390 --> 00:39:06,180

posted I didn't see it it was posted on

745

00:39:12,310 --> 00:39:08,400

Twitter last night uh from Mike Layton

746

00:39:15,109 --> 00:39:12,320

he did a screen grab check this out

747

00:39:20,930 --> 00:39:15,119

right there a UFO

748

00:39:22,430 --> 00:39:20,940

OT yeah and and here's the thing and you

749

00:39:26,390 --> 00:39:22,440

and I were standing right there and

750

00:39:29,030 --> 00:39:26,400

didn't see it so there it is and now I

751
00:39:31,550 --> 00:39:29,040
went back and I watched the video uh

752
00:39:32,930 --> 00:39:31,560
today and I was thinking it was the star

753
00:39:36,050 --> 00:39:32,940
because you remember we were talking

754
00:39:40,130 --> 00:39:36,060
about the moon right right that's not it

755
00:39:46,450 --> 00:39:40,140
the stars above it and in the video that

756
00:39:53,030 --> 00:39:49,730
and here's the thing um I need to stress

757
00:39:56,210 --> 00:39:53,040
this with everybody Elizabeth and I were

758
00:39:58,730 --> 00:39:56,220
standing there for a good 15 20 minutes

759
00:40:02,450 --> 00:39:58,740
looking at the sky looking around taking

760
00:40:04,310 --> 00:40:02,460
selfies right we took I I'm gonna go

761
00:40:07,010 --> 00:40:04,320
back and look at the Selfies that you

762
00:40:09,010 --> 00:40:07,020
and I took underneath the moon right and

763
00:40:11,930 --> 00:40:09,020

see if that that is there is that crazy

764

00:40:13,190 --> 00:40:11,940

wow I was staring right up at in that

765

00:40:14,630 --> 00:40:13,200

direction because I was trying to get a

766

00:40:17,450 --> 00:40:14,640

picture of the Moon with my my phone

767

00:40:21,050 --> 00:40:17,460

right I didn't see that at all and I was

768

00:40:23,810 --> 00:40:21,060

staring up in that vicinity for it was a

769

00:40:27,770 --> 00:40:23,820

while yeah 15 minutes I I'm gonna say

770

00:40:30,050 --> 00:40:27,780

15-20 minutes uh we were there

771

00:40:32,270 --> 00:40:30,060

um I and and looking at the moon looking

772

00:40:37,190 --> 00:40:32,280

in that direction but in the video

773

00:40:40,670 --> 00:40:37,200

it's right there man it's crazy so yeah

774

00:40:42,470 --> 00:40:40,680

yeah yeah yeah Egypt

775

00:40:44,870 --> 00:40:42,480

um uh so many people had asked me did

776

00:40:46,430 --> 00:40:44,880

you see any UFOs did you I said nah man

777

00:40:48,650 --> 00:40:46,440

I was looking at I was looking at

778

00:40:51,829 --> 00:40:48,660

temples I did I never really looked up

779

00:40:54,770 --> 00:40:51,839

at the sky I was so focused on on what

780

00:40:57,589 --> 00:40:54,780

was around us and then boom I shoot this

781

00:41:00,710 --> 00:40:57,599

video with this object in the sky crazy

782

00:41:02,750 --> 00:41:00,720

it's crazy but the energy there is crazy

783

00:41:05,030 --> 00:41:02,760

though you know now I mean it's wild

784

00:41:07,310 --> 00:41:05,040

life-changing experiences life-changing

785

00:41:10,089 --> 00:41:07,320

energy and then that thing happens to me

786

00:41:14,329 --> 00:41:10,099

remember I was tripping

787

00:41:16,510 --> 00:41:14,339

let's talk about that okay let's let's I

788

00:41:20,870 --> 00:41:16,520

want you to share I didn't tell anybody

789

00:41:22,130 --> 00:41:20,880

uh I mentioned oh okay so this is what

790

00:41:23,710 --> 00:41:22,140

happened

791

00:41:27,230 --> 00:41:23,720

um I come out

792

00:41:29,569 --> 00:41:27,240

uh uh from underground uh the faronic

793

00:41:32,210 --> 00:41:29,579

lake and I go down and and I do my thing

794

00:41:35,210 --> 00:41:32,220

and I'm you know splash the water and

795

00:41:37,130 --> 00:41:35,220

and and and as I come out uh you know

796

00:41:39,950 --> 00:41:37,140

from underground it's deep underground

797

00:41:42,109 --> 00:41:39,960

as I come up the stairs

798

00:41:43,849 --> 00:41:42,119

people are asking me so Jimmy what's it

799

00:41:46,849 --> 00:41:43,859

like I'm like I'm waving everybody off

800

00:41:49,430 --> 00:41:46,859

and I'm going through this thing and I

801

00:41:52,310 --> 00:41:49,440

didn't want I didn't want it to go away

802

00:41:54,950 --> 00:41:52,320

right I wanted to I wanted it to stay

803

00:41:57,050 --> 00:41:54,960

with me so I'm waving people off and I

804

00:42:00,349 --> 00:41:57,060

and I turn to my left and there's this

805

00:42:02,569 --> 00:42:00,359

big stretch of sand and desert and and

806

00:42:05,390 --> 00:42:02,579

then I see off in the distance

807

00:42:08,349 --> 00:42:05,400

little Elizabeth right she's about she's

808

00:42:10,670 --> 00:42:08,359

well Jimmy right

809

00:42:14,270 --> 00:42:10,680

I don't want to talk to anybody right

810

00:42:19,670 --> 00:42:14,280

now and shoot it so but she weighs so I

811

00:42:21,530 --> 00:42:19,680

We join up yeah and you then and you

812

00:42:25,069 --> 00:42:21,540

know what I was I didn't want to be rude

813

00:42:27,950 --> 00:42:25,079

to you yeah I was I was tripping out

814

00:42:33,490 --> 00:42:27,960

right yeah you're wearing your own thing

815

00:42:42,109 --> 00:42:38,390

so I didn't I haven't told anybody uh

816

00:42:46,089 --> 00:42:42,119

what happened what happened to you man

817

00:42:49,370 --> 00:42:46,099

wow okay so we were at zandera

818

00:42:51,290 --> 00:42:49,380

and that energy there is so strong you

819

00:42:53,630 --> 00:42:51,300

can feel it almost upon walking almost

820

00:42:56,770 --> 00:42:53,640

upon the the bus pulling up to the

821

00:42:58,970 --> 00:42:56,780

dandera it's just the energy is so

822

00:43:01,130 --> 00:42:58,980

magnificent it wasn't anything negative

823

00:43:02,630 --> 00:43:01,140

I felt a little bit iffy at some of the

824

00:43:05,329 --> 00:43:02,640

places that we went but dandera was

825

00:43:07,730 --> 00:43:05,339

completely different so I just wanted to

826

00:43:09,470 --> 00:43:07,740

experience dandera alone away from the

827

00:43:12,410 --> 00:43:09,480

group just so I could really process

828

00:43:14,329 --> 00:43:12,420

things I went there last year and I I

829

00:43:17,030 --> 00:43:14,339

saw a lot of it already so I really

830

00:43:19,010 --> 00:43:17,040

wanted to just take it all in in a

831

00:43:21,050 --> 00:43:19,020

meditative way with my headphones on

832

00:43:23,809 --> 00:43:21,060

away from people so I could really be in

833

00:43:26,450 --> 00:43:23,819

my own energy so I was wandering off you

834

00:43:29,690 --> 00:43:26,460

know by myself and everybody was down I

835

00:43:31,069 --> 00:43:29,700

think in that the uh down by where you

836

00:43:33,050 --> 00:43:31,079

were when you had your experience

837

00:43:35,089 --> 00:43:33,060

everyone was over there and so I was

838

00:43:37,730 --> 00:43:35,099

wandering by myself I went into this

839

00:43:41,030 --> 00:43:37,740

vacant Temple and nobody was there there

840

00:43:44,089 --> 00:43:41,040

was Zero sunlight in this Temple you

841

00:43:46,670 --> 00:43:44,099

could see the sun enough for the wall to

842

00:43:48,470 --> 00:43:46,680

just barely show the hieroglyphs on the

843

00:43:50,870 --> 00:43:48,480

wall I mean I could see it wasn't

844

00:43:53,809 --> 00:43:50,880

completely black but I could you know it

845

00:43:55,490 --> 00:43:53,819

was very dark so I'm in this Temple and

846

00:43:56,630 --> 00:43:55,500

I closed my eyes I take a deep breath

847

00:44:01,130 --> 00:43:56,640

I'm trying to feel the energy of the

848

00:44:03,950 --> 00:44:01,140

Temple and I I bounce slowly and I'm

849

00:44:06,710 --> 00:44:03,960

just in this Zone I can feel everything

850

00:44:08,750 --> 00:44:06,720

I'm just in this meditative State and

851

00:44:10,370 --> 00:44:08,760

I'm staring in front of me I'm standing

852

00:44:11,630 --> 00:44:10,380

in the center of this Temple staring in

853

00:44:14,030 --> 00:44:11,640

front of me at the wall on the

854

00:44:15,170 --> 00:44:14,040

hieroglyphs at the hieroglyphs and all

855

00:44:18,650 --> 00:44:15,180

of a sudden

856

00:44:22,190 --> 00:44:18,660

I get this weird Rush of energy and I

857

00:44:24,650 --> 00:44:22,200

see a red light it was almost like a

858

00:44:27,050 --> 00:44:24,660

light like smoke almost it was it was

859

00:44:29,150 --> 00:44:27,060

red and then it Formed into orange and

860

00:44:31,910 --> 00:44:29,160

yellow and white and it went up the wall

861

00:44:34,910 --> 00:44:31,920

like that now this is wild for me

862

00:44:36,890 --> 00:44:34,920

because I'm not a Seer okay I don't see

863

00:44:39,589 --> 00:44:36,900

things I always wanted to see things but

864

00:44:41,809 --> 00:44:39,599

I'm not a Seer I I don't hear things I

865

00:44:44,809 --> 00:44:41,819

don't see things I feel things deeply

866

00:44:47,030 --> 00:44:44,819

that's my gift I can feel things but as

867

00:44:52,870 --> 00:44:47,040

far as seeing things I don't do that so

868

00:44:56,990 --> 00:44:55,490

and I walked all the temple I'm tripping

869

00:44:59,870 --> 00:44:57,000

I'm TR I'm like what did I just

870

00:45:01,849 --> 00:44:59,880

experience I was freaked out scared I'm

871

00:45:04,190 --> 00:45:01,859

like I don't know if I'm am I going

872

00:45:06,050 --> 00:45:04,200

crazy did I did I and did anyone else

873

00:45:08,870 --> 00:45:06,060

see what just happened because it was a

874

00:45:11,089 --> 00:45:08,880

light it flooded I'm talking it was dark

875

00:45:12,650 --> 00:45:11,099

in there and then it wasn't so I was

876

00:45:16,730 --> 00:45:12,660

like Jimmy you're the first person I saw

877

00:45:18,530 --> 00:45:16,740

so thank you of all the people of all

878

00:45:21,950 --> 00:45:18,540

the people that you have to wave down

879

00:45:24,650 --> 00:45:21,960

yeah I'm going through my own thing at

880

00:45:28,089 --> 00:45:24,660

that moment and and I just said I didn't

881

00:45:33,230 --> 00:45:28,099

want to hear from you I know

882

00:45:35,890 --> 00:45:33,240

you're like dude dude so now um I want

883

00:45:38,630 --> 00:45:35,900

to explain to everybody then Dara is

884

00:45:42,109 --> 00:45:38,640

ginormous okay

885

00:45:44,930 --> 00:45:42,119

imagine uh you know a plot of land

886

00:45:46,490 --> 00:45:44,940

and then the dendara temple uh in front

887

00:45:49,250 --> 00:45:46,500

which is huge right this and we're

888

00:45:51,290 --> 00:45:49,260

talking about you know five six stories

889

00:45:54,230 --> 00:45:51,300

tall I don't know how many a hundred

890

00:45:57,770 --> 00:45:54,240

yards wide this huge Stone beautiful

891

00:46:02,329 --> 00:45:57,780

Temple but on the the temple complex

892

00:46:06,430 --> 00:46:02,339

itself there are uh two other equally

893

00:46:10,790 --> 00:46:06,440

almost as big separate temples that are

894

00:46:12,829 --> 00:46:10,800

separate from the dundera main Temple so

895

00:46:15,710 --> 00:46:12,839

back in the corner I was in the middle

896

00:46:18,170 --> 00:46:15,720

in the faronic lake in fact in the

897

00:46:20,870 --> 00:46:18,180

corner over here is this Temple that

898

00:46:25,970 --> 00:46:20,880

Elizabeth went into by herself she

899

00:46:27,849 --> 00:46:25,980

wandered off as I came out of uh the

900

00:46:30,710 --> 00:46:27,859

underground Lake

901
00:46:34,010 --> 00:46:30,720
she's coming out of the temple and

902
00:46:36,589 --> 00:46:34,020
there's a distance between the two of us

903
00:46:39,710 --> 00:46:36,599
this is not a small this is not a

904
00:46:41,809 --> 00:46:39,720
backyard right this is a big place so it

905
00:46:44,710 --> 00:46:41,819
took a few minutes or you know a minute

906
00:46:49,069 --> 00:46:44,720
for me to uh to get up to Elizabeth

907
00:46:51,190 --> 00:46:49,079
and and the same thing for her and she

908
00:46:54,710 --> 00:46:51,200
is

909
00:46:58,730 --> 00:46:54,720
how do I say you are so collected yeah

910
00:47:00,710 --> 00:46:58,740
so level-headed I've never seen you like

911
00:47:01,930 --> 00:47:00,720
I don't want to use a bad word but lose

912
00:47:04,730 --> 00:47:01,940
your stuff

913
00:47:06,589 --> 00:47:04,740

and and that's where you were and but

914

00:47:07,609 --> 00:47:06,599

here's this is what I want to point out

915

00:47:10,130 --> 00:47:07,619

to everybody

916

00:47:12,890 --> 00:47:10,140

when Elizabeth starts to tell me this

917

00:47:14,210 --> 00:47:12,900

she points at the temple she goes I was

918

00:47:17,089 --> 00:47:14,220

in there

919

00:47:18,829 --> 00:47:17,099

so I look over and it's a big Temple you

920

00:47:21,650 --> 00:47:18,839

know pillars and there was like a

921

00:47:25,609 --> 00:47:21,660

two-story doorway

922

00:47:26,809 --> 00:47:25,619

um but inside of it was black yeah there

923

00:47:29,569 --> 00:47:26,819

were no lights in there there was

924

00:47:31,430 --> 00:47:29,579

nothing in there and you said I was in

925

00:47:35,450 --> 00:47:31,440

the middle of that and there was no

926

00:47:38,690 --> 00:47:35,460

light and I'm looking in there and you

927

00:47:41,089 --> 00:47:38,700

wandered in there by yourself into this

928

00:47:44,470 --> 00:47:41,099

ginormous Temple that had no lights in

929

00:47:47,870 --> 00:47:44,480

it yeah yeah yeah

930

00:47:49,910 --> 00:47:47,880

it was wild I just as something almost

931

00:47:52,010 --> 00:47:49,920

called me there I think because why

932

00:47:53,930 --> 00:47:52,020

would I even wander in there by myself

933

00:47:55,550 --> 00:47:53,940

there's no one around me and I'm just

934

00:47:58,010 --> 00:47:55,560

you know wondering

935

00:48:00,109 --> 00:47:58,020

I just as soon as I entered it it was

936

00:48:01,490 --> 00:48:00,119

almost like my mind you know I was met I

937

00:48:03,589 --> 00:48:01,500

was in a meditative State before I

938

00:48:05,390 --> 00:48:03,599

walked in the temple but when I walked

939

00:48:07,430 --> 00:48:05,400

in the temple it was like boom something

940

00:48:10,910 --> 00:48:07,440

got me I was just like almost in a

941

00:48:13,069 --> 00:48:10,920

trance like do you remember your first

942

00:48:13,809 --> 00:48:13,079

words to me

943

00:48:19,790 --> 00:48:13,819

um

944

00:48:24,250 --> 00:48:19,800

this is what Elizabeth said it was Jimmy

945

00:48:30,710 --> 00:48:27,130

and I said what what happened

946

00:48:32,930 --> 00:48:30,720

I'm not crazy but I never see anything I

947

00:48:36,410 --> 00:48:32,940

know I don't experience anything

948

00:48:38,329 --> 00:48:36,420

okay Elizabeth well what happened and

949

00:48:41,089 --> 00:48:38,339

then you told me this but that that was

950

00:48:42,650 --> 00:48:41,099

the first thing that it was like you had

951
00:48:46,849 --> 00:48:42,660
never experienced anything like that

952
00:48:49,550 --> 00:48:46,859
before no I haven't and if I have right

953
00:48:51,829 --> 00:48:49,560
I always can back it up with science or

954
00:48:54,050 --> 00:48:51,839
some sort of proof of something or just

955
00:48:56,329 --> 00:48:54,060
you know mystical things with with

956
00:48:58,370 --> 00:48:56,339
feelings I'm a very deep feeler I can

957
00:49:00,829 --> 00:48:58,380
feel people's emotions moods and and

958
00:49:04,309 --> 00:49:00,839
good bad all that I can feel it deeply

959
00:49:06,470 --> 00:49:04,319
within my body but as far as the seeing

960
00:49:09,890 --> 00:49:06,480
thing literally just caught me off guard

961
00:49:11,569 --> 00:49:09,900
because I I explain things science based

962
00:49:14,150 --> 00:49:11,579
you know I I wasn't really

963
00:49:16,130 --> 00:49:14,160

I never studied aliens I never you know

964

00:49:18,770 --> 00:49:16,140

I wasn't this this way I didn't really

965

00:49:21,230 --> 00:49:18,780

look into all of this stuff before I met

966

00:49:23,450 --> 00:49:21,240

Billy I believe in it but I just wasn't

967

00:49:25,309 --> 00:49:23,460

honed in on on this certain things I'm

968

00:49:28,069 --> 00:49:25,319

more of the health Wellness spiritual

969

00:49:29,870 --> 00:49:28,079

that side and aspect of things so this

970

00:49:32,150 --> 00:49:29,880

caught me all the way off guard and I'm

971

00:49:33,950 --> 00:49:32,160

just I was I'm still blown away because

972

00:49:35,809 --> 00:49:33,960

I'm still trying to process and figure

973

00:49:37,569 --> 00:49:35,819

it out and back it up with some sort of

974

00:49:40,130 --> 00:49:37,579

science but I can't

975

00:49:42,010 --> 00:49:40,140

and I remember good man Elizabeth man

976
00:49:47,150 --> 00:49:42,020
I'm going through my own thing right now

977
00:49:49,190 --> 00:49:47,160
and and uh I tried to tell you uh what I

978
00:49:52,750 --> 00:49:49,200
was and then we went over we sat down

979
00:49:56,510 --> 00:49:52,760
you remember we were just like man

980
00:49:59,870 --> 00:49:56,520
no words there's no words to describe no

981
00:50:02,569 --> 00:49:59,880
words for it at all dandera

982
00:50:05,870 --> 00:50:02,579
um out of uh because there were so many

983
00:50:08,089 --> 00:50:05,880
special places that we went to and and

984
00:50:11,089 --> 00:50:08,099
and I I do want to stress with everybody

985
00:50:13,730 --> 00:50:11,099
that Billy and our group you know

986
00:50:16,309 --> 00:50:13,740
they're off in the egyptologists and

987
00:50:17,930 --> 00:50:16,319
they're they're studying and the and

988
00:50:23,150 --> 00:50:17,940

Elizabeth and I were doing our own thing

989

00:50:25,849 --> 00:50:23,160

we just you know doing our uh our own uh

990

00:50:28,190 --> 00:50:25,859

it was just magical and so for you and I

991

00:50:31,190 --> 00:50:28,200

to go through I remember every morning

992

00:50:33,589 --> 00:50:31,200

for breakfast you know I I yeah we're

993

00:50:35,589 --> 00:50:33,599

sitting there was like man here we go oh

994

00:50:37,849 --> 00:50:35,599

man

995

00:50:39,950 --> 00:50:37,859

it was it was just it was just

996

00:50:43,670 --> 00:50:39,960

tremendous so

997

00:50:48,530 --> 00:50:43,680

um I I I I'm not posting our selfies

998

00:50:55,970 --> 00:50:48,540

tonight but I think I counted uh 50. wow

999

00:51:01,910 --> 00:50:57,770

I thought about it you know I'm counting

1000

00:51:03,650 --> 00:51:01,920

them I went yeah I guess we did yeah we

1001
00:51:05,510 --> 00:51:03,660
did it everywhere

1002
00:51:08,270 --> 00:51:05,520
um all day long but it was it was it was

1003
00:51:11,930 --> 00:51:08,280
so much fun so uh but I'm not gonna bore

1004
00:51:16,069 --> 00:51:11,940
everybody with uh my camera roll tonight

1005
00:51:18,530 --> 00:51:16,079
um now uh I want to get to grounding and

1006
00:51:20,089 --> 00:51:18,540
and now here

1007
00:51:26,390 --> 00:51:20,099
here's

1008
00:51:30,829 --> 00:51:26,400
my first night of grounding uh Elizabeth

1009
00:51:33,770 --> 00:51:30,839
gifted me uh a kit so

1010
00:51:35,750 --> 00:51:33,780
um I come home that was in the Bahamas I

1011
00:51:37,790 --> 00:51:35,760
came home that night uh you guys were

1012
00:51:40,609 --> 00:51:37,800
still in the Bahamas I called you up and

1013
00:51:42,410 --> 00:51:40,619

I said okay what do I do

1014

00:51:43,849 --> 00:51:42,420

and you talked me through everything I

1015

00:51:46,730 --> 00:51:43,859

got all hooked up I said I'll talk to

1016

00:51:51,730 --> 00:51:50,109

first time so I wake up the next day

1017

00:51:55,370 --> 00:51:51,740

and

1018

00:51:59,030 --> 00:51:55,380

I sat up I was first off I was wide

1019

00:52:01,670 --> 00:51:59,040

awake I wasn't like you know you know in

1020

00:52:06,230 --> 00:52:01,680

that morning fog I was like

1021

00:52:10,849 --> 00:52:06,240

instantly awake that was a strange thing

1022

00:52:14,569 --> 00:52:10,859

um and and then I'm remembering the

1023

00:52:17,630 --> 00:52:14,579

dreams like this colorful night and I'm

1024

00:52:21,950 --> 00:52:17,640

refreshed and I went through an everyday

1025

00:52:23,580 --> 00:52:21,960

sense by the way I did like 50 things I

1026
00:52:25,510 --> 00:52:23,590
was work I was just like just

1027
00:52:28,609 --> 00:52:25,520
[Music]

1028
00:52:29,750 --> 00:52:28,619
and I want something and I called you up

1029
00:52:32,569 --> 00:52:29,760
and I go

1030
00:52:34,849 --> 00:52:32,579
I dreamed like it was insane you go yeah

1031
00:52:37,730 --> 00:52:34,859
what else I said man I've been this

1032
00:52:40,130 --> 00:52:37,740
energy and what else I said this this is

1033
00:52:42,770 --> 00:52:40,140
incredible Elizabeth

1034
00:52:44,510 --> 00:52:42,780
um I'm gonna go to sleep tonight I'm

1035
00:52:49,190 --> 00:52:44,520
gonna call you tomorrow

1036
00:52:52,190 --> 00:52:49,200
that was my first initial experience

1037
00:52:57,049 --> 00:52:52,200
with it when I say something like that

1038
00:53:01,390 --> 00:52:57,059

what what's going on that I have

1039

00:53:05,150 --> 00:53:01,400

a clear head while sleeping

1040

00:53:07,549 --> 00:53:05,160

tremendous in-depth hard sleep like you

1041

00:53:10,390 --> 00:53:07,559

do not wake up you do not you just

1042

00:53:14,270 --> 00:53:10,400

cruise through the night this deep sleep

1043

00:53:16,730 --> 00:53:14,280

and this this energy thing what's what's

1044

00:53:18,650 --> 00:53:16,740

what's happening

1045

00:53:20,630 --> 00:53:18,660

my soul lights up when I talk about this

1046

00:53:23,210 --> 00:53:20,640

just because I I just know how

1047

00:53:26,270 --> 00:53:23,220

beneficial it is for people so basically

1048

00:53:28,430 --> 00:53:26,280

what happened to you is in my personal

1049

00:53:30,290 --> 00:53:28,440

opinion I'm not a doctor but I do

1050

00:53:34,190 --> 00:53:30,300

believe and have studied this enough to

1051
00:53:37,790 --> 00:53:34,200
know that you probably got into those

1052
00:53:40,370 --> 00:53:37,800
beautiful deep states of sleep for the

1053
00:53:42,530 --> 00:53:40,380
first time in a long time because as you

1054
00:53:46,010 --> 00:53:42,540
should Jimmy you should wake up rested

1055
00:53:48,349 --> 00:53:46,020
ready to go have you know remembering

1056
00:53:50,329 --> 00:53:48,359
your dreams and then be on point all day

1057
00:53:52,430 --> 00:53:50,339
long right you should be like that every

1058
00:53:54,589 --> 00:53:52,440
day that's the way we are naturally

1059
00:53:57,530 --> 00:53:54,599
supposed to behave as these physical

1060
00:53:59,630 --> 00:53:57,540
beings on this beautiful planet we just

1061
00:54:03,049 --> 00:53:59,640
got disconnected from the earth so it's

1062
00:54:05,750 --> 00:54:03,059
been a long time that that we have have

1063
00:54:09,309 --> 00:54:05,760

been away from these healing powers so

1064

00:54:12,470 --> 00:54:09,319

it's like people forgot that health is

1065

00:54:15,290 --> 00:54:12,480

homeostasis all of these this this ease

1066

00:54:17,930 --> 00:54:15,300

this disease within our systems it's not

1067

00:54:20,990 --> 00:54:17,940

natural our natural natural state is

1068

00:54:22,790 --> 00:54:21,000

Health right Pure Health so by grounding

1069

00:54:24,410 --> 00:54:22,800

and having all the resources in your

1070

00:54:26,569 --> 00:54:24,420

body that you need which grounding gives

1071

00:54:28,849 --> 00:54:26,579

you you were able to get into these deep

1072

00:54:31,670 --> 00:54:28,859

states of sleep there are three states

1073

00:54:34,490 --> 00:54:31,680

of sleep light REM and deep right REM

1074

00:54:37,730 --> 00:54:34,500

you dream so that tells me that you were

1075

00:54:41,210 --> 00:54:37,740

able to get into a nice REM sleep and

1076

00:54:42,470 --> 00:54:41,220

dream and when you wake up from that you

1077

00:54:44,809 --> 00:54:42,480

remember when you remember your dreams

1078

00:54:48,049 --> 00:54:44,819

that means you got into a beautiful long

1079

00:54:50,630 --> 00:54:48,059

REM sleep deep sleep you need that as

1080

00:54:53,930 --> 00:54:50,640

well if you don't get these three states

1081

00:54:55,190 --> 00:54:53,940

of sleep light deep REM you're not going

1082

00:54:57,109 --> 00:54:55,200

to feel on point the next day you're

1083

00:54:59,450 --> 00:54:57,119

going to feel lethargic you'll be tired

1084

00:55:01,069 --> 00:54:59,460

your brain will be foggy because if you

1085

00:55:02,870 --> 00:55:01,079

do not get in these deep states of sleep

1086

00:55:05,450 --> 00:55:02,880

your brain and your body are not

1087

00:55:08,630 --> 00:55:05,460

detoxing when you sleep and when your

1088

00:55:10,370 --> 00:55:08,640

body goes into REM sleep your glymphatic

1089

00:55:12,170 --> 00:55:10,380

system turns on which is not your

1090

00:55:14,210 --> 00:55:12,180

lymphatic system but your glymphatic

1091

00:55:16,370 --> 00:55:14,220

system which is in your brain this

1092

00:55:18,230 --> 00:55:16,380

basically is the cleaner people they

1093

00:55:20,030 --> 00:55:18,240

walk around your brain and they they

1094

00:55:22,010 --> 00:55:20,040

sweep away all the toxicity that you've

1095

00:55:24,230 --> 00:55:22,020

built up throughout the day so a lot of

1096

00:55:26,690 --> 00:55:24,240

people are waking up with this brain fog

1097

00:55:28,370 --> 00:55:26,700

because they have not detoxed at night

1098

00:55:30,770 --> 00:55:28,380

because they they cannot get into these

1099

00:55:33,609 --> 00:55:30,780

deep states of sleep so long story short

1100

00:55:36,170 --> 00:55:33,619

you woke up with that energy with that

1101

00:55:38,089 --> 00:55:36,180

Clarity because you got into these deep

1102

00:55:41,150 --> 00:55:38,099

states of sleep for the first time in a

1103

00:55:47,030 --> 00:55:41,160

long time I can't wait

1104

00:55:48,309 --> 00:55:47,040

to go to sleep now I I cannot wait to to

1105

00:55:52,730 --> 00:55:48,319

get hooked up

1106

00:55:55,309 --> 00:55:52,740

I've got I've got the power uh uh bed

1107

00:55:58,670 --> 00:55:55,319

now and we'll go through all of that and

1108

00:56:01,790 --> 00:55:58,680

this thing is just yeah but

1109

00:56:06,010 --> 00:56:01,800

um I I look forward to it

1110

00:56:10,730 --> 00:56:06,020

um up until the Bahamas I had uh

1111

00:56:14,049 --> 00:56:10,740

I just turned 59. so I I've been doing

1112

00:56:18,650 --> 00:56:14,059

things my own way for a very long time

1113

00:56:20,270 --> 00:56:18,660

and I would uh stay up

1114

00:56:22,910 --> 00:56:20,280

you know I've been doing this show for

1115

00:56:25,370 --> 00:56:22,920

10 years so after the show and I'd watch

1116

00:56:27,589 --> 00:56:25,380

three four five episodes of something I

1117

00:56:31,309 --> 00:56:27,599

would binge I would watch a couple of

1118

00:56:33,650 --> 00:56:31,319

movies and and force myself to get tired

1119

00:56:36,230 --> 00:56:33,660

and cl you know try to clear my head of

1120

00:56:39,650 --> 00:56:36,240

the the show and things uh to fall

1121

00:56:42,650 --> 00:56:39,660

asleep it's that kind of party now it's

1122

00:56:46,010 --> 00:56:42,660

not man I know I'm not interested in the

1123

00:56:47,930 --> 00:56:46,020

TV yeah I mean I I just want to get the

1124

00:56:51,890 --> 00:56:47,940

lights out and I want to get hooked up

1125

00:56:54,349 --> 00:56:51,900

and I want to go and have fun and enjoy

1126

00:56:56,690 --> 00:56:54,359

this this this this this night of

1127

00:56:59,510 --> 00:56:56,700

grounding that I've never experienced

1128

00:57:02,210 --> 00:56:59,520

before it's incredible it's Elizabeth I

1129

00:57:04,250 --> 00:57:02,220

can't I I I don't have the right words

1130

00:57:07,130 --> 00:57:04,260

uh to describe what's what's been

1131

00:57:09,530 --> 00:57:07,140

happening yeah and it's it's deep

1132

00:57:11,450 --> 00:57:09,540

because honestly people go their whole

1133

00:57:13,010 --> 00:57:11,460

lives without being connected to the

1134

00:57:14,210 --> 00:57:13,020

Earth and let's just break it down for

1135

00:57:17,049 --> 00:57:14,220

people so they have a little bit of an

1136

00:57:22,510 --> 00:57:17,059

understanding this isn't grounding as in

1137

00:57:29,569 --> 00:57:25,970

no it's an actual physical response to

1138

00:57:31,609 --> 00:57:29,579

what's going on so the Earth is full of

1139

00:57:33,770 --> 00:57:31,619

these negative ions all over the surface

1140

00:57:36,410 --> 00:57:33,780

right the sun radiates and it's it's

1141

00:57:39,470 --> 00:57:36,420

radiation right so they they the sun

1142

00:57:41,150 --> 00:57:39,480

spits out photons negative ions right

1143

00:57:43,010 --> 00:57:41,160

and these these negative ions there's an

1144

00:57:46,490 --> 00:57:43,020

abundance of them over the Earth's

1145

00:57:48,890 --> 00:57:46,500

surface now back in the 1960s 1970s they

1146

00:57:50,870 --> 00:57:48,900

came out with synthetic sold shoes which

1147

00:57:54,530 --> 00:57:50,880

disconnected people from from the earth

1148

00:57:56,930 --> 00:57:54,540

basically and since then you've seen a

1149

00:57:59,930 --> 00:57:56,940

rise in diabetes you've seen a rise in

1150

00:58:02,630 --> 00:57:59,940

autoimmune disease on the same scale as

1151

00:58:04,430 --> 00:58:02,640

rubber soled shoes which is what that

1152

00:58:07,430 --> 00:58:04,440

makes a lot of sense that makes a lot of

1153

00:58:09,230 --> 00:58:07,440

sense yes yes because basically what's

1154

00:58:11,990 --> 00:58:09,240

happening is when you're connected to

1155

00:58:13,910 --> 00:58:12,000

the Earth your body is sucking up all of

1156

00:58:15,770 --> 00:58:13,920

these negative ions every single cell

1157

00:58:18,530 --> 00:58:15,780

atom everything in your body they need

1158

00:58:20,450 --> 00:58:18,540

electrons to function properly so when

1159

00:58:22,430 --> 00:58:20,460

you are not grounded to the Earth you're

1160

00:58:24,710 --> 00:58:22,440

walking around with a positive charge

1161

00:58:27,049 --> 00:58:24,720

when you are grounded to the Earth your

1162

00:58:29,569 --> 00:58:27,059

your physical body stabilizes you become

1163

00:58:31,910 --> 00:58:29,579

neutral and it is impossible I'm going

1164

00:58:33,470 --> 00:58:31,920

to say this twice it is impossible to be

1165

00:58:36,289 --> 00:58:33,480

chronically inflamed when you're

1166

00:58:38,930 --> 00:58:36,299

grounded one more time it is impossible

1167

00:58:40,849 --> 00:58:38,940

to be chronically inflamed when you're

1168

00:58:43,450 --> 00:58:40,859

grounded what is the basis of all

1169

00:58:46,490 --> 00:58:43,460

autoimmune disease inflammation

1170

00:58:48,829 --> 00:58:46,500

inflammation so what your body is doing

1171

00:58:50,809 --> 00:58:48,839

when it's grounded is it's now having

1172

00:58:53,510 --> 00:58:50,819

all of the resources that it needs to

1173

00:58:55,370 --> 00:58:53,520

function properly right because without

1174

00:58:58,069 --> 00:58:55,380

it now let's break this down even more

1175

00:58:59,930 --> 00:58:58,079

so your immune system when your immune

1176

00:59:03,710 --> 00:58:59,940

system isn't working properly or it is

1177

00:59:05,210 --> 00:59:03,720

working properly it it overdoes these

1178

00:59:07,430 --> 00:59:05,220

things within your system this is what

1179

00:59:08,809 --> 00:59:07,440

autoimmune disease is basically it's

1180

00:59:10,190 --> 00:59:08,819

inflammation it's your immune system

1181

00:59:12,470 --> 00:59:10,200

working over and working over and

1182

00:59:14,750 --> 00:59:12,480

causing these cytokine storms all within

1183

00:59:16,250 --> 00:59:14,760

your physical body so your white blood

1184

00:59:18,470 --> 00:59:16,260

cells when you have some sort of

1185

00:59:20,809 --> 00:59:18,480

bacteria if something is is wrong or

1186

00:59:22,789 --> 00:59:20,819

damaged cell in your body a white blood

1187

00:59:25,670 --> 00:59:22,799

cell a neutrophil will come and it will

1188

00:59:27,890 --> 00:59:25,680

encapsulate that that that cell that's

1189

00:59:30,289 --> 00:59:27,900

damaged or whatever the pathogen is and

1190

00:59:34,190 --> 00:59:30,299

then it will release reactive oxygen

1191

00:59:36,770 --> 00:59:34,200

species this is good until it does it

1192

00:59:39,109 --> 00:59:36,780

these reactive oxygen species they rip

1193

00:59:40,609 --> 00:59:39,119

electrons from these different pathogens

1194

00:59:43,490 --> 00:59:40,619

and it

1195

00:59:45,410 --> 00:59:43,500

it it's like a a train that just keeps

1196

00:59:47,569 --> 00:59:45,420

going and going now if there isn't any

1197

00:59:50,690 --> 00:59:47,579

pathogens for that reactive oxygen

1198

00:59:52,250 --> 00:59:50,700

species to rip an electron from where is

1199

00:59:55,430 --> 00:59:52,260

it going to go it's going to go into

1200

00:59:57,770 --> 00:59:55,440

healthy tissue now this causes that that

1201
00:59:59,630 --> 00:59:57,780
that train again and again more damage

1202
01:00:01,789 --> 00:59:59,640
more inflammation it's creating all of

1203
01:00:03,530 --> 01:00:01,799
this inflammation in your system it's a

1204
01:00:06,109 --> 01:00:03,540
never-ending process that's going on

1205
01:00:07,849 --> 01:00:06,119
which causes all of your body to become

1206
01:00:10,069 --> 01:00:07,859
inflamed and that turns into these

1207
01:00:12,710 --> 01:00:10,079
autoimmune diseases right so when you're

1208
01:00:14,750 --> 01:00:12,720
grounded it is impossible to be

1209
01:00:17,210 --> 01:00:14,760
chronically inflamed so your body it

1210
01:00:18,770 --> 01:00:17,220
puts out the fires all of these cytokine

1211
01:00:21,650 --> 01:00:18,780
storms that are happening within your

1212
01:00:23,690 --> 01:00:21,660
system it puts those fires out now your

1213
01:00:25,730 --> 01:00:23,700

physical body and your cells and

1214

01:00:29,329 --> 01:00:25,740

everything has what it needs to

1215

01:00:31,849 --> 01:00:29,339

function properly this also affects red

1216

01:00:34,970 --> 01:00:31,859

blood cells right so Billy for instance

1217

01:00:36,890 --> 01:00:34,980

he had very very very thick blood when I

1218

01:00:39,349 --> 01:00:36,900

first met him so much so that his

1219

01:00:41,329 --> 01:00:39,359

circulation was really really bad he

1220

01:00:43,190 --> 01:00:41,339

would get up every couple hours out of

1221

01:00:45,890 --> 01:00:43,200

the bed in the middle of the night in

1222

01:00:47,150 --> 01:00:45,900

pain because of his circulation issues

1223

01:00:48,950 --> 01:00:47,160

and I'm like

1224

01:00:50,870 --> 01:00:48,960

I should ground him right he didn't

1225

01:00:52,370 --> 01:00:50,880

believe me but I'm like here you're

1226

01:00:53,230 --> 01:00:52,380

about to grind so I started snacking

1227

01:00:56,690 --> 01:00:53,240

questions

1228

01:00:59,210 --> 01:00:56,700

right now he sleeps through the night he

1229

01:01:01,190 --> 01:00:59,220

does not get up in pain because now

1230

01:01:04,069 --> 01:01:01,200

think about it like magnets right red

1231

01:01:06,410 --> 01:01:04,079

blood cells if they don't have enough

1232

01:01:08,089 --> 01:01:06,420

negative ions around the cell they're

1233

01:01:09,589 --> 01:01:08,099

going to kind of Clump together and your

1234

01:01:11,569 --> 01:01:09,599

blood viscosity is going to be high it's

1235

01:01:13,490 --> 01:01:11,579

going to be very thick now when you're

1236

01:01:14,990 --> 01:01:13,500

grounded think about little magnets now

1237

01:01:18,230 --> 01:01:15,000

your blood cells have enough negative

1238

01:01:21,230 --> 01:01:18,240

ions around them and now they're they're

1239

01:01:23,510 --> 01:01:21,240

repelling each other right so now

1240

01:01:25,549 --> 01:01:23,520

your blood is moving freely your

1241

01:01:28,490 --> 01:01:25,559

circulation is moving freely it's not

1242

01:01:30,530 --> 01:01:28,500

clumping together what happens when red

1243

01:01:33,170 --> 01:01:30,540

blood cells Clump together people get

1244

01:01:37,010 --> 01:01:33,180

strokes right I mean all the things

1245

01:01:39,609 --> 01:01:37,020

happen negatively so I mean grounding is

1246

01:01:46,370 --> 01:01:39,619

magical

1247

01:01:48,589 --> 01:01:46,380

some Voodoo stuff it's it let's take our

1248

01:01:51,170 --> 01:01:48,599

break right here when we come back I'm

1249

01:01:54,230 --> 01:01:51,180

gonna I'm gonna show everybody uh

1250

01:01:58,430 --> 01:01:54,240

actually what we're talking about and uh

1251
01:02:00,349 --> 01:01:58,440
get a better idea all right it's not who

1252
01:02:03,109 --> 01:02:00,359
no

1253
01:02:04,670 --> 01:02:03,119
mark Elizabeth after this short break

1254
01:02:06,250 --> 01:02:04,680
that says Fade to Black I'm going to see

1255
01:02:27,109 --> 01:02:06,260
me Church stay with us

1256
01:02:34,089 --> 01:02:29,210
this is Fade to Black with Jimmy Church

1257
01:02:38,349 --> 01:02:36,950
your one million gigawatt paranormal

1258
01:02:40,190 --> 01:02:38,359
Powerhouse

1259
01:02:41,930 --> 01:02:40,200
kunxdb

1260
01:02:44,690 --> 01:02:41,940
BX

1261
01:02:48,109 --> 01:02:44,700
I'll be the host in MC once again this

1262
01:02:51,049 --> 01:02:48,119
year for the 2023 conscious life Expo

1263
01:02:53,750 --> 01:02:51,059

February 10th through the 13th at The

1264

01:02:56,630 --> 01:02:53,760

Lax Hilton in Los Angeles California

1265

01:02:59,030 --> 01:02:56,640

this is a four day live event featuring

1266

01:03:01,190 --> 01:02:59,040

hundreds of speakers exhibitors and not

1267

01:03:03,770 --> 01:03:01,200

to miss special events check this out

1268

01:03:06,349 --> 01:03:03,780

Linda Moulton Howe Bashar Deborah King

1269

01:03:08,390 --> 01:03:06,359

Daniel Sheehan George Noory David Wolfe

1270

01:03:10,730 --> 01:03:08,400

Sean Stone Daniel Brinkley Susan

1271

01:03:12,710 --> 01:03:10,740

Slaughter the Leo King David Palmer

1272

01:03:15,470 --> 01:03:12,720

Scott Walter and another 200

1273

01:03:19,069 --> 01:03:15,480

inspirational speakers special events

1274

01:03:22,849 --> 01:03:19,079

include a disclosure lunch with me Expos

1275

01:03:25,609 --> 01:03:22,859

Got Talent hosted by me a seance with a

1276

01:03:28,190 --> 01:03:25,619

Susan Slaughter the George Nori forum

1277

01:03:31,250 --> 01:03:28,200

and the Leo King is going to DJ at a

1278

01:03:33,349 --> 01:03:31,260

dance party over 200 exhibitors over 200

1279

01:03:36,370 --> 01:03:33,359

speakers it's the biggest event of the

1280

01:03:38,630 --> 01:03:36,380

Year tickets are on sale now at

1281

01:03:40,789 --> 01:03:38,640

consciouslifeexpo.com for everything you

1282

01:03:42,670 --> 01:03:40,799

need info tickets schedule and speakers

1283

01:03:46,910 --> 01:03:42,680

please visit

1284

01:03:50,230 --> 01:03:46,920

consciouslifeexpo.com go back Lee tappy

1285

01:03:52,250 --> 01:03:50,240

this is Billy Carson founder and CEO of

1286

01:03:54,530 --> 01:03:52,260

forbiddenknowledge.tv forbiddenknowledge

1287

01:03:56,210 --> 01:03:54,540

dot TV is the fastest growing in one of

1288

01:03:57,890 --> 01:03:56,220

the most watched networks in the world

1289

01:03:59,750 --> 01:03:57,900

and I would like to personally invite

1290

01:04:02,089 --> 01:03:59,760

you to check out our expanding library

1291

01:04:04,430 --> 01:04:02,099

of TV film lectures and special

1292

01:04:06,890 --> 01:04:04,440

presentations forbiddenknowledge dot TV

1293

01:04:09,710 --> 01:04:06,900

has over 6 000 videos covering lost

1294

01:04:11,329 --> 01:04:09,720

history Health UFOs spirituality and our

1295

01:04:13,670 --> 01:04:11,339

future we are committed to our community

1296

01:04:16,250 --> 01:04:13,680

and with my personal invitation you can

1297

01:04:17,530 --> 01:04:16,260

right now get your own free 30-day

1298

01:04:19,910 --> 01:04:17,540

membership at

1299

01:04:21,770 --> 01:04:19,920

forbiddenknowledge.tv your own library

1300

01:04:25,329 --> 01:04:21,780

of information starts today at

1301

01:04:29,410 --> 01:04:28,130

because you never got that pony you

1302

01:04:33,410 --> 01:04:29,420

always wanted

1303

01:04:36,770 --> 01:04:33,420

damn it Jimmy church and Fade to Black

1304

01:04:40,309 --> 01:04:36,780

on the game changer Network

1305

01:04:42,410 --> 01:04:40,319

listen I know and you know that you've

1306

01:04:44,750 --> 01:04:42,420

always wanted your first crystal skull

1307

01:04:47,150 --> 01:04:44,760

or maybe you're a collector just like me

1308

01:04:50,030 --> 01:04:47,160

but you just don't know where to go to

1309

01:04:51,890 --> 01:04:50,040

find the real thing then I met Carolyn

1310

01:04:55,069 --> 01:04:51,900

Ford over at Einstein the crystal

1311

01:04:57,049 --> 01:04:55,079

skull.com Carolyn is the guardian of

1312

01:04:59,750 --> 01:04:57,059

Einstein one of the most respected

1313

01:05:01,730 --> 01:04:59,760

ancient crystal skulls in the world all

1314

01:05:03,770 --> 01:05:01,740

of her unique skulls have been imprinted

1315

01:05:05,809 --> 01:05:03,780

sitting with Einstein in his sacred

1316

01:05:08,690 --> 01:05:05,819

Lodge and our car from the finest

1317

01:05:10,849 --> 01:05:08,700

gemstone and materials imprinting is the

1318

01:05:13,870 --> 01:05:10,859

process of receiving the ancient wisdom

1319

01:05:17,210 --> 01:05:13,880

from the master skull or Master computer

1320

01:05:18,710 --> 01:05:17,220

Einstein the ancient Crystal Skull to

1321

01:05:21,049 --> 01:05:18,720

see Carolyn's current collection of

1322

01:05:23,990 --> 01:05:21,059

crystal skulls just visit her store at

1323

01:05:26,329 --> 01:05:24,000

Einstein the crystalskull.com or click

1324

01:05:28,730 --> 01:05:26,339

on the banner over on our site don't

1325

01:05:31,309 --> 01:05:28,740

forget to use the promo code Jimmy at

1326
01:05:34,910 --> 01:05:31,319
checkout to receive 10 off of your order

1327
01:05:37,250 --> 01:05:34,920
today that's promo code Jimmy finding

1328
01:05:49,490 --> 01:05:37,260
your first or next Crystal Skull is easy

1329
01:05:55,130 --> 01:05:52,309
race hops here rapid the X and you're

1330
01:05:57,890 --> 01:05:55,140
locked on to fade to black black with my

1331
01:06:02,990 --> 01:05:57,900
homie Jimmy Church empowered by the

1332
01:06:08,390 --> 01:06:06,010
this is Toby kebbel you're listening to

1333
01:06:11,450 --> 01:06:08,400
jimmychurchradio.com don't hurt me Jimmy

1334
01:06:13,430 --> 01:06:11,460
I'm only little hey I'm Adrian Grenier

1335
01:06:19,690 --> 01:06:13,440
and this is Ari Gold we're the honey

1336
01:06:25,609 --> 01:06:22,490
we're the honey brothers and you're

1337
01:06:27,470 --> 01:06:25,619
listening to Jimmy Church Revolution

1338
01:06:29,510 --> 01:06:27,480

this is Jimmy Church of Fade to Black

1339

01:06:31,490 --> 01:06:29,520

and you can become an official fate or

1340

01:06:33,549 --> 01:06:31,500

Not by just going to our membership

1341

01:06:35,410 --> 01:06:33,559

section at

1342

01:06:38,150 --> 01:06:35,420

jimmychurchradio.com

1343

01:06:40,130 --> 01:06:38,160

hello this is Serena Wright Taylor from

1344

01:06:41,870 --> 01:06:40,140

conscious life Expo and you are

1345

01:06:44,270 --> 01:06:41,880

listening to fade to black with Jimmy

1346

01:06:46,990 --> 01:06:44,280

Church who holds the lucky pony record

1347

01:06:49,809 --> 01:06:47,000

for the best astrological chart since

1348

01:06:52,309 --> 01:06:49,819

1963. true story

1349

01:06:53,750 --> 01:06:52,319

this is Micah Hanks of the Grayling

1350

01:06:59,160 --> 01:06:53,760

report and you're listening to Jimmy

1351

01:07:18,710 --> 01:07:12,070

[Music]

1352

01:07:20,510 --> 01:07:18,720

welcome back say to Black I am your host

1353

01:07:22,670 --> 01:07:20,520

Jimmy church tonight Elizabeth hautstra

1354

01:07:25,190 --> 01:07:22,680

is with us tonight we're talking about

1355

01:07:28,609 --> 01:07:25,200

grounding and

1356

01:07:32,150 --> 01:07:28,619

I I I can't stress this enough uh

1357

01:07:35,510 --> 01:07:32,160

Elizabeth mentioned this to me

1358

01:07:37,309 --> 01:07:35,520

um on the air probably I'm gonna say a

1359

01:07:40,670 --> 01:07:37,319

year year and a half ago a year ago

1360

01:07:43,010 --> 01:07:40,680

Elizabeth was was on the show and and I

1361

01:07:44,630 --> 01:07:43,020

I tried to fake my way through it oh

1362

01:07:46,910 --> 01:07:44,640

yeah sure I know we're grounded again

1363

01:07:54,650 --> 01:07:46,920

and

1364

01:07:58,430 --> 01:07:54,660

Elizabeth gifted me uh a grounding kit

1365

01:08:01,069 --> 01:07:58,440

uh when we were in the Bahamas and and I

1366

01:08:02,569 --> 01:08:01,079

remember that night uh we were out to

1367

01:08:03,970 --> 01:08:02,579

dinner and Billy looked at me and he

1368

01:08:07,130 --> 01:08:03,980

goes man

1369

01:08:08,930 --> 01:08:07,140

I I can't I I do not sleep without it

1370

01:08:12,589 --> 01:08:08,940

all right and he gave me that that bit

1371

01:08:14,510 --> 01:08:12,599

when Billy gives you that that face you

1372

01:08:19,070 --> 01:08:14,520

need to you you know you need to stop in

1373

01:08:21,229 --> 01:08:19,080

and pay attention right and and Okay so

1374

01:08:25,189 --> 01:08:21,239

it's not

1375

01:08:27,169 --> 01:08:25,199

oming right or inside this isn't uh well

1376

01:08:30,709 --> 01:08:27,179

it is a spiritual experience but it's

1377

01:08:33,650 --> 01:08:30,719

not this is uh

1378

01:08:37,269 --> 01:08:33,660

um mechanical okay so I want to show

1379

01:08:41,450 --> 01:08:37,279

everybody uh what we're talking about

1380

01:08:44,630 --> 01:08:41,460

this is this is a grounding kit okay

1381

01:08:45,669 --> 01:08:44,640

this is a grinding kit and so what you

1382

01:08:49,849 --> 01:08:45,679

do

1383

01:08:51,890 --> 01:08:49,859

is this uh plugs into your outlet you

1384

01:08:55,910 --> 01:08:51,900

have some cables

1385

01:08:59,030 --> 01:08:55,920

um you and uh if you have patches

1386

01:09:01,910 --> 01:08:59,040

and these patches just like EKG right

1387

01:09:04,729 --> 01:09:01,920

same thing right so

1388

01:09:06,289 --> 01:09:04,739

um I put these on one on each ankle

1389

01:09:07,669 --> 01:09:06,299

that's what I do

1390

01:09:10,010 --> 01:09:07,679

um Elizabeth told me to do something

1391

01:09:12,590 --> 01:09:10,020

else I I stopped listening to Elizabeth

1392

01:09:15,289 --> 01:09:12,600

I'm doing my own thing so but I put it

1393

01:09:17,809 --> 01:09:15,299

like right by you know about between my

1394

01:09:19,249 --> 01:09:17,819

ankle bone and my heel right on the

1395

01:09:21,229 --> 01:09:19,259

outside of my legs

1396

01:09:23,809 --> 01:09:21,239

um so but that's these are the patches

1397

01:09:25,669 --> 01:09:23,819

and those go on uh you can put it

1398

01:09:30,050 --> 01:09:25,679

anywhere on your body I've put it on my

1399

01:09:32,209 --> 01:09:30,060

feet uh on my lower feet and then

1400

01:09:36,410 --> 01:09:32,219

um uh in the kit are a couple of things

1401

01:09:39,650 --> 01:09:36,420

but the there are two cables

1402

01:09:44,150 --> 01:09:39,660

uh in this well there's a few cables in

1403

01:09:46,430 --> 01:09:44,160

here but so a cable that plugs in to

1404

01:09:49,849 --> 01:09:46,440

this adapter that goes into the wall

1405

01:09:52,430 --> 01:09:49,859

right it's for two two cables one goes

1406

01:09:54,950 --> 01:09:52,440

on one foot one goes on the other okay

1407

01:09:57,350 --> 01:09:54,960

so in a basic sense you have to check

1408

01:09:58,550 --> 01:09:57,360

your wall outlet and the ground knee kit

1409

01:10:01,370 --> 01:09:58,560

comes with that you want to make sure

1410

01:10:04,189 --> 01:10:01,380

that your prop your your outlet is

1411

01:10:06,590 --> 01:10:04,199

properly grounded you don't want to be

1412

01:10:10,550 --> 01:10:06,600

shocked or anything like that and this

1413

01:10:13,130 --> 01:10:10,560

so that comes in uh the kit and uh

1414

01:10:16,070 --> 01:10:13,140

basically that's it

1415

01:10:18,530 --> 01:10:16,080

um uh there are a few other things in in

1416

01:10:22,010 --> 01:10:18,540

this kit I will you know some extra

1417

01:10:24,890 --> 01:10:22,020

outlets and and and stuff but

1418

01:10:27,430 --> 01:10:24,900

so that's what we're talking about here

1419

01:10:30,169 --> 01:10:27,440

all right we're talking about grounding

1420

01:10:33,770 --> 01:10:30,179

you're you're putting these patches

1421

01:10:34,430 --> 01:10:33,780

somewhere on your body I choose to do it

1422

01:10:39,229 --> 01:10:34,440

um

1423

01:10:41,209 --> 01:10:39,239

and and then I put the cables off of the

1424

01:10:43,189 --> 01:10:41,219

end of the bed now

1425

01:10:46,070 --> 01:10:43,199

um as we continue tonight I just want

1426

01:10:48,110 --> 01:10:46,080

you to picture that

1427

01:10:51,830 --> 01:10:48,120

but here's my secret

1428

01:10:55,750 --> 01:10:51,840

I love my my bed is my friend now all

1429

01:11:00,830 --> 01:10:55,760

right this is what I did Elizabeth

1430

01:11:03,290 --> 01:11:00,840

Elizabeth sent me a grounding mat uh for

1431

01:11:06,830 --> 01:11:03,300

I have a king size bed so I have a

1432

01:11:10,790 --> 01:11:06,840

king-sized grounding mat that also plugs

1433

01:11:13,510 --> 01:11:10,800

into the wall okay so it plugs into but

1434

01:11:17,649 --> 01:11:13,520

this is what I did

1435

01:11:20,410 --> 01:11:17,659

1200 thread count Egyptian cotton sheets

1436

01:11:24,890 --> 01:11:20,420

right

1437

01:11:29,090 --> 01:11:24,900

because you this this experience of

1438

01:11:33,350 --> 01:11:29,100

grounding and of deep sleep and this

1439

01:11:37,189 --> 01:11:33,360

dream thing and and you you do you crawl

1440

01:11:40,970 --> 01:11:37,199

into those Egyptian cotton sheets and it

1441

01:11:45,530 --> 01:11:40,980

is the most insane experience of your

1442

01:11:47,570 --> 01:11:45,540

life and you get to do it for free every

1443

01:11:49,669 --> 01:11:47,580

single night man all you got to do it's

1444

01:11:52,790 --> 01:11:49,679

like going to Disneyland you know it's

1445

01:11:55,430 --> 01:11:52,800

an e-ticket ride yeah and and and and

1446

01:11:58,910 --> 01:11:55,440

and that's that's that's how I do it

1447

01:12:03,169 --> 01:11:58,920

everybody that's what's going on uh the

1448

01:12:04,610 --> 01:12:03,179

experience of falling to sleep it's so

1449

01:12:08,390 --> 01:12:04,620

quickly

1450

01:12:09,610 --> 01:12:08,400

um and and and deeply it's uh it's a

1451

01:12:13,010 --> 01:12:09,620

game changer

1452

01:12:15,649 --> 01:12:13,020

yeah yeah I mean it's it's impossible it

1453

01:12:19,610 --> 01:12:15,659

is is almost impossible to be

1454

01:12:21,649 --> 01:12:19,620

angry when you're grounded go get

1455

01:12:23,570 --> 01:12:21,659

grounded if you ever feel angry go

1456

01:12:26,090 --> 01:12:23,580

outside stick your bare feet or your

1457

01:12:28,970 --> 01:12:26,100

hands on the earth sit there for for 20

1458

01:12:31,430 --> 01:12:28,980

minutes ground out that stress from your

1459

01:12:34,070 --> 01:12:31,440

body and you will not be angry because

1460

01:12:36,470 --> 01:12:34,080

what it does physiologically is it

1461

01:12:38,450 --> 01:12:36,480

shifts your nervous system which most of

1462

01:12:39,830 --> 01:12:38,460

us are in fight or flight because of all

1463

01:12:42,290 --> 01:12:39,840

the stress and the trauma and everything

1464

01:12:44,209 --> 01:12:42,300

that's been going on on this planet it's

1465

01:12:46,970 --> 01:12:44,219

hard for people not to be in fight or

1466

01:12:49,070 --> 01:12:46,980

flight our nervous systems are stuck in

1467

01:12:50,570 --> 01:12:49,080

fight or flight sympathetic that's when

1468

01:12:53,750 --> 01:12:50,580

your nervous system is in that state

1469

01:12:56,570 --> 01:12:53,760

right so when your body and your nervous

1470

01:12:58,130 --> 01:12:56,580

system is in sympathetic your cortisol

1471

01:12:59,570 --> 01:12:58,140

is high you're getting hits cortisol

1472

01:13:02,090 --> 01:12:59,580

you're getting hits of adrenaline now

1473

01:13:03,470 --> 01:13:02,100

this is great if you're wanting to get

1474

01:13:05,270 --> 01:13:03,480

away from a tiger that's about to eat

1475

01:13:08,689 --> 01:13:05,280

you right because you can run faster

1476

01:13:10,310 --> 01:13:08,699

your your gut shuts down the blood from

1477

01:13:12,890 --> 01:13:10,320

your gut goes to your extremity so you

1478

01:13:14,870 --> 01:13:12,900

can get up and run or fight this is

1479

01:13:16,729 --> 01:13:14,880

great but not if you don't face that

1480

01:13:18,649 --> 01:13:16,739

threat all the time now what is the

1481

01:13:22,070 --> 01:13:18,659

problem is is our bodies are stuck like

1482

01:13:24,709 --> 01:13:22,080

this when you're grounded it regulates

1483

01:13:26,810 --> 01:13:24,719

your nervous system your you down

1484

01:13:29,270 --> 01:13:26,820

regulate and that's why you could sleep

1485

01:13:32,149 --> 01:13:29,280

so deeply because your body was able to

1486

01:13:34,010 --> 01:13:32,159

relax you grounded out that cortisol you

1487

01:13:36,050 --> 01:13:34,020

grounded out that adrenaline now you're

1488

01:13:38,090 --> 01:13:36,060

not getting these stress hormones

1489

01:13:41,090 --> 01:13:38,100

hitting your nervous system hitting your

1490

01:13:43,729 --> 01:13:41,100

physiology all all day right you

1491

01:13:46,070 --> 01:13:43,739

grounded it out so now your nervous

1492

01:13:49,010 --> 01:13:46,080

system can shift shift back into

1493

01:13:53,270 --> 01:13:49,020

parasympathetic rest and digest and now

1494

01:14:00,970 --> 01:13:57,169

um uh the first few days of of this

1495

01:14:05,209 --> 01:14:00,980

experience I was like what is going on

1496

01:14:08,030 --> 01:14:05,219

this is this is crazy you know and and

1497

01:14:10,250 --> 01:14:08,040

there are so many

1498

01:14:12,470 --> 01:14:10,260

um uh

1499

01:14:15,410 --> 01:14:12,480

so many suggestions I'm just going to go

1500

01:14:17,750 --> 01:14:15,420

with that you know I how to how to sleep

1501

01:14:20,689 --> 01:14:17,760

how do you have energy how to diet how

1502

01:14:23,209 --> 01:14:20,699

to do how to focus how to do this and it

1503

01:14:27,169 --> 01:14:23,219

always involves you know taking you know

1504

01:14:28,910 --> 01:14:27,179

some vitamins or pills or or drinking

1505

01:14:32,030 --> 01:14:28,920

um something or you know it's it's

1506

01:14:33,890 --> 01:14:32,040

always this this that's not that's not

1507

01:14:37,430 --> 01:14:33,900

what's going on here you're not doing

1508

01:14:42,229 --> 01:14:37,440

any of that and and after three or four

1509

01:14:45,729 --> 01:14:42,239

days of this this Clarity this like this

1510

01:14:47,830 --> 01:14:45,739

craziness I'm literally saying out loud

1511

01:14:53,090 --> 01:14:47,840

what the hell

1512

01:14:55,850 --> 01:14:53,100

this is this is something that that I

1513

01:14:57,350 --> 01:14:55,860

know right that that I I can tell I can

1514

01:14:59,450 --> 01:14:57,360

feel

1515

01:15:01,970 --> 01:14:59,460

um it's it's just an incredible thing

1516

01:15:04,669 --> 01:15:01,980

and so I thought that it was so

1517

01:15:06,590 --> 01:15:04,679

important uh not only

1518

01:15:09,410 --> 01:15:06,600

um uh to bring you on the show and to

1519

01:15:12,890 --> 01:15:09,420

talk about it but for me to share this

1520

01:15:15,890 --> 01:15:12,900

is my personal no experience this is not

1521

01:15:18,649 --> 01:15:15,900

this is not some I'm not paid to say

1522

01:15:22,070 --> 01:15:18,659

this I'm not this is not what's going on

1523

01:15:25,790 --> 01:15:22,080

this is something that I've experienced

1524

01:15:28,729 --> 01:15:25,800

myself and and I just I I I don't have

1525

01:15:31,310 --> 01:15:28,739

the words right to put it in and so I

1526

01:15:33,110 --> 01:15:31,320

did I I've been in touch with Billy

1527

01:15:37,070 --> 01:15:33,120

and Elizabeth we've been hanging out a

1528

01:15:39,410 --> 01:15:37,080

lot but going I I I can't believe this

1529

01:15:42,709 --> 01:15:39,420

you know and so I did I I texted bill

1530

01:15:45,590 --> 01:15:42,719

and I go dude the secret man 1200 thread

1531

01:15:49,370 --> 01:15:46,550

because

1532

01:15:53,870 --> 01:15:49,380

part of the experience right where

1533

01:15:55,850 --> 01:15:53,880

you're so comfortable and you're so

1534

01:15:58,610 --> 01:15:55,860

um what's the word you're connected and

1535

01:16:01,729 --> 01:15:58,620

disconnected at the same time yeah yeah

1536

01:16:03,229 --> 01:16:01,739

yeah and it's important to know also

1537

01:16:05,630 --> 01:16:03,239

um so the first time I tried grounding

1538

01:16:10,310 --> 01:16:07,910

a sheet off of Amazon and it was a

1539

01:16:12,290 --> 01:16:10,320

silver threaded it would have just these

1540

01:16:15,169 --> 01:16:12,300

little silver threads in it I've seen

1541

01:16:17,450 --> 01:16:15,179

that great yeah I felt good for about a

1542

01:16:19,070 --> 01:16:17,460

week and then it kind of died off and I

1543

01:16:21,050 --> 01:16:19,080

forgot about it so I you know threw it

1544

01:16:23,270 --> 01:16:21,060

out it wasn't a big deal and then a

1545

01:16:25,130 --> 01:16:23,280

couple years later I saw this ad online

1546

01:16:28,130 --> 01:16:25,140

around Father's Day and it was this

1547

01:16:30,169 --> 01:16:28,140

grounding kit and so I decided like I'm

1548

01:16:32,930 --> 01:16:30,179

a biohacker let me just try it one more

1549

01:16:36,110 --> 01:16:32,940

time now this new company that I ordered

1550

01:16:38,570 --> 01:16:36,120

from earthing is uh the founder and CEO

1551
01:16:40,250 --> 01:16:38,580
of that company is Clint Ober and Clint

1552
01:16:42,709 --> 01:16:40,260
Ober is actually the man that

1553
01:16:45,350 --> 01:16:42,719
rediscovered Grande in the late 1990s

1554
01:16:48,169 --> 01:16:45,360
this man has spent over 20 million

1555
01:16:49,729 --> 01:16:48,179
dollars proving the science behind

1556
01:16:51,350 --> 01:16:49,739
grounding because people thought he was

1557
01:16:53,330 --> 01:16:51,360
a nut job you know go put your feet on

1558
01:16:54,290 --> 01:16:53,340
on the bear you know your bare feet on

1559
01:16:55,610 --> 01:16:54,300
the earth and you're going to get

1560
01:16:58,850 --> 01:16:55,620
healthy people are like yeah whatever

1561
01:17:01,910 --> 01:16:58,860
you're crazy all of his money to to

1562
01:17:03,669 --> 01:17:01,920
prove the science long story short I get

1563
01:17:07,250 --> 01:17:03,679

a different type of sheet it's 100

1564

01:17:10,070 --> 01:17:07,260

carbon and I I get the patch kit as well

1565

01:17:12,530 --> 01:17:10,080

right and I get a pillowcase so I tried

1566

01:17:14,870 --> 01:17:12,540

it out I put a patch on my solar plexus

1567

01:17:17,090 --> 01:17:14,880

I put the sheet on my bed and I laid

1568

01:17:19,130 --> 01:17:17,100

naked on my bed with this patch on so I

1569

01:17:20,990 --> 01:17:19,140

could be fully just connected to this

1570

01:17:23,330 --> 01:17:21,000

sheet because it's a hundred percent

1571

01:17:25,850 --> 01:17:23,340

ground instead of whereas the the

1572

01:17:27,950 --> 01:17:25,860

threaded sheets are only a percentage

1573

01:17:29,630 --> 01:17:27,960

ground and they actually die down and

1574

01:17:31,370 --> 01:17:29,640

stop working after a while which is why

1575

01:17:34,070 --> 01:17:31,380

mine just faded away and sometimes they

1576

01:17:35,930 --> 01:17:34,080

can be toxic so make sure if you do want

1577

01:17:38,149 --> 01:17:35,940

to purchase these grounding products

1578

01:17:39,470 --> 01:17:38,159

that you're doing your research behind

1579

01:17:41,810 --> 01:17:39,480

it to make sure that they're actually

1580

01:17:43,790 --> 01:17:41,820

great products right I can vouch for

1581

01:17:46,790 --> 01:17:43,800

earthing site because I work straight

1582

01:17:49,330 --> 01:17:46,800

with that company so anyways I put this

1583

01:17:53,510 --> 01:17:49,340

patch on my solar plexus I close my eyes

1584

01:17:56,390 --> 01:17:53,520

and I breathe and I took the deepest

1585

01:18:00,470 --> 01:17:56,400

breath that I've ever taken in my entire

1586

01:18:02,810 --> 01:18:00,480

life I smoked for 20 years cigarettes so

1587

01:18:04,970 --> 01:18:02,820

I was always breathing very high up in

1588

01:18:06,649 --> 01:18:04,980

my chest because my lungs were not

1589

01:18:09,169 --> 01:18:06,659

functioning at a hundred percent because

1590

01:18:11,510 --> 01:18:09,179

I was a smoker and this is probably

1591

01:18:14,330 --> 01:18:11,520

maybe three or four years after I quit

1592

01:18:18,410 --> 01:18:14,340

smoking but I still was breathing from

1593

01:18:21,229 --> 01:18:18,420

here up so when I took this breath I

1594

01:18:23,570 --> 01:18:21,239

breathed I it went all the way to my

1595

01:18:25,669 --> 01:18:23,580

pelvic floor and I was like I was

1596

01:18:27,890 --> 01:18:25,679

floored I almost started crying because

1597

01:18:30,350 --> 01:18:27,900

I'm like breath is life and I've never

1598

01:18:32,570 --> 01:18:30,360

breathed this deep in my whole life have

1599

01:18:35,689 --> 01:18:32,580

I been living life you know it was like

1600

01:18:38,930 --> 01:18:35,699

a profound experience for me I'm like I

1601
01:18:41,090 --> 01:18:38,940
have to tell everybody about this so I'm

1602
01:18:43,010 --> 01:18:41,100
a nerd I went deep into the research I

1603
01:18:45,290 --> 01:18:43,020
went and found Clint over I shot him a

1604
01:18:47,209 --> 01:18:45,300
message I'm like I need to to know more

1605
01:18:48,830 --> 01:18:47,219
about this I need to we need to meet

1606
01:18:51,709 --> 01:18:48,840
somehow I need to be a part of this this

1607
01:18:54,890 --> 01:18:51,719
Mission and the first time that I met

1608
01:18:57,590 --> 01:18:54,900
Clint I actually met his his

1609
01:19:00,470 --> 01:18:57,600
um another CEO from the company from the

1610
01:19:03,470 --> 01:19:00,480
earthing company Olivia Ramirez Smith

1611
01:19:06,709 --> 01:19:03,480
was with Clint when I first met him and

1612
01:19:09,649 --> 01:19:06,719
that day I I watched miracles in front

1613
01:19:11,930 --> 01:19:09,659

of my eyes Miracles and basically what

1614

01:19:14,810 --> 01:19:11,940

happened is we invited a friend of ours

1615

01:19:16,490 --> 01:19:14,820

who had a pond stroke now upon stroke is

1616

01:19:18,470 --> 01:19:16,500

where you literally get locked in your

1617

01:19:20,689 --> 01:19:18,480

body and you're fully conscious but you

1618

01:19:23,450 --> 01:19:20,699

can't move you can't speak so it's like

1619

01:19:25,370 --> 01:19:23,460

you're gone but you can hear and you can

1620

01:19:27,229 --> 01:19:25,380

base everything around you you're fully

1621

01:19:30,709 --> 01:19:27,239

conscious locked in your body basically

1622

01:19:33,229 --> 01:19:30,719

so this woman Brisa she's an amazing

1623

01:19:36,830 --> 01:19:33,239

woman her story is in our book

1624

01:19:38,870 --> 01:19:36,840

um she came in the room and she was in a

1625

01:19:40,970 --> 01:19:38,880

coma for I think it was over eight

1626
01:19:43,070 --> 01:19:40,980
months or something so they had to put a

1627
01:19:44,450 --> 01:19:43,080
trach in her in her throats for her to

1628
01:19:48,229 --> 01:19:44,460
be able to breathe to eat everything

1629
01:19:50,689 --> 01:19:48,239
right so after being under for so long

1630
01:19:52,550 --> 01:19:50,699
and coming out of this stroke she still

1631
01:19:54,950 --> 01:19:52,560
had scar tissue from that trach that

1632
01:19:57,890 --> 01:19:54,960
they had to have you know in her so

1633
01:19:59,209 --> 01:19:57,900
every six months or so four to six

1634
01:20:01,370 --> 01:19:59,219
months or so she would have to go get

1635
01:20:04,070 --> 01:20:01,380
surgery to basically get the scar tissue

1636
01:20:06,649 --> 01:20:04,080
out of her throat passage her Airway so

1637
01:20:08,930 --> 01:20:06,659
she could breathe properly so she walks

1638
01:20:11,330 --> 01:20:08,940

in this meeting with Clint Olivia myself

1639

01:20:13,669 --> 01:20:11,340

and a couple other my colleagues and

1640

01:20:14,930 --> 01:20:13,679

she's whispering and we're all like you

1641

01:20:16,970 --> 01:20:14,940

know we can't really hear her and we're

1642

01:20:18,950 --> 01:20:16,980

like what's going on she had just had

1643

01:20:20,390 --> 01:20:18,960

that surgery a couple days ago so she

1644

01:20:23,270 --> 01:20:20,400

was trying to tell her story about her

1645

01:20:26,510 --> 01:20:23,280

Pond stroke and while Whispering now

1646

01:20:28,610 --> 01:20:26,520

meantime Clint over takes the patch puts

1647

01:20:30,110 --> 01:20:28,620

it on the palm of her hands and she's

1648

01:20:32,870 --> 01:20:30,120

just sitting there telling us her story

1649

01:20:36,530 --> 01:20:32,880

while her she's being grounded now

1650

01:20:39,470 --> 01:20:36,540

miracle after about five minutes her

1651

01:20:42,229 --> 01:20:39,480

voice starts getting her her color in

1652

01:20:44,630 --> 01:20:42,239

her face starts to return it's turning

1653

01:20:46,790 --> 01:20:44,640

pink I'm like looking at her and I'm

1654

01:20:48,290 --> 01:20:46,800

like looking around the room is anyone

1655

01:20:49,850 --> 01:20:48,300

else saying what I'm saying do you hear

1656

01:20:52,850 --> 01:20:49,860

good because she's speaking a little

1657

01:20:54,110 --> 01:20:52,860

louder so we're all kind of floored and

1658

01:20:56,090 --> 01:20:54,120

then all of a sudden this is what did it

1659

01:20:59,510 --> 01:20:56,100

and I I couldn't stop anymore so I'm

1660

01:21:02,689 --> 01:20:59,520

looking at her and there's a perfect red

1661

01:21:05,330 --> 01:21:02,699

circle around her throats just a circle

1662

01:21:07,490 --> 01:21:05,340

of red around her throat and I'm just

1663

01:21:10,430 --> 01:21:07,500

I'm just like okay does anyone else see

1664

01:21:12,890 --> 01:21:10,440

that look at her throats do you see that

1665

01:21:14,270 --> 01:21:12,900

what is happening here and she started

1666

01:21:17,030 --> 01:21:14,280

tripping out she's like I feel tingly

1667

01:21:19,310 --> 01:21:17,040

she's acting she was talking almost full

1668

01:21:21,410 --> 01:21:19,320

tone at this point and Clint is sitting

1669

01:21:23,510 --> 01:21:21,420

there like all relaxed and he's like I

1670

01:21:25,130 --> 01:21:23,520

see this all the time and he was like

1671

01:21:28,850 --> 01:21:25,140

basically what's happening

1672

01:21:30,470 --> 01:21:28,860

is her her color is coming back because

1673

01:21:32,930 --> 01:21:30,480

her circulation now her blood is

1674

01:21:35,330 --> 01:21:32,940

starting to flow blood brings nutrients

1675

01:21:37,790 --> 01:21:35,340

to different parts of your body so now

1676

01:21:39,830 --> 01:21:37,800

the blood is focusing here because

1677

01:21:42,229 --> 01:21:39,840

she had just had that surgery now it's

1678

01:21:45,350 --> 01:21:42,239

healing that area now the inflammation

1679

01:21:47,870 --> 01:21:45,360

is going away she was able to leave that

1680

01:21:50,510 --> 01:21:47,880

meeting and eat solid food when she was

1681

01:21:52,370 --> 01:21:50,520

not before able to eat solid food for

1682

01:21:54,950 --> 01:21:52,380

two to three weeks after that surgery

1683

01:21:58,130 --> 01:21:54,960

she went and ate solid food after she

1684

01:22:00,649 --> 01:21:58,140

left that meeting I mean Insanity you

1685

01:22:02,390 --> 01:22:00,659

know and here's the thing

1686

01:22:03,550 --> 01:22:02,400

um and that's a that's an incredible

1687

01:22:07,310 --> 01:22:03,560

story

1688

01:22:11,090 --> 01:22:07,320

if I if I and there are people listening

1689

01:22:13,370 --> 01:22:11,100

right now going right if I hadn't you

1690

01:22:16,729 --> 01:22:13,380

know gone through my experience over uh

1691

01:22:20,110 --> 01:22:16,739

the last two months because I'm I'm here

1692

01:22:24,470 --> 01:22:20,120

to tell you I woke it was the next day

1693

01:22:26,750 --> 01:22:24,480

that uh when when I woke up that I knew

1694

01:22:28,850 --> 01:22:26,760

something had changed

1695

01:22:31,250 --> 01:22:28,860

and and I couldn't quite figure it out

1696

01:22:33,770 --> 01:22:31,260

and I'm I've you know and all I could do

1697

01:22:36,410 --> 01:22:33,780

was reach out to you and and believe

1698

01:22:40,610 --> 01:22:36,420

about what's going on but this is this

1699

01:22:44,090 --> 01:22:40,620

is this is this is amazing and uh and

1700

01:22:48,169 --> 01:22:44,100

now I I am fully kitted out I I'm

1701
01:22:49,729 --> 01:22:48,179
kidding out my my bed is a throne you

1702
01:22:52,729 --> 01:22:49,739
know with the with Matt and the cable

1703
01:22:56,510 --> 01:22:52,739
and the thing and and and the ritual uh

1704
01:22:59,209 --> 01:22:56,520
I'm so excited to to get grounded and

1705
01:23:01,189 --> 01:22:59,219
and to get into my evening now

1706
01:23:04,430 --> 01:23:01,199
um just says it's never been like this

1707
01:23:07,790 --> 01:23:04,440
before for you

1708
01:23:10,070 --> 01:23:07,800
um share with us I wish Billy was here

1709
01:23:11,950 --> 01:23:10,080
um he's he's out buying another ring

1710
01:23:14,870 --> 01:23:11,960
right now

1711
01:23:18,050 --> 01:23:14,880
uh for you what is it that you look

1712
01:23:21,189 --> 01:23:18,060
forward to uh when you when you get

1713
01:23:24,229 --> 01:23:21,199

ready to ground at night oh man

1714

01:23:27,410 --> 01:23:24,239

so this is my thing when whenever we

1715

01:23:28,910 --> 01:23:27,420

travel we travel a ton and sometimes the

1716

01:23:30,470 --> 01:23:28,920

the outlets when we go to these

1717

01:23:32,689 --> 01:23:30,480

different countries they don't have

1718

01:23:35,090 --> 01:23:32,699

properly grounded Outlets or the same

1719

01:23:37,729 --> 01:23:35,100

type of ground that we do in the U.S so

1720

01:23:39,770 --> 01:23:37,739

I'm always bringing my stuff with me but

1721

01:23:41,810 --> 01:23:39,780

sometimes I can't ground we were in

1722

01:23:44,870 --> 01:23:41,820

Egypt I did not ground when we were in

1723

01:23:47,750 --> 01:23:44,880

Egypt at all and I could immediately

1724

01:23:49,310 --> 01:23:47,760

feel it my body started hurting ever

1725

01:23:50,750 --> 01:23:49,320

since I started grounding I used to have

1726

01:23:53,390 --> 01:23:50,760

terrible back pain because I was in

1727

01:23:54,649 --> 01:23:53,400

gymnastics for 16 years so that's a lot

1728

01:23:57,050 --> 01:23:54,659

on your body

1729

01:23:58,970 --> 01:23:57,060

huge terrible back pain since I've

1730

01:24:01,729 --> 01:23:58,980

started grounding I don't have pains

1731

01:24:05,050 --> 01:24:01,739

ever I don't wake up in pain there's

1732

01:24:09,110 --> 01:24:05,060

zero zero pain

1733

01:24:11,390 --> 01:24:09,120

so I mean when I'm on these trips and I

1734

01:24:13,490 --> 01:24:11,400

can't ground it's like the pain starts

1735

01:24:15,290 --> 01:24:13,500

to come back you know the the less less

1736

01:24:18,590 --> 01:24:15,300

Energy starts coming back it's just like

1737

01:24:20,990 --> 01:24:18,600

oh and I cannot wait to get home and

1738

01:24:22,550 --> 01:24:21,000

feel ground like as soon as I walk

1739

01:24:24,350 --> 01:24:22,560

through the door I went through the same

1740

01:24:27,169 --> 01:24:24,360

thing in Egypt so I you know I brought

1741

01:24:28,970 --> 01:24:27,179

uh the grounding kit and I couldn't get

1742

01:24:31,310 --> 01:24:28,980

it to work in the first hotel that we

1743

01:24:34,070 --> 01:24:31,320

were in which was Four Seasons right

1744

01:24:37,390 --> 01:24:34,080

yeah and and I remember that night I'm

1745

01:24:41,530 --> 01:24:37,400

like man I can't ground

1746

01:24:46,310 --> 01:24:41,540

so upset and and okay but you're right

1747

01:24:49,250 --> 01:24:46,320

uh uh driving home uh from the airport

1748

01:24:51,410 --> 01:24:49,260

after Egypt yeah the whole way I'm

1749

01:24:55,570 --> 01:24:51,420

grounding tonight man I can't wait to

1750

01:25:00,470 --> 01:24:55,580

get home I am grounded and serious

1751

01:25:03,950 --> 01:25:00,480

a bizarre change of Lifestyle

1752

01:25:06,290 --> 01:25:03,960

well let's talk about the fact that that

1753

01:25:09,530 --> 01:25:06,300

products to be grounded right you can

1754

01:25:11,810 --> 01:25:09,540

literally walk outside put your bare

1755

01:25:13,070 --> 01:25:11,820

feet on the ground and sit there Palms

1756

01:25:15,410 --> 01:25:13,080

of your hands bare feet on the ground

1757

01:25:17,330 --> 01:25:15,420

you are connected you are getting the

1758

01:25:20,570 --> 01:25:17,340

same healing powers that the inside

1759

01:25:22,729 --> 01:25:20,580

sheets the patches the pillowcases the

1760

01:25:26,149 --> 01:25:22,739

same things that they're providing you

1761

01:25:29,630 --> 01:25:26,159

this thing is free it is free health for

1762

01:25:32,990 --> 01:25:29,640

women especially women I I beg them I

1763

01:25:35,330 --> 01:25:33,000

beg them to go outside and ground the

1764

01:25:37,370 --> 01:25:35,340

stress out women process things in a

1765

01:25:39,830 --> 01:25:37,380

different way than men do just you know

1766

01:25:41,570 --> 01:25:39,840

our bodies are different we're more

1767

01:25:43,130 --> 01:25:41,580

emotional things affect us on a

1768

01:25:45,649 --> 01:25:43,140

different level we get stressed out very

1769

01:25:48,290 --> 01:25:45,659

very easily we also have the family the

1770

01:25:50,090 --> 01:25:48,300

husband the job it's it's just stress

1771

01:25:52,370 --> 01:25:50,100

stress stress stress stress all the time

1772

01:25:54,770 --> 01:25:52,380

and we we internalize that and that

1773

01:25:57,110 --> 01:25:54,780

creates dis-ease within our systems a

1774

01:26:00,709 --> 01:25:57,120

lot of inflammation for these busy women

1775

01:26:04,250 --> 01:26:00,719

men whoever it may be please go outside

1776
01:26:06,290 --> 01:26:04,260
after your work day sit on the ground 30

1777
01:26:08,470 --> 01:26:06,300
minutes 30 minutes and you will start

1778
01:26:12,250 --> 01:26:08,480
noticing these changes

1779
01:26:15,470 --> 01:26:12,260
walk around your yard through the grass

1780
01:26:16,910 --> 01:26:15,480
and uh in your bare feet and just go out

1781
01:26:20,510 --> 01:26:16,920
there and stand

1782
01:26:24,229 --> 01:26:20,520
um it's it's the exact same thing your

1783
01:26:27,470 --> 01:26:24,239
your your grounding into the Earth yes

1784
01:26:30,350 --> 01:26:27,480
which is that's it so the static the

1785
01:26:32,390 --> 01:26:30,360
noise that you hear in an electronic

1786
01:26:35,270 --> 01:26:32,400
gear and all of that that's ungrounded

1787
01:26:37,669 --> 01:26:35,280
equipment the reason why it's pure and

1788
01:26:41,390 --> 01:26:37,679

it's clean is when it's grounded

1789

01:26:44,990 --> 01:26:41,400

correctly it's the same thing with your

1790

01:26:48,050 --> 01:26:45,000

body your brain is a freaking computer

1791

01:26:51,430 --> 01:26:48,060

with uh electric signals jumping all

1792

01:26:55,070 --> 01:26:51,440

over uh you know and it's it's getting

1793

01:26:57,350 --> 01:26:55,080

grounded it's a mind-blowing it's it's

1794

01:26:58,729 --> 01:26:57,360

it's almost too much to handle

1795

01:27:01,610 --> 01:26:58,739

um your book

1796

01:27:03,590 --> 01:27:01,620

um I've got uh the link for it

1797

01:27:05,570 --> 01:27:03,600

um when does it release the pre-order

1798

01:27:07,010 --> 01:27:05,580

starts on Friday

1799

01:27:10,189 --> 01:27:07,020

yeah well we actually launched

1800

01:27:12,229 --> 01:27:10,199

pre-orders uh yesterday yesterday we

1801
01:27:14,930 --> 01:27:12,239
launched pre-order yep yep and it should

1802
01:27:17,629 --> 01:27:14,940
be out within the next three weeks

1803
01:27:20,209 --> 01:27:17,639
um I'm predicting mid mid November

1804
01:27:23,330 --> 01:27:20,219
mid-november and uh really quick who's

1805
01:27:26,149 --> 01:27:23,340
your co-author my co-author is Olivia

1806
01:27:28,790 --> 01:27:26,159
Ramirez Smith she works directly with

1807
01:27:32,209 --> 01:27:28,800
Clint Ober and has been his right hand

1808
01:27:34,250 --> 01:27:32,219
woman for a long long time and has seen

1809
01:27:36,649 --> 01:27:34,260
miracles happen has on the same Mission

1810
01:27:38,570 --> 01:27:36,659
as I am we want to ground we will we're

1811
01:27:41,570 --> 01:27:38,580
not we don't want to we will we will

1812
01:27:44,450 --> 01:27:41,580
ground over 1 million people me and her

1813
01:27:46,430 --> 01:27:44,460

together so I mean it's it's just we see

1814

01:27:48,350 --> 01:27:46,440

the most profound effects and and people

1815

01:27:51,110 --> 01:27:48,360

are healing and healing and feeling

1816

01:27:53,689 --> 01:27:51,120

better and less stress we don't have to

1817

01:27:55,750 --> 01:27:53,699

be so stressed out it's just it's a

1818

01:27:58,610 --> 01:27:55,760

little bit ridiculous to me when when

1819

01:27:59,870 --> 01:27:58,620

honestly all you really have to do not

1820

01:28:01,490 --> 01:27:59,880

all you have to do because it is a

1821

01:28:03,770 --> 01:28:01,500

lifestyle you have to have healthy

1822

01:28:06,470 --> 01:28:03,780

habits and everything but this is such a

1823

01:28:09,530 --> 01:28:06,480

big part of it such a big part of it and

1824

01:28:11,870 --> 01:28:09,540

it's free and everybody can do it so

1825

01:28:14,990 --> 01:28:11,880

it's like you know it's it's optional

1826
01:28:18,350 --> 01:28:15,000
for for people to be healthy and people

1827
01:28:20,450 --> 01:28:18,360
are dying and they don't know why now

1828
01:28:21,890 --> 01:28:20,460
this is a profound statement I started

1829
01:28:24,110 --> 01:28:21,900
really really pondering this and

1830
01:28:25,970 --> 01:28:24,120
thinking about this I'm like all of this

1831
01:28:29,990 --> 01:28:25,980
autoimmune disease all of this

1832
01:28:32,390 --> 01:28:30,000
inflammation these fires in our systems

1833
01:28:35,030 --> 01:28:32,400
it's unnecessary do you know that it's

1834
01:28:36,709 --> 01:28:35,040
impossible to have MS when you are

1835
01:28:39,410 --> 01:28:36,719
grounded now you have the cellular

1836
01:28:42,890 --> 01:28:39,420
damage that the the disease has caused

1837
01:28:46,129 --> 01:28:42,900
right in your cells but you do not have

1838
01:28:49,669 --> 01:28:46,139

current Ms when you are grounded now

1839

01:28:52,010 --> 01:28:49,679

think about that like I mean this is a

1840

01:28:53,950 --> 01:28:52,020

magical cure and all you have to do is

1841

01:28:57,110 --> 01:28:53,960

get connected to the Earth

1842

01:29:00,050 --> 01:28:57,120

and and the build up

1843

01:29:01,370 --> 01:29:00,060

um that I was doing over time because I

1844

01:29:04,090 --> 01:29:01,380

thought about this I've been reading the

1845

01:29:09,430 --> 01:29:04,100

books now and and trying to figure out

1846

01:29:14,330 --> 01:29:09,440

why uh I'm suddenly different right

1847

01:29:17,090 --> 01:29:14,340

you know man I wore I I have and you

1848

01:29:21,250 --> 01:29:17,100

know this I have the most insane

1849

01:29:28,310 --> 01:29:21,260

collection of shoes Adidas

1850

01:29:33,110 --> 01:29:30,410

all day right wearing them all

1851
01:29:35,990 --> 01:29:33,120
disconnected disconnected completely

1852
01:29:37,729 --> 01:29:36,000
insulated from the Earth all day the

1853
01:29:39,350 --> 01:29:37,739
build up the build up the build up the

1854
01:29:41,810 --> 01:29:39,360
build up the build up you wake up in the

1855
01:29:43,610 --> 01:29:41,820
morning put on shoes you know you know

1856
01:29:47,450 --> 01:29:43,620
put your shoes under your D you're

1857
01:29:50,270 --> 01:29:47,460
completely insulated from the earth and

1858
01:29:51,229 --> 01:29:50,280
this has been built up and suddenly it's

1859
01:29:54,410 --> 01:29:51,239
gone

1860
01:29:56,990 --> 01:29:54,420
and it's just a tremendous tremendous

1861
01:29:58,430 --> 01:29:57,000
experience for me personally uh but I've

1862
01:30:00,470 --> 01:29:58,440
gone through let's take our break right

1863
01:30:02,510 --> 01:30:00,480

here this is Fade to Black I'm Yours

1864

01:30:04,729 --> 01:30:02,520

Jimmy church tonight Elizabeth holstra

1865

01:30:07,030 --> 01:30:04,739

is with us the links for the new book

1866

01:30:09,649 --> 01:30:07,040

are below we've got them on social media

1867

01:30:11,110 --> 01:30:09,659

uh it's a great cover too by the way

1868

01:30:13,910 --> 01:30:11,120

more

1869

01:30:19,630 --> 01:30:13,920

Elizabeth when we come back after the

1870

01:30:33,550 --> 01:30:30,370

[Music]

1871

01:30:36,110 --> 01:30:33,560

way out here we listened to Jimmy Church

1872

01:30:38,750 --> 01:30:36,120

you're listening to Fade to Black

1873

01:30:41,149 --> 01:30:38,760

[Applause]

1874

01:30:47,510 --> 01:30:41,159

you're listening to Jimmy church and

1875

01:30:47,520 --> 01:30:52,010

[Applause]

1876
01:30:52,020 --> 01:30:57,090
look at me what amigo in Georgia radio

1877
01:31:01,610 --> 01:30:59,390
[Music]

1878
01:31:04,070 --> 01:31:01,620
the believer is the chilling true story

1879
01:31:06,770 --> 01:31:04,080
of Dr John Mack a renowned Harvard

1880
01:31:09,950 --> 01:31:06,780
psychiatrist and Peter Prize winner this

1881
01:31:12,169 --> 01:31:09,960
is a outreach program from the cosmos to

1882
01:31:14,689 --> 01:31:12,179
the consciously impaired you risked it

1883
01:31:17,930 --> 01:31:14,699
all to investigate human encounters with

1884
01:31:20,510 --> 01:31:17,940
aliens the believer alien encounters

1885
01:31:23,330 --> 01:31:20,520
hard science and the passion of John

1886
01:31:25,189 --> 01:31:23,340
Mack written by award-winning former New

1887
01:31:27,350 --> 01:31:25,199
York Times journalist and author Ralph

1888
01:31:29,410 --> 01:31:27,360

Blumenthal now available in paperback

1889

01:31:31,970 --> 01:31:29,420

from high road books

1890

01:31:34,070 --> 01:31:31,980

introducing the game changer blend from

1891

01:31:36,410 --> 01:31:34,080

River Moon coffee that delivers a

1892

01:31:39,110 --> 01:31:36,420

customized blend made specifically for

1893

01:31:42,470 --> 01:31:39,120

the fader knots if the game is rigged

1894

01:31:45,229 --> 01:31:42,480

change the game it's a bolder cup with

1895

01:31:47,450 --> 01:31:45,239

some bite Game Changer is the coffee of

1896

01:31:49,850 --> 01:31:47,460

choice for those that prefer an organic

1897

01:31:53,270 --> 01:31:49,860

dark roast that is slightly lighter and

1898

01:31:55,790 --> 01:31:53,280

milder but it's still dark with wild

1899

01:31:58,310 --> 01:31:55,800

notes of pecans and chocolate with a

1900

01:32:00,470 --> 01:31:58,320

rich balanced full-bodied cup that is

1901
01:32:03,169 --> 01:32:00,480
roasted to Perfection for a great coffee

1902
01:32:06,649 --> 01:32:03,179
to start your day as an after dinner

1903
01:32:09,410 --> 01:32:06,659
coffee or anywhere in between Artisan

1904
01:32:11,750 --> 01:32:09,420
small batch roasted to Perfection USDA

1905
01:32:14,510 --> 01:32:11,760
certified organic all River Moon coffee

1906
01:32:17,209 --> 01:32:14,520
is freshly roasted and packaged in the

1907
01:32:19,250 --> 01:32:17,219
USA just go to rivermooncoffee.com or

1908
01:32:22,610 --> 01:32:19,260
click on the banners over on our site

1909
01:32:25,870 --> 01:32:22,620
and use the promo code f2b blend for 15

1910
01:32:28,970 --> 01:32:25,880
off of your order today

1911
01:32:31,790 --> 01:32:28,980
rivermooncoffee.com do you want to be an

1912
01:32:33,890 --> 01:32:31,800
official fate or not of course you do

1913
01:32:36,910 --> 01:32:33,900

this is Jimmy Church of Fade to Black

1914

01:32:40,129 --> 01:32:36,920

just go to our membership section at

1915

01:32:41,510 --> 01:32:40,139

jimmychurchradio.com baiter knots when

1916

01:32:43,370 --> 01:32:41,520

you think about the future of our

1917

01:32:46,090 --> 01:32:43,380

country and where we're headed do you

1918

01:32:48,169 --> 01:32:46,100

wonder about the food supply I do

1919

01:32:50,450 --> 01:32:48,179

disruptions in the food supply chain

1920

01:32:53,450 --> 01:32:50,460

could be disastrous and they usually

1921

01:32:55,490 --> 01:32:53,460

occur with little warning that's why the

1922

01:32:58,729 --> 01:32:55,500

smartest thing you can do today is to

1923

01:33:01,669 --> 01:32:58,739

stockpile emergency food water and other

1924

01:33:03,830 --> 01:33:01,679

Essentials I personally recommend my

1925

01:33:05,930 --> 01:33:03,840

Patriot Supply they're the nation's

1926

01:33:08,689 --> 01:33:05,940

largest emergency preparedness company

1927

01:33:11,330 --> 01:33:08,699

serving millions of customers for more

1928

01:33:13,430 --> 01:33:11,340

than a decade in fact they're the only

1929

01:33:16,550 --> 01:33:13,440

source my family trusts for our

1930

01:33:19,669 --> 01:33:16,560

preparedness plan you should too right

1931

01:33:22,250 --> 01:33:19,679

now save 20 off a full four week supply

1932

01:33:25,310 --> 01:33:22,260

of delicious meals that provide 2 000

1933

01:33:28,370 --> 01:33:25,320

calories a day saving 20 helps too

1934

01:33:30,890 --> 01:33:28,380

doesn't it especially now so go to

1935

01:33:32,530 --> 01:33:30,900

prepare with Jim me.com and get ready

1936

01:33:35,149 --> 01:33:32,540

that's

1937

01:33:38,209 --> 01:33:35,159

preparewithjimmy.com there's no time to

1938

01:33:41,330 --> 01:33:38,219

lose do it now

1939

01:33:44,930 --> 01:33:41,340

so you love talk radio then you'll love

1940

01:33:47,810 --> 01:33:44,940

talk streamlive.com talk stream live is

1941

01:33:49,970 --> 01:33:47,820

always on 24 7 with the best streaming

1942

01:33:52,010 --> 01:33:49,980

talk shows find your favorite talkers

1943

01:33:54,709 --> 01:33:52,020

and discover some new ones it's free

1944

01:33:56,990 --> 01:33:54,719

readily available online or on mobile

1945

01:33:58,970 --> 01:33:57,000

with any smartphone or tablet finding

1946

01:34:01,550 --> 01:33:58,980

your favorite talk shows all in one

1947

01:34:04,189 --> 01:34:01,560

place has gotten a whole lot easier just

1948

01:34:06,169 --> 01:34:04,199

go to talkstreamlive.com be sure to

1949

01:34:09,709 --> 01:34:06,179

download the free apps from Google Play

1950

01:34:12,550 --> 01:34:09,719

or the iTunes app store

1951

01:34:16,930 --> 01:34:12,560

you listen to us and we listen to you

1952

01:34:21,290 --> 01:34:19,610

hi I'm Ray sobbs and I'm here to tell

1953

01:34:23,390 --> 01:34:21,300

you about something I really think

1954

01:34:25,729 --> 01:34:23,400

you're gonna like the annex network is a

1955

01:34:28,010 --> 01:34:25,739

part of a larger group called annexed

1956

01:34:30,709 --> 01:34:28,020

media and one of the things we offer is

1957

01:34:32,810 --> 01:34:30,719

the quarterly unex magazine which is

1958

01:34:35,689 --> 01:34:32,820

available both in print and digital

1959

01:34:38,149 --> 01:34:35,699

formats this amazing magazine covers all

1960

01:34:40,790 --> 01:34:38,159

aspects of The Unexplained and makes for

1961

01:34:42,350 --> 01:34:40,800

a great coffee table periodical that is

1962

01:34:44,870 --> 01:34:42,360

certain to spark in lightning

1963

01:34:46,189 --> 01:34:44,880

conversations in your living rooms we

1964

01:34:48,850 --> 01:34:46,199

invite you to check out the latest

1965

01:34:50,810 --> 01:34:48,860

digital issue for free just go to

1966

01:34:53,030 --> 01:34:50,820

annexnetwork.com forward slash

1967

01:34:55,129 --> 01:34:53,040

membership and fill out your free

1968

01:34:57,709 --> 01:34:55,139

membership with your name and email and

1969

01:35:00,350 --> 01:34:57,719

become a new free member the new summer

1970

01:35:02,990 --> 01:35:00,360

issue is now available and the theme is

1971

01:35:04,910 --> 01:35:03,000

time anomalies which includes a feature

1972

01:35:07,850 --> 01:35:04,920

article written by our managing editor

1973

01:35:10,149 --> 01:35:07,860

Lee Spiegel just go to annexnetwork.com

1974

01:35:12,229 --> 01:35:10,159

forward slash memberships that's

1975

01:35:15,050 --> 01:35:12,239

annexnetwork.com forward slash

1976

01:35:19,610 --> 01:35:15,060

memberships and get your free e-copy of

1977

01:35:25,120 --> 01:35:22,070

you are listening to fade to black with

1978

01:35:27,610 --> 01:35:25,130

Jimmy Church on the game changer

1979

01:35:29,570 --> 01:35:27,620

[Music]

1980

01:35:32,750 --> 01:35:29,580

Networks you're listening to Jimmy

1981

01:35:36,350 --> 01:35:32,760

church this is Revolution the revolution

1982

01:35:38,149 --> 01:35:36,360

will not be televised the revolution is

1983

01:35:43,610 --> 01:35:38,159

on radio

1984

01:35:43,620 --> 01:35:50,270

foreign

1985

01:35:50,280 --> 01:36:13,020

[Music]

1986

01:36:13,030 --> 01:36:16,440

[Applause]

1987

01:36:23,330 --> 01:36:20,930

[Music]

1988

01:36:24,590 --> 01:36:23,340

Welcome Back Fade to Black I am your

1989

01:36:26,750 --> 01:36:24,600

host Jimmy church I guess tonight

1990

01:36:30,350 --> 01:36:26,760

Elizabeth Hoekstra we're talking about

1991

01:36:32,030 --> 01:36:30,360

grounding and

1992

01:36:34,189 --> 01:36:32,040

her book

1993

01:36:36,050 --> 01:36:34,199

um you can you can get it now it's going

1994

01:36:38,510 --> 01:36:36,060

to be released in three weeks pre-orders

1995

01:36:42,590 --> 01:36:38,520

are happening the links are below

1996

01:36:46,129 --> 01:36:42,600

um one of the books uh that Elizabeth

1997

01:36:48,950 --> 01:36:46,139

sent me is this one here it's called

1998

01:36:51,110 --> 01:36:48,960

earthing and uh you can go and find it

1999

01:36:54,169 --> 01:36:51,120

and and go to Elizabeth's website and

2000

01:36:55,729 --> 01:36:54,179

also the third thing website is is below

2001

01:36:58,970 --> 01:36:55,739

too as well

2002

01:37:01,629 --> 01:36:58,980

um but uh so I I actually had to run and

2003

01:37:05,209 --> 01:37:01,639

go get this it's on my nightstand

2004

01:37:08,390 --> 01:37:05,219

uh I I had to figure out uh what was

2005

01:37:10,129 --> 01:37:08,400

going on and now uh here's I'm going to

2006

01:37:12,070 --> 01:37:10,139

share a couple of things

2007

01:37:14,570 --> 01:37:12,080

um uh

2008

01:37:17,209 --> 01:37:14,580

there's so much talk about getting to

2009

01:37:18,830 --> 01:37:17,219

REM right and get to that part of sleep

2010

01:37:20,990 --> 01:37:18,840

to deep sleep that's when you know that

2011

01:37:23,390 --> 01:37:21,000

you know you are sleeping is when you

2012

01:37:25,910 --> 01:37:23,400

get to you know real deep sleep and

2013

01:37:28,310 --> 01:37:25,920

you're in the REM State

2014

01:37:30,950 --> 01:37:28,320

um I don't know how I can do this

2015

01:37:36,290 --> 01:37:30,960

because I would be asleep

2016

01:37:39,290 --> 01:37:36,300

but I I'm wondering now how long it

2017

01:37:41,750 --> 01:37:39,300

takes me to fall asleep is it five

2018

01:37:45,229 --> 01:37:41,760

minutes is it six minutes it's seven

2019

01:37:48,470 --> 01:37:45,239

minutes uh I I don't know because I'm

2020

01:37:52,610 --> 01:37:48,480

there to time it right but it is

2021

01:37:53,930 --> 01:37:52,620

immediate and so this is

2022

01:37:57,709 --> 01:37:53,940

um I want to share this with everybody

2023

01:38:00,649 --> 01:37:57,719

so I've got the TV on right I get all

2024

01:38:04,010 --> 01:38:00,659

wired up you know I crawl into bed and

2025

01:38:06,050 --> 01:38:04,020

and I'll pull something that normally I

2026

01:38:07,450 --> 01:38:06,060

would watch for a couple hours right I'm

2027

01:38:11,890 --> 01:38:07,460

just like

2028

01:38:18,729 --> 01:38:11,900

five four three two

2029

01:38:25,070 --> 01:38:22,850

I I I can't I can't explain it it's

2030

01:38:28,430 --> 01:38:25,080

never been like this before uh in my

2031

01:38:30,470 --> 01:38:28,440

entire life how long do you think uh

2032

01:38:33,229 --> 01:38:30,480

Elizabeth and what is uh what does

2033

01:38:35,689 --> 01:38:33,239

Clinton say about how long does it take

2034

01:38:37,790 --> 01:38:35,699

you now to to fall asleep

2035

01:38:39,830 --> 01:38:37,800

well I think that varies for for

2036

01:38:41,629 --> 01:38:39,840

everybody but you can actually measure

2037

01:38:43,910 --> 01:38:41,639

it now they have things they have

2038

01:38:46,550 --> 01:38:43,920

wearables right I have an aura ring so

2039

01:38:49,490 --> 01:38:46,560

it I actually track my sleep and when I

2040

01:38:51,890 --> 01:38:49,500

don't ground my sleep is not as optimal

2041

01:38:54,470 --> 01:38:51,900

as when I do grounds

2042

01:38:56,570 --> 01:38:54,480

um when you grounds or when I personally

2043

01:38:59,030 --> 01:38:56,580

ground I fall asleep very very quickly

2044

01:39:00,890 --> 01:38:59,040

because like I said before your nervous

2045

01:39:03,649 --> 01:39:00,900

system down regulates right it

2046

01:39:05,870 --> 01:39:03,659

downshifts into parasympathetic rest and

2047

01:39:07,490 --> 01:39:05,880

digest now you're nice and calm you

2048

01:39:09,590 --> 01:39:07,500

don't have that cortisol and adrenaline

2049

01:39:12,530 --> 01:39:09,600

flowing through your body which actually

2050

01:39:14,330 --> 01:39:12,540

wakes you up makes you more alert so now

2051
01:39:16,610 --> 01:39:14,340
you're in a very very calm and peaceful

2052
01:39:19,490 --> 01:39:16,620
State now getting into these deeper

2053
01:39:21,890 --> 01:39:19,500
levels of sleep during the first

2054
01:39:24,229 --> 01:39:21,900
um half of the night you go from light

2055
01:39:26,330 --> 01:39:24,239
to deep sleep right and in your deep

2056
01:39:28,610 --> 01:39:26,340
sleep you have these long delta waves if

2057
01:39:30,530 --> 01:39:28,620
you measure your brain waves long delta

2058
01:39:32,470 --> 01:39:30,540
waves you don't dream in in deep sleep

2059
01:39:35,149 --> 01:39:32,480
but that's when your body

2060
01:39:37,250 --> 01:39:35,159
detoxes so it's really really great you

2061
01:39:41,530 --> 01:39:37,260
need to get into this level of sleep now

2062
01:39:44,689 --> 01:39:41,540
after deep sleep towards maybe between

2063
01:39:46,310 --> 01:39:44,699

three and eight am in the morning it's

2064

01:39:48,169 --> 01:39:46,320

towards the last half of your sleep

2065

01:39:50,570 --> 01:39:48,179

you'll have that REM sleep that's when

2066

01:39:53,390 --> 01:39:50,580

your brain is detoxifying these states

2067

01:39:56,629 --> 01:39:53,400

of sleep are much easier to get into

2068

01:39:58,310 --> 01:39:56,639

when your body is is regulated now

2069

01:40:00,410 --> 01:39:58,320

something else that's very interesting

2070

01:40:02,810 --> 01:40:00,420

about earthing which I forgot to mention

2071

01:40:04,970 --> 01:40:02,820

earlier like I said I travel a lot when

2072

01:40:07,729 --> 01:40:04,980

I don't have my grounding equipment with

2073

01:40:10,610 --> 01:40:07,739

me and when I don't have a proper ground

2074

01:40:13,010 --> 01:40:10,620

to be able to plug in I love to just go

2075

01:40:15,770 --> 01:40:13,020

outside and either stick my feet into

2076

01:40:18,709 --> 01:40:15,780

the ground if it's clean or find an

2077

01:40:20,930 --> 01:40:18,719

ocean right salt water that is the place

2078

01:40:23,149 --> 01:40:20,940

where you will be the most grounded it

2079

01:40:25,790 --> 01:40:23,159

is surrounding your entire body you are

2080

01:40:29,090 --> 01:40:25,800

sucking up all of those electrons all of

2081

01:40:32,390 --> 01:40:29,100

those negative ions and what it does yes

2082

01:40:35,629 --> 01:40:32,400

what it does is it actually regulates

2083

01:40:39,050 --> 01:40:35,639

your your body and it regulates your

2084

01:40:41,390 --> 01:40:39,060

your circadian rhythm to to that part of

2085

01:40:45,470 --> 01:40:41,400

the earth wherever you're at so it

2086

01:40:47,689 --> 01:40:45,480

ixnays jet lag okay which is wild wild

2087

01:40:50,209 --> 01:40:47,699

they did a study on this they measured

2088

01:40:53,750 --> 01:40:50,219

cortisol between I forgot how many

2089

01:40:55,850 --> 01:40:53,760

subjects it was they did a study and for

2090

01:40:57,590 --> 01:40:55,860

the first I think I don't know four

2091

01:40:59,570 --> 01:40:57,600

weeks these people were not grounded

2092

01:41:01,850 --> 01:40:59,580

they would measure their cortisol every

2093

01:41:03,169 --> 01:41:01,860

four hours during the day and it showed

2094

01:41:05,629 --> 01:41:03,179

all of these different spikes of

2095

01:41:07,910 --> 01:41:05,639

cortisol that happened every every you

2096

01:41:10,310 --> 01:41:07,920

know randomly throughout the day now

2097

01:41:12,709 --> 01:41:10,320

when these people got grounded and they

2098

01:41:15,910 --> 01:41:12,719

all stayed grounded there are cortisol

2099

01:41:19,490 --> 01:41:15,920

levels spiked at the exact same time

2100

01:41:21,950 --> 01:41:19,500

okay they were grounded to that part of

2101
01:41:24,470 --> 01:41:21,960
the earth so it fixes your circadian

2102
01:41:27,830 --> 01:41:24,480
rhythm it literally it happened to me I

2103
01:41:30,470 --> 01:41:27,840
went from Michigan to Cali and Cali is

2104
01:41:32,750 --> 01:41:30,480
three hours behind Michigan Pacific

2105
01:41:35,090 --> 01:41:32,760
Maritime right I'm used to waking up at

2106
01:41:38,270 --> 01:41:35,100
6am every single morning I pop up I'm up

2107
01:41:40,970 --> 01:41:38,280
I'm ready to start my day and Cal three

2108
01:41:45,050 --> 01:41:40,980
hours prior right but my body regulated

2109
01:41:49,070 --> 01:41:45,060
to that I popped up at exactly 6 a.m in

2110
01:41:51,590 --> 01:41:49,080
Cali the day after I arrived like wild

2111
01:41:53,709 --> 01:41:51,600
this stuff is is a miracle it literally

2112
01:41:58,490 --> 01:41:53,719
is a miracle

2113
01:42:01,550 --> 01:41:58,500

so my personal experience uh experiences

2114

01:42:03,109 --> 01:42:01,560

uh with Billy and Elizabeth around this

2115

01:42:07,970 --> 01:42:03,119

so we go to the Bahamas I haven't

2116

01:42:10,609 --> 01:42:07,980

started grounding yet and and uh forget

2117

01:42:12,470 --> 01:42:10,619

about the time change in the jet lag and

2118

01:42:15,410 --> 01:42:12,480

and all of that

2119

01:42:17,830 --> 01:42:15,420

um let's put that to the side I'm trying

2120

01:42:21,470 --> 01:42:17,840

to keep up with you too

2121

01:42:24,229 --> 01:42:21,480

we had stuff planned all day long for

2122

01:42:25,850 --> 01:42:24,239

from the moment we got up all the way to

2123

01:42:27,830 --> 01:42:25,860

the to the end of the night I'm just

2124

01:42:29,390 --> 01:42:27,840

like man what kind of coffee are you

2125

01:42:32,930 --> 01:42:29,400

guys drinking

2126

01:42:34,609 --> 01:42:32,940

I just can't I can't I I man I'm

2127

01:42:37,910 --> 01:42:34,619

starting to feel old plus I was running

2128

01:42:40,910 --> 01:42:37,920

around the game too as well yeah

2129

01:42:45,169 --> 01:42:40,920

um you guys were grounding yeah right

2130

01:42:48,970 --> 01:42:45,179

and and I didn't now everything makes

2131

01:42:52,129 --> 01:42:48,980

sense to me I mean I have this thing

2132

01:42:55,550 --> 01:42:52,139

that that is that is happening all day

2133

01:42:59,330 --> 01:42:55,560

long that that I've never had before and

2134

01:43:01,669 --> 01:42:59,340

uh now I understand why it's it's

2135

01:43:04,490 --> 01:43:01,679

tremendous and the second thing I want

2136

01:43:07,850 --> 01:43:04,500

to share with everybody so

2137

01:43:11,870 --> 01:43:07,860

we get to Egypt and our first day there

2138

01:43:14,510 --> 01:43:11,880

we we go to the bent pyramid yeah and uh

2139

01:43:18,109 --> 01:43:14,520

now there's lots of stories about the

2140

01:43:20,750 --> 01:43:18,119

physical side of experiencing uh the

2141

01:43:25,030 --> 01:43:20,760

band pyramid and the bent pyramid uh

2142

01:43:29,629 --> 01:43:25,040

everybody is no joke

2143

01:43:33,590 --> 01:43:29,639

it is not it it's this is something that

2144

01:43:35,750 --> 01:43:33,600

both uh physically and spiritually you

2145

01:43:37,609 --> 01:43:35,760

need to understand what you're you're

2146

01:43:40,970 --> 01:43:37,619

about to do

2147

01:43:45,410 --> 01:43:40,980

um I didn't I thought I've read I do

2148

01:43:47,770 --> 01:43:45,420

everything you know so uh this is the

2149

01:43:50,930 --> 01:43:47,780

truth I'm gonna just

2150

01:43:54,350 --> 01:43:50,940

so Billy and I and Elizabeth

2151
01:43:56,770 --> 01:43:54,360
we we got we've got 70 people behind us

2152
01:43:59,990 --> 01:43:56,780
we got a camera crew we've got security

2153
01:44:01,370 --> 01:44:00,000
and and Billy and I and Elizabeth are

2154
01:44:03,590 --> 01:44:01,380
leading

2155
01:44:06,290 --> 01:44:03,600
this thing and we're walking up to the

2156
01:44:08,390 --> 01:44:06,300
bent pyramid yeah and uh they're uh

2157
01:44:11,930 --> 01:44:08,400
outside and this the pyramid is

2158
01:44:14,090 --> 01:44:11,940
ginormous it's not it's just as big as

2159
01:44:17,030 --> 01:44:14,100
the Great Pyramid it's huge

2160
01:44:19,550 --> 01:44:17,040
and but there are these wooden stairs

2161
01:44:22,070 --> 01:44:19,560
that go up about a third of the way up

2162
01:44:26,030 --> 01:44:22,080
on the outside of the pyramid and

2163
01:44:28,129 --> 01:44:26,040

Elizabeth turns to me she goes

2164

01:44:32,530 --> 01:44:28,139

are you ready and I'm like come here

2165

01:44:38,390 --> 01:44:36,229

Jimmy are you I'm ready I'm ready and so

2166

01:44:41,030 --> 01:44:38,400

everybody's behind us and we go up the

2167

01:44:44,750 --> 01:44:41,040

stairs Billy's in front

2168

01:44:47,810 --> 01:44:44,760

and uh and we walk through and we go to

2169

01:44:50,810 --> 01:44:47,820

the the tunnel which descends a few

2170

01:44:55,250 --> 01:44:50,820

hundred feet straight down and I watch

2171

01:45:01,129 --> 01:44:55,260

Billy uh do his thing dude you know okay

2172

01:45:07,450 --> 01:45:04,129

and disappears just like that and I'm

2173

01:45:11,930 --> 01:45:07,460

looking I'm like holy crap

2174

01:45:15,770 --> 01:45:11,940

and and and this this this this energy

2175

01:45:18,729 --> 01:45:15,780

this physical thing this energy and and

2176

01:45:22,129 --> 01:45:18,739

I watch you disappear

2177

01:45:24,169 --> 01:45:22,139

I gotta I I gotta face my I gotta I

2178

01:45:25,310 --> 01:45:24,179

gotta do this right I can't let

2179

01:45:38,209 --> 01:45:25,320

Elizabeth

2180

01:45:41,149 --> 01:45:38,219

you're checking up on me you're like you

2181

01:45:42,709 --> 01:45:41,159

okay yeah no I'm cool I'm gonna deal

2182

01:45:45,410 --> 01:45:42,719

with this and we started taking pictures

2183

01:45:49,250 --> 01:45:45,420

and and we did all of that but it's a

2184

01:45:53,169 --> 01:45:49,260

physical and spiritual journey that your

2185

01:45:57,770 --> 01:45:53,179

body and your mind has to be ready for

2186

01:46:00,729 --> 01:45:57,780

and and and grounding and experiencing

2187

01:46:04,310 --> 01:46:00,739

that the two of them go together

2188

01:46:06,669 --> 01:46:04,320

and and you and Billy demonstrated that

2189

01:46:11,030 --> 01:46:06,679

we called it Billy boot camp

2190

01:46:13,669 --> 01:46:11,040

you have to be balanced you have to be

2191

01:46:16,729 --> 01:46:13,679

ready for this don't you yeah absolutely

2192

01:46:19,370 --> 01:46:16,739

it is a lot on your body a lot there's a

2193

01:46:21,290 --> 01:46:19,380

lot of climbing crawling you have to go

2194

01:46:24,109 --> 01:46:21,300

through these dirty small tiny little

2195

01:46:26,510 --> 01:46:24,119

smelly tunnels I mean it's a lot it's a

2196

01:46:29,090 --> 01:46:26,520

lot to go through and even the outside

2197

01:46:32,149 --> 01:46:29,100

of the pyramid walking up those wooden

2198

01:46:35,810 --> 01:46:32,159

steps that was a lot of steps to walk up

2199

01:46:39,350 --> 01:46:35,820

it's very very physically tiring tiring

2200

01:46:41,270 --> 01:46:39,360

it is and uh honestly I

2201

01:46:45,070 --> 01:46:41,280

could have did it maybe 20 times though

2202

01:46:50,209 --> 01:46:45,080

I felt that was okay

2203

01:46:54,590 --> 01:46:50,219

oh man what what uh uh there's something

2204

01:46:57,649 --> 01:46:54,600

about uh the combination of the the next

2205

01:47:01,790 --> 01:46:57,659

time that uh and we've got some things

2206

01:47:04,490 --> 01:47:01,800

planned right but my next uh I'm gonna

2207

01:47:07,129 --> 01:47:04,500

handle Egypt uh differently and

2208

01:47:09,950 --> 01:47:07,139

grounding has got to be a part of it I

2209

01:47:12,709 --> 01:47:09,960

wasn't able to ground uh while I was

2210

01:47:15,910 --> 01:47:12,719

there there's got to be a way to

2211

01:47:18,709 --> 01:47:15,920

circumvent like you said right

2212

01:47:21,470 --> 01:47:18,719

Barefoot you know and what was I doing

2213

01:47:24,229 --> 01:47:21,480

I'm wearing shoes I you know you need to

2214

01:47:28,550 --> 01:47:24,239

prepare for this stuff yeah

2215

01:47:32,510 --> 01:47:28,560

um uh you need to be able to just go out

2216

01:47:35,750 --> 01:47:32,520

if you can't get the kit going I would

2217

01:47:38,270 --> 01:47:35,760

have handled the bent pyramid different

2218

01:47:41,510 --> 01:47:38,280

and the rest of Egypt had I been

2219

01:47:43,310 --> 01:47:41,520

grounding uh properly

2220

01:47:45,649 --> 01:47:43,320

well I mean it's it's also it's

2221

01:47:47,990 --> 01:47:45,659

cumulative cumulative right the healing

2222

01:47:49,790 --> 01:47:48,000

is cumulative so you had only been

2223

01:47:52,669 --> 01:47:49,800

grounding for a couple of weeks prior to

2224

01:47:54,290 --> 01:47:52,679

Egypt now think about you next year when

2225

01:47:58,010 --> 01:47:54,300

we go back to Egypt you have been

2226

01:48:00,229 --> 01:47:58,020

grounding for over a year so that's your

2227

01:48:02,149 --> 01:48:00,239

body is going to feel different you are

2228

01:48:04,970 --> 01:48:02,159

going to recover differently because now

2229

01:48:07,910 --> 01:48:04,980

you've had cumulative grounding for all

2230

01:48:09,350 --> 01:48:07,920

of this time and like I said before I

2231

01:48:12,709 --> 01:48:09,360

mean what grounding does is it gives

2232

01:48:15,470 --> 01:48:12,719

your body the the tools that it needs to

2233

01:48:17,030 --> 01:48:15,480

function optimally and properly so

2234

01:48:18,950 --> 01:48:17,040

you're cleaning up all that inflammation

2235

01:48:20,870 --> 01:48:18,960

within yourself any damage that might

2236

01:48:23,390 --> 01:48:20,880

have been done over your years of being

2237

01:48:25,070 --> 01:48:23,400

ungrounded and all the toxicity that we

2238

01:48:27,050 --> 01:48:25,080

got to deal with in this world and all

2239

01:48:29,689 --> 01:48:27,060

the poison food that we got to eat I

2240

01:48:32,330 --> 01:48:29,699

mean all of that stuff builds and builds

2241

01:48:33,770 --> 01:48:32,340

and builds into your system toxicity and

2242

01:48:36,950 --> 01:48:33,780

inflammation it's just we're full of

2243

01:48:39,290 --> 01:48:36,960

Gunk right so now grounding helps get

2244

01:48:40,310 --> 01:48:39,300

rid of all of that all of that so now

2245

01:48:42,590 --> 01:48:40,320

you're going to have a different

2246

01:48:45,229 --> 01:48:42,600

experience next year promise yeah yeah

2247

01:48:49,370 --> 01:48:45,239

absolutely and and here's the thing

2248

01:48:51,470 --> 01:48:49,380

um and and I know I know what people uh

2249

01:48:52,790 --> 01:48:51,480

are thinking right now as they listen to

2250

01:48:56,570 --> 01:48:52,800

you and I talk to them if you're going

2251

01:49:01,550 --> 01:48:56,580

ah come on yeah no you don't get it

2252

01:49:03,189 --> 01:49:01,560

right and now I was not listened to me I

2253

01:49:06,950 --> 01:49:03,199

was not prepared

2254

01:49:10,310 --> 01:49:06,960

Elizabeth gives me this kit and sends me

2255

01:49:13,129 --> 01:49:10,320

on my way I didn't know I'm plugging in

2256

01:49:15,109 --> 01:49:13,139

and and but the thing is is when I

2257

01:49:17,450 --> 01:49:15,119

called you back the next day you the

2258

01:49:21,290 --> 01:49:17,460

first thing how are you feeling what's

2259

01:49:23,629 --> 01:49:21,300

going on yeah I the things that I said

2260

01:49:26,870 --> 01:49:23,639

to you were not a surprise and you were

2261

01:49:29,570 --> 01:49:26,880

laughing you know because I knew because

2262

01:49:33,229 --> 01:49:29,580

you knew right and you hear this over

2263

01:49:35,810 --> 01:49:33,239

and over again when when you do you know

2264

01:49:39,890 --> 01:49:35,820

when you introduce somebody to this I do

2265

01:49:42,590 --> 01:49:39,900

I do I get messages all day all day

2266

01:49:44,930 --> 01:49:42,600

about wow groundings changed my life I'm

2267

01:49:47,330 --> 01:49:44,940

grounding my whole family now this has

2268

01:49:49,609 --> 01:49:47,340

changed that's changed even my son ever

2269

01:49:52,250 --> 01:49:49,619

since I started grounding I've grounded

2270

01:49:54,770 --> 01:49:52,260

Gabe Gabe has been grounded and what I

2271

01:49:56,149 --> 01:49:54,780

noticed with him and you tell me if you

2272

01:49:59,209 --> 01:49:56,159

feel the same way Jimmy

2273

01:50:01,790 --> 01:49:59,219

I noticed that he is very connected with

2274

01:50:03,830 --> 01:50:01,800

the Earth unlike other kids that are

2275

01:50:07,310 --> 01:50:03,840

disconnected he's very

2276

01:50:09,530 --> 01:50:07,320

he loves the Earth he loves nature he

2277

01:50:11,510 --> 01:50:09,540

hates and I'm talking he'll get mad

2278

01:50:13,790 --> 01:50:11,520

frustrated almost cry when he sees

2279

01:50:16,970 --> 01:50:13,800

people litter he hates it because he

2280

01:50:18,530 --> 01:50:16,980

respects and loves the Earth so much and

2281

01:50:20,750 --> 01:50:18,540

I think that has to do with grounding

2282

01:50:24,050 --> 01:50:20,760

because before then he was not it was

2283

01:50:26,689 --> 01:50:24,060

not he was not as obsessed with Earth as

2284

01:50:29,390 --> 01:50:26,699

he is now now he loves nature he just

2285

01:50:32,810 --> 01:50:29,400

wants to be outside I mean he he loves

2286

01:50:34,910 --> 01:50:32,820

Mother Earth period and his he's he's so

2287

01:50:38,990 --> 01:50:34,920

calm and and he's not calm I mean he's

2288

01:50:40,609 --> 01:50:39,000

high energy but he's very it it's it's a

2289

01:50:42,530 --> 01:50:40,619

different type of energy that you have

2290

01:50:45,410 --> 01:50:42,540

when you're grounding it's like you're

2291

01:50:48,169 --> 01:50:45,420

more grounded oh I'm going to show

2292

01:50:51,890 --> 01:50:48,179

everybody this is two men

2293

01:50:53,629 --> 01:50:51,900

Billy and I texting right I literally

2294

01:50:57,229 --> 01:50:53,639

said

2295

01:51:01,450 --> 01:50:57,239

dude I had the best grounding dreams

2296

01:51:07,550 --> 01:51:04,850

and and then I said I I mentioned

2297

01:51:10,609 --> 01:51:07,560

earlier here's the secret 1200 thread

2298

01:51:13,430 --> 01:51:10,619

count Egyptian Cottage

2299

01:51:16,490 --> 01:51:13,440

um right this is Billy and I text you

2300

01:51:20,450 --> 01:51:16,500

back and forth it's it's like that this

2301
01:51:24,229 --> 01:51:20,460
is uh this is a friend communicating

2302
01:51:26,750 --> 01:51:24,239
everybody this is a a private uh

2303
01:51:29,629 --> 01:51:26,760
conversation where this is what I'm

2304
01:51:31,030 --> 01:51:29,639
sharing I mean I I'm going through this

2305
01:51:34,790 --> 01:51:31,040
extraordinary

2306
01:51:39,050 --> 01:51:34,800
uh uh life change and and I I just had

2307
01:51:40,970 --> 01:51:39,060
no idea yeah I had none yeah I mean a

2308
01:51:44,090 --> 01:51:40,980
lot of people it's just it's very sad to

2309
01:51:46,070 --> 01:51:44,100
me that we've lost our connection we've

2310
01:51:48,830 --> 01:51:46,080
lost it so much so that that this is

2311
01:51:50,510 --> 01:51:48,840
woo-woo to people and I just I want

2312
01:51:53,149 --> 01:51:50,520
those people that that think this this

2313
01:51:54,770 --> 01:51:53,159

is woo-woo just try it go outside and

2314

01:51:57,229 --> 01:51:54,780

ground 30 minutes a day for the next

2315

01:52:00,050 --> 01:51:57,239

week and just see how you feel look up

2316

01:52:02,689 --> 01:52:00,060

the research they have done double blind

2317

01:52:05,450 --> 01:52:02,699

studies proving the science behind this

2318

01:52:07,010 --> 01:52:05,460

it's not Placebo it's not Placebo and

2319

01:52:09,649 --> 01:52:07,020

that's another thing Billy didn't

2320

01:52:11,330 --> 01:52:09,659

believe me he was like whatever you know

2321

01:52:19,450 --> 01:52:11,340

I'm just gonna make her happy by wearing

2322

01:52:24,950 --> 01:52:23,330

his shoulder healed he had a torn labrum

2323

01:52:26,810 --> 01:52:24,960

he couldn't even lift his shoulder like

2324

01:52:28,490 --> 01:52:26,820

this he couldn't go like that with his

2325

01:52:30,050 --> 01:52:28,500

his phone he couldn't hold his phone

2326

01:52:31,910 --> 01:52:30,060

like that it was impossible for him to

2327

01:52:33,649 --> 01:52:31,920

lift his shoulder about a week after

2328

01:52:34,970 --> 01:52:33,659

grounding he was like

2329

01:52:36,770 --> 01:52:34,980

he's like something's happening here

2330

01:52:39,050 --> 01:52:36,780

this is this is different he's like

2331

01:52:40,790 --> 01:52:39,060

something is is working kept doing it

2332

01:52:45,729 --> 01:52:40,800

and now he's able to he plays basketball

2333

01:52:49,129 --> 01:52:45,739

for three hours a day it's like I mean

2334

01:52:51,169 --> 01:52:49,139

here here's uh uh I want to share this

2335

01:52:53,629 --> 01:52:51,179

with um everybody

2336

01:52:55,970 --> 01:52:53,639

uh we were talking about dendera right

2337

01:52:59,030 --> 01:52:55,980

okay so

2338

01:53:02,570 --> 01:52:59,040

um when I went up I was wearing

2339

01:53:07,149 --> 01:53:02,580

flip-flops without socks right okay I'm

2340

01:53:11,689 --> 01:53:07,159

in my shorts and when I went to ascend

2341

01:53:14,270 --> 01:53:11,699

uh descend I should say uh down uh the

2342

01:53:17,350 --> 01:53:14,280

priest turns to me and he says

2343

01:53:20,270 --> 01:53:17,360

you must take off your shoes

2344

01:53:23,870 --> 01:53:20,280

think about that for a second

2345

01:53:27,050 --> 01:53:23,880

I took now I'm barefoot

2346

01:53:28,310 --> 01:53:27,060

I'm Barefoot yeah I'm grounding I didn't

2347

01:53:30,169 --> 01:53:28,320

know

2348

01:53:31,990 --> 01:53:30,179

the Egyptians

2349

01:53:34,850 --> 01:53:32,000

know these things

2350

01:53:39,250 --> 01:53:34,860

so uh we're talking about 5 000 years

2351
01:53:42,709 --> 01:53:39,260
ago dendara right 4 000 years ago so now

2352
01:53:46,669 --> 01:53:42,719
I'm grounding you go down these Stone

2353
01:53:48,470 --> 01:53:46,679
steps uh I I don't know 50 feet you know

2354
01:53:50,870 --> 01:53:48,480
whatever four or five stories

2355
01:53:52,390 --> 01:53:50,880
underground it's a it's you're down

2356
01:53:55,669 --> 01:53:52,400
there a long ways

2357
01:53:59,709 --> 01:53:55,679
you're grounding and and it's moist

2358
01:54:03,770 --> 01:53:59,719
right the stones are cool and damp

2359
01:54:06,169 --> 01:54:03,780
grounded I'm grounding every step going

2360
01:54:08,689 --> 01:54:06,179
down what do I do

2361
01:54:12,590 --> 01:54:08,699
I walk out into the water

2362
01:54:15,709 --> 01:54:12,600
right and it's this thing right and I'm

2363
01:54:19,010 --> 01:54:15,719

splashing and I'm doing I think I'm

2364

01:54:21,169 --> 01:54:19,020

going through a ceremony you know what

2365

01:54:23,930 --> 01:54:21,179

I'm doing what I'm told other but I'm

2366

01:54:26,090 --> 01:54:23,940

grounding yeah right so I turn back

2367

01:54:28,010 --> 01:54:26,100

around and I'm going up the stairs and

2368

01:54:31,310 --> 01:54:28,020

that's when the craziness started this

2369

01:54:32,330 --> 01:54:31,320

is before you and I met outside what did

2370

01:54:36,470 --> 01:54:32,340

I do

2371

01:54:38,330 --> 01:54:36,480

I grounded and the the Egyptians knew

2372

01:54:43,129 --> 01:54:38,340

about this process

2373

01:54:45,950 --> 01:54:43,139

and whatever whatever you want to apply

2374

01:54:48,410 --> 01:54:45,960

to it I was uh I was talking to Jay

2375

01:54:52,129 --> 01:54:48,420

Weidner on the phone he's he knows so

2376

01:54:54,410 --> 01:54:52,139

much about Egypt and and and Alchemy and

2377

01:54:56,870 --> 01:54:54,420

and hermeticism and all of this and I

2378

01:54:59,450 --> 01:54:56,880

and and and I'm telling him about the

2379

01:55:01,790 --> 01:54:59,460

process Elizabeth taking the shoes off

2380

01:55:04,510 --> 01:55:01,800

going down sponsoring water going back

2381

01:55:07,430 --> 01:55:04,520

up and I went through this trend and and

2382

01:55:09,830 --> 01:55:07,440

we were discussing the steps of all of

2383

01:55:11,870 --> 01:55:09,840

this because there's a there's a

2384

01:55:14,990 --> 01:55:11,880

chemical change there's an electrical

2385

01:55:18,290 --> 01:55:15,000

change and I were talking about the

2386

01:55:20,990 --> 01:55:18,300

grounding part is key here yeah it's a

2387

01:55:23,390 --> 01:55:21,000

key part of this you're introducing all

2388

01:55:26,870 --> 01:55:23,400

of these things uh you know and your

2389

01:55:29,090 --> 01:55:26,880

brain is going through uh this electron

2390

01:55:31,990 --> 01:55:29,100

at temperature change as well because

2391

01:55:35,090 --> 01:55:32,000

you go from the sunlight to the coolness

2392

01:55:37,430 --> 01:55:35,100

and and I said to Jay

2393

01:55:40,550 --> 01:55:37,440

the Egyptians had it all figured out

2394

01:55:43,189 --> 01:55:40,560

yeah think just think about this for a

2395

01:55:45,530 --> 01:55:43,199

second the simple process of taking off

2396

01:55:47,990 --> 01:55:45,540

your shoes and ascending down to this

2397

01:55:52,370 --> 01:55:48,000

Lake going through this process going

2398

01:55:55,070 --> 01:55:52,380

back up and into the sunlight and right

2399

01:55:57,470 --> 01:55:55,080

this thing happens they've got it all

2400

01:55:59,390 --> 01:55:57,480

figured out and it was I think grounding

2401
01:56:02,450 --> 01:55:59,400
had everything to do with it and that's

2402
01:56:04,609 --> 01:56:02,460
what I told Jay yeah yeah well if you

2403
01:56:07,550 --> 01:56:04,619
remember a lot of the the women

2404
01:56:10,370 --> 01:56:07,560
especially came out of the hathor temple

2405
01:56:12,709 --> 01:56:10,380
in dandera and they started crying they

2406
01:56:15,890 --> 01:56:12,719
were all crying very emotional yeah in

2407
01:56:17,990 --> 01:56:15,900
tears yes yes now think about it their

2408
01:56:19,550 --> 01:56:18,000
their nervous systems are on high alerts

2409
01:56:21,950 --> 01:56:19,560
right they're crying they're feeling

2410
01:56:24,410 --> 01:56:21,960
very emotional they're on ten their

2411
01:56:27,109 --> 01:56:24,420
nervous systems are on ten so they go

2412
01:56:30,590 --> 01:56:27,119
down and they do that now their body

2413
01:56:33,229 --> 01:56:30,600

regulates that's a shift that you feel

2414

01:56:35,689 --> 01:56:33,239

deeply within your body within your

2415

01:56:38,330 --> 01:56:35,699

energy within your emotions you feel

2416

01:56:39,109 --> 01:56:38,340

that deeply so a lot of those people I

2417

01:56:42,229 --> 01:56:39,119

feel

2418

01:56:44,030 --> 01:56:42,239

down regulated came out and was able to

2419

01:56:46,370 --> 01:56:44,040

really energetically feel that

2420

01:56:48,530 --> 01:56:46,380

experience so much deeper because they

2421

01:56:50,330 --> 01:56:48,540

were able to come back into homeostasis

2422

01:56:53,450 --> 01:56:50,340

by grounding

2423

01:56:55,609 --> 01:56:53,460

and and and one of

2424

01:56:57,770 --> 01:56:55,619

this is where I'm just going to be

2425

01:57:01,129 --> 01:56:57,780

straight with everybody one of the

2426

01:57:03,410 --> 01:57:01,139

things that gets under my skin

2427

01:57:07,310 --> 01:57:03,420

um and it started when I was young is

2428

01:57:12,109 --> 01:57:07,320

you know you know uh uh Pyramid Power or

2429

01:57:14,930 --> 01:57:12,119

or there to Patchouli and things and and

2430

01:57:18,589 --> 01:57:14,940

descent and burning and and this this

2431

01:57:20,330 --> 01:57:18,599

new AG Vibe it turned me off still

2432

01:57:22,270 --> 01:57:20,340

because in the large

2433

01:57:26,930 --> 01:57:22,280

it it does

2434

01:57:28,729 --> 01:57:26,940

I am a guitar playing heavy metal

2435

01:57:31,910 --> 01:57:28,739

man

2436

01:57:35,990 --> 01:57:31,920

okay all right if you need to listen to

2437

01:57:37,070 --> 01:57:36,000

me people I am telling you that I walked

2438

01:57:38,570 --> 01:57:37,080

out

2439

01:57:42,010 --> 01:57:38,580

of that

2440

01:57:44,629 --> 01:57:42,020

those stairs going through this thing

2441

01:57:47,270 --> 01:57:44,639

and I'm trying to figure out what is

2442

01:57:48,589 --> 01:57:47,280

going on and for me to express this uh

2443

01:57:51,350 --> 01:57:48,599

to the world

2444

01:57:53,930 --> 01:57:51,360

I I don't know how you want to take it

2445

01:57:57,709 --> 01:57:53,940

it doesn't matter to me there's

2446

01:58:00,950 --> 01:57:57,719

something going on and and when I uh

2447

01:58:02,510 --> 01:58:00,960

when Elizabeth and I met out there we

2448

01:58:05,810 --> 01:58:02,520

were both going through this thing and I

2449

01:58:08,270 --> 01:58:05,820

I can't I don't want to be that new AG

2450

01:58:10,370 --> 01:58:08,280

guy I don't want to be that dude with

2451
01:58:13,790 --> 01:58:10,380
the bottoms and a tie-dye shirt you know

2452
01:58:17,510 --> 01:58:13,800
peace and love you know no that that

2453
01:58:21,290 --> 01:58:17,520
that's a turn off to me but I'm fixing

2454
01:58:24,770 --> 01:58:21,300
it right I'm like I'm like I'm like what

2455
01:58:27,830 --> 01:58:24,780
the heck man what is it I'm not supposed

2456
01:58:30,430 --> 01:58:27,840
to be this guy I'm supposed to be a

2457
01:58:34,129 --> 01:58:30,440
heavy metal dude

2458
01:58:36,830 --> 01:58:34,139
and there you go man everything is just

2459
01:58:39,830 --> 01:58:36,840
lit up and opened up Elizabeth and and I

2460
01:58:42,290 --> 01:58:39,840
I have you to thank for all of this yeah

2461
01:58:45,350 --> 01:58:42,300
it's just it's so important to me and

2462
01:58:47,629 --> 01:58:45,360
it's just it's it's honestly it's a

2463
01:58:49,790 --> 01:58:47,639

miracle It's Magic It's Magic it's just

2464

01:58:53,030 --> 01:58:49,800

so simple too and when you think about

2465

01:58:54,830 --> 01:58:53,040

it before the 1960s we had leather shoes

2466

01:58:56,450 --> 01:58:54,840

leather is conductive you know the

2467

01:58:58,729 --> 01:58:56,460

moisture your feet sweat the moisture

2468

01:59:00,589 --> 01:58:58,739

from your feet ensure that that

2469

01:59:02,570 --> 01:59:00,599

conductivity between the Earth and your

2470

01:59:04,550 --> 01:59:02,580

foot and your body so we never were

2471

01:59:07,129 --> 01:59:04,560

supposed to be disconnected so this is

2472

01:59:09,050 --> 01:59:07,139

brand new I mean these these health

2473

01:59:10,430 --> 01:59:09,060

issues that we have these days I mean

2474

01:59:12,050 --> 01:59:10,440

there's a freaking

2475

01:59:13,970 --> 01:59:12,060

Urgent Care on every corner right

2476
01:59:16,129 --> 01:59:13,980
there's hospitals all over the place now

2477
01:59:19,250 --> 01:59:16,139
back in the 1950s they didn't have all

2478
01:59:21,169 --> 01:59:19,260
that you went to the doctor because of a

2479
01:59:23,330 --> 01:59:21,179
a huge injury or something something

2480
01:59:25,609 --> 01:59:23,340
major was going on but it was not

2481
01:59:28,310 --> 01:59:25,619
autoimmune disease it was not all these

2482
01:59:30,470 --> 01:59:28,320
this dis-ease within the system we were

2483
01:59:32,689 --> 01:59:30,480
connected we were connected to the Earth

2484
01:59:35,510 --> 01:59:32,699
so all this started happening more

2485
01:59:38,689 --> 01:59:35,520
recently and I agree I agree yeah I

2486
01:59:40,910 --> 01:59:38,699
agree I agree I I did it myself

2487
01:59:44,030 --> 01:59:40,920
I did it myself and I still do like I

2488
01:59:47,149 --> 01:59:44,040

said I Love My Adidas man I'm wearing

2489

01:59:50,330 --> 01:59:47,159

Adidas pants I've got Adidas socks with

2490

01:59:52,970 --> 01:59:50,340

my shoes but I didn't do it because I

2491

01:59:54,410 --> 01:59:52,980

know I'm gonna be grounding here in a

2492

01:59:57,169 --> 01:59:54,420

few minutes let's take our break Our

2493

01:59:59,410 --> 01:59:57,179

Guest The One and Only Elizabeth hooker

2494

02:00:03,109 --> 01:59:59,420

got engaged today

2495

02:00:05,990 --> 02:00:03,119

not engaging did you guys set a date no

2496

02:00:15,250 --> 02:00:06,000

no I'm still trying to trying to process

2497

02:00:23,890 --> 02:00:16,420

hi everybody

2498

02:00:28,450 --> 02:00:26,930

you're one million gigawatt paranormal

2499

02:00:32,810 --> 02:00:28,460

Powerhouse

2500

02:00:34,850 --> 02:00:32,820

unxdb the X

2501
02:00:37,310 --> 02:00:34,860
the believer is the chilling true story

2502
02:00:39,530 --> 02:00:37,320
of Dr John Mack a renowned Harvard

2503
02:00:42,290 --> 02:00:39,540
psychiatrist and Pulitzer Prize winner

2504
02:00:44,990 --> 02:00:42,300
this is a outreach program from the

2505
02:00:47,270 --> 02:00:45,000
cosmos to the consciously impaired you

2506
02:00:49,750 --> 02:00:47,280
risked it all to investigate human

2507
02:00:53,089 --> 02:00:49,760
encounters with aliens the believer

2508
02:00:55,189 --> 02:00:53,099
alien encounters hard science and the

2509
02:00:56,990 --> 02:00:55,199
passion of John Mack written by

2510
02:00:59,270 --> 02:00:57,000
award-winning former New York Times

2511
02:01:01,490 --> 02:00:59,280
journalist and author Ralph Blumenthal

2512
02:01:03,169 --> 02:01:01,500
now available in paperback from high

2513
02:01:05,270 --> 02:01:03,179

road books

2514

02:01:07,910 --> 02:01:05,280

are you ready to read about true

2515

02:01:10,729 --> 02:01:07,920

paranormal events Unix media publishes

2516

02:01:13,129 --> 02:01:10,739

non-fiction books about UFOs ghosts and

2517

02:01:16,250 --> 02:01:13,139

haunted places time anomalies Cryptid

2518

02:01:18,530 --> 02:01:16,260

creatures and more just like kunxdb

2519

02:01:21,189 --> 02:01:18,540

radio it's all about unexplained

2520

02:01:23,510 --> 02:01:21,199

phenomena visit

2521

02:01:25,609 --> 02:01:23,520

www.unxmedia.com to see our list of

2522

02:01:28,129 --> 02:01:25,619

great book titles by Debbie ziegelmeyer

2523

02:01:30,709 --> 02:01:28,139

Gene Walker Devin listrum Wayne Lawrence

2524

02:01:34,310 --> 02:01:30,719

Bill Spicer and yours truly Margie K

2525

02:01:40,669 --> 02:01:37,010

Jimmy Church of Fade to Black and I only

2526

02:01:43,070 --> 02:01:40,679

drink Fade to Black Blend Coffee from

2527

02:01:45,530 --> 02:01:43,080

River Moon just click on the river Moon

2528

02:01:49,330 --> 02:01:45,540

coffee Banner at jimmychurchradio.com

2529

02:01:54,169 --> 02:01:49,340

promo code f2b blend

2530

02:01:56,710 --> 02:01:54,179

this is the only way forward this is a

2531

02:01:58,870 --> 02:01:56,720

to Black make contact

2532

02:02:02,149 --> 02:01:58,880

[Music]

2533

02:02:05,030 --> 02:02:02,159

race hops here rapid the X and you're

2534

02:02:08,209 --> 02:02:05,040

locked on to fade to black black with my

2535

02:02:11,870 --> 02:02:08,219

homie Jimmy Church powered by the fader

2536

02:02:14,689 --> 02:02:11,880

dots and the unexnetwork.com

2537

02:02:18,169 --> 02:02:14,699

I'll be the host in MC once again this

2538

02:02:21,050 --> 02:02:18,179

year for the 2023 conscious life Expo

2539

02:02:23,750 --> 02:02:21,060

February 10th through the 13th at The

2540

02:02:26,510 --> 02:02:23,760

Lax Hilton in Los Angeles California

2541

02:02:29,030 --> 02:02:26,520

this is a four day live event featuring

2542

02:02:31,129 --> 02:02:29,040

hundreds of speakers exhibitors and not

2543

02:02:33,770 --> 02:02:31,139

to miss special events check this out

2544

02:02:36,290 --> 02:02:33,780

Linda Moulton Howe Bashar Deborah King

2545

02:02:38,390 --> 02:02:36,300

Daniel Sheehan George Nori David Wolfe

2546

02:02:40,729 --> 02:02:38,400

Sean Stone Danny Brinkley Susan

2547

02:02:42,709 --> 02:02:40,739

Slaughter the Leo King David Palmer

2548

02:02:45,410 --> 02:02:42,719

Scott Walter and another 200

2549

02:02:49,010 --> 02:02:45,420

inspirational speakers special events

2550

02:02:52,790 --> 02:02:49,020

include a disclosure lunch with me Expos

2551

02:02:55,550 --> 02:02:52,800

Got Talent hosted by me a seance with a

2552

02:02:58,189 --> 02:02:55,560

Susan Slaughter the George Nori forum

2553

02:03:01,189 --> 02:02:58,199

and the Leo King is going to DJ at a

2554

02:03:03,350 --> 02:03:01,199

dance party over 200 exhibitors over 200

2555

02:03:06,310 --> 02:03:03,360

speakers it's the biggest event of the

2556

02:03:08,570 --> 02:03:06,320

Year tickets are on sale now at

2557

02:03:10,790 --> 02:03:08,580

consciouslifeexpo.com for everything you

2558

02:03:12,669 --> 02:03:10,800

need info tickets schedule and speakers

2559

02:03:17,570 --> 02:03:12,679

please visit

2560

02:03:22,669 --> 02:03:19,850

when you take the beans from Central

2561

02:03:25,129 --> 02:03:22,679

America with dashes of Indonesian and

2562

02:03:28,010 --> 02:03:25,139

African mixed in and then roasted to the

2563

02:03:31,490 --> 02:03:28,020

dark side of Fade to Black you create

2564

02:03:34,189 --> 02:03:31,500

the ultimate Brew of Fringe introducing

2565

02:03:37,430 --> 02:03:34,199

the Fade to Black blend from River Moon

2566

02:03:40,010 --> 02:03:37,440

coffee yes River Moon's darkest

2567

02:03:42,649 --> 02:03:40,020

customized roast was created for the

2568

02:03:45,350 --> 02:03:42,659

love of Fade to Black

2569

02:03:47,990 --> 02:03:45,360

Alchemy of masterful roasting and

2570

02:03:51,530 --> 02:03:48,000

smoking the beans is in every sip of

2571

02:03:54,290 --> 02:03:51,540

this full-bodied dark Java I need my

2572

02:03:56,570 --> 02:03:54,300

coffee doc deep with distinct

2573

02:03:59,450 --> 02:03:56,580

bittersweet chocolate highlights just

2574

02:04:01,850 --> 02:03:59,460

like the bunker leaning further into the

2575

02:04:05,089 --> 02:04:01,860

darkness of the roast is Fade to Black

2576

02:04:06,950 --> 02:04:05,099

blend from River Moon coffee just click

2577

02:04:10,430 --> 02:04:06,960

on the banner at jimmychurchradio.com

2578

02:04:21,609 --> 02:04:10,440

and use the promo code f2b blend for 50

2579

02:04:28,910 --> 02:04:26,689

you want to know a secret I love bonus I

2580

02:04:31,430 --> 02:04:28,920

really love ponies I'm serious

2581

02:04:35,510 --> 02:04:31,440

I couldn't stay sane without pole needs

2582

02:04:40,629 --> 02:04:35,520

to brush why Fade to Black because you

2583

02:04:46,910 --> 02:04:43,729

this is faded black with Jimmy Church on

2584

02:04:50,050 --> 02:04:46,920

the game changer Radio Network

2585

02:05:02,089 --> 02:04:59,750

[Music]

2586

02:05:04,250 --> 02:05:02,099

Welcome Back Fade to Black I am your

2587

02:05:07,010 --> 02:05:04,260

host Jimmy church tonight Our Guest

2588

02:05:09,169 --> 02:05:07,020

one and only Elizabeth Hoagster

2589

02:05:12,890 --> 02:05:09,179

Elizabeth we have done a lot of stuff

2590

02:05:16,370 --> 02:05:12,900

this year we have we have uh we've been

2591

02:05:18,649 --> 02:05:16,380

all over the country all over the world

2592

02:05:20,629 --> 02:05:18,659

um uh it's just been it's just been an

2593

02:05:22,790 --> 02:05:20,639

amazing year uh just

2594

02:05:25,010 --> 02:05:22,800

I look back at it now and just think we

2595

02:05:27,589 --> 02:05:25,020

did all of that man you know and we

2596

02:05:29,209 --> 02:05:27,599

haven't stopped and uh we're just going

2597

02:05:30,950 --> 02:05:29,219

to continue we've got a lot of exciting

2598

02:05:32,750 --> 02:05:30,960

things going on

2599

02:05:37,070 --> 02:05:32,760

um but

2600

02:05:39,709 --> 02:05:37,080

I want to swing back to uh an experience

2601

02:05:43,010 --> 02:05:39,719

uh that you and I had to I said that I

2602

02:05:46,189 --> 02:05:43,020

wouldn't show any selfies but something

2603

02:05:48,530 --> 02:05:46,199

strange happened uh to to you and I and

2604

02:05:53,270 --> 02:05:48,540

Billy was there too but

2605

02:05:57,530 --> 02:05:53,280

um we went to the Egyptian civilization

2606

02:05:59,930 --> 02:05:57,540

uh Museum that's what it's called and uh

2607

02:06:02,450 --> 02:05:59,940

it's it's new it was incredible yeah we

2608

02:06:05,330 --> 02:06:02,460

got to see all of the mummies and and

2609

02:06:07,070 --> 02:06:05,340

Ramses uh Ramses number one two three

2610

02:06:11,330 --> 02:06:07,080

four five six seven eight nine I think

2611

02:06:12,649 --> 02:06:11,340

that was nine nine of the Ramses uh uh

2612

02:06:14,149 --> 02:06:12,659

downstairs that was that was pretty

2613

02:06:18,109 --> 02:06:14,159

incredible anyway

2614

02:06:20,089 --> 02:06:18,119

Elizabeth and I uh and Billy uh we we

2615

02:06:22,010 --> 02:06:20,099

shot some video and we're shooting stuff

2616

02:06:25,129 --> 02:06:22,020

and we're walking through

2617

02:06:28,430 --> 02:06:25,139

but we went up to the Statue of

2618

02:06:30,950 --> 02:06:28,440

Akhenaten and you and I are standing

2619

02:06:33,169 --> 02:06:30,960

there and

2620

02:06:38,050 --> 02:06:33,179

and then

2621

02:06:41,149 --> 02:06:38,060

you go what's up with that nipple I said

2622

02:06:43,910 --> 02:06:41,159

oh my God

2623

02:06:46,250 --> 02:06:43,920

they're the the and so here's the

2624

02:06:49,070 --> 02:06:46,260

picture right

2625

02:06:54,350 --> 02:06:49,080

and so Elizabeth and I are standing

2626
02:06:57,790 --> 02:06:54,360
there and we see this

2627
02:07:02,570 --> 02:07:01,070
and and and and and so we took the

2628
02:07:03,250 --> 02:07:02,580
selfie

2629
02:07:08,030 --> 02:07:03,260
um

2630
02:07:11,990 --> 02:07:08,040
Elizabeth what what's going on we're

2631
02:07:14,330 --> 02:07:12,000
talking about a pharaoh a statue that is

2632
02:07:20,510 --> 02:07:14,340
carved by an artisan

2633
02:07:23,750 --> 02:07:20,520
and it looks to me that uh Akhenaten is

2634
02:07:25,609 --> 02:07:23,760
pulling down right there pulling down

2635
02:07:29,629 --> 02:07:25,619
his top

2636
02:07:32,570 --> 02:07:29,639
and exposing his boob right now the

2637
02:07:38,290 --> 02:07:32,580
other one's covered right but on this

2638
02:07:43,070 --> 02:07:40,790

what's happening there and you know what

2639

02:07:45,890 --> 02:07:43,080

I you remember as we walked around and

2640

02:07:50,030 --> 02:07:45,900

we're looking at it and uh got all of

2641

02:07:52,970 --> 02:07:50,040

the angles in and uh but uh what what's

2642

02:07:54,609 --> 02:07:52,980

going on uh with that I'm just gonna say

2643

02:07:58,129 --> 02:07:54,619

it there's a nipple

2644

02:08:00,649 --> 02:07:58,139

that's exposed and it's ten foot tall

2645

02:08:02,870 --> 02:08:00,659

too as well yeah

2646

02:08:05,330 --> 02:08:02,880

yeah that was a very I was very taken

2647

02:08:09,050 --> 02:08:05,340

back the first time I saw it last year I

2648

02:08:12,350 --> 02:08:09,060

I was like very very feminine feminine

2649

02:08:14,649 --> 02:08:12,360

body it was a woman's body that guy over

2650

02:08:17,750 --> 02:08:14,659

there has a woman's body what's going on

2651
02:08:18,830 --> 02:08:17,760
and then I yeah this last time that we

2652
02:08:20,209 --> 02:08:18,840
weren't together when we took that

2653
02:08:22,370 --> 02:08:20,219
picture was the first time I noticed the

2654
02:08:24,550 --> 02:08:22,380
nipple so I

2655
02:08:29,330 --> 02:08:24,560
still

2656
02:08:33,290 --> 02:08:29,340
I know right that's what

2657
02:08:36,589 --> 02:08:33,300
um uh so much has been made of uh

2658
02:08:39,470 --> 02:08:36,599
Akhenaten over the years look he uh

2659
02:08:43,609 --> 02:08:39,480
attempted to it was short-lived but he

2660
02:08:45,229 --> 02:08:43,619
attempted to uh uh you know bring a new

2661
02:08:48,169 --> 02:08:45,239
Egypt together that you know get the

2662
02:08:49,629 --> 02:08:48,179
priest out and and

2663
02:08:53,750 --> 02:08:49,639

um

2664

02:08:56,089 --> 02:08:53,760

one God right the Sun God and and and

2665

02:09:00,350 --> 02:08:56,099

build a new capital city of course he

2666

02:09:05,870 --> 02:09:00,360

was his wife was a Nefertiti and

2667

02:09:08,330 --> 02:09:05,880

um upsets uh the establishment of 1500

2668

02:09:11,570 --> 02:09:08,340

years of practice of the priest at the

2669

02:09:15,229 --> 02:09:11,580

temples making money right this this was

2670

02:09:16,669 --> 02:09:15,239

uh uh this was a lifestyle for the

2671

02:09:21,830 --> 02:09:16,679

priest

2672

02:09:24,050 --> 02:09:21,840

um and and uh what a way of making uh a

2673

02:09:27,109 --> 02:09:24,060

living and and getting rich so we

2674

02:09:28,609 --> 02:09:27,119

understand that part of Akhenaten nobody

2675

02:09:31,010 --> 02:09:28,619

talks about

2676

02:09:33,770 --> 02:09:31,020

this

2677

02:09:36,709 --> 02:09:33,780

that right there why do you think that

2678

02:09:38,870 --> 02:09:36,719

dude you can look at you said it

2679

02:09:41,870 --> 02:09:38,880

yourself look at the hips the tummy

2680

02:09:42,830 --> 02:09:41,880

right the shape

2681

02:09:46,070 --> 02:09:42,840

um

2682

02:09:51,310 --> 02:09:46,080

was akhanan a woman

2683

02:09:55,310 --> 02:09:51,320

and I alien alien alien buddy

2684

02:09:56,870 --> 02:09:55,320

man face head

2685

02:10:00,050 --> 02:09:56,880

um

2686

02:10:02,629 --> 02:10:00,060

I mean I could not had kids right yeah

2687

02:10:05,470 --> 02:10:02,639

that's like crazy a lot of kids yeah

2688

02:10:10,010 --> 02:10:05,480

this he had five yeah yeah

2689

02:10:11,330 --> 02:10:10,020

so what I I I'm I I was talking to Jay

2690

02:10:14,450 --> 02:10:11,340

Weidner

2691

02:10:16,609 --> 02:10:14,460

and I sent him uh these pictures uh that

2692

02:10:18,470 --> 02:10:16,619

you and I took together and he goes

2693

02:10:22,490 --> 02:10:18,480

you're right it's right there I said hey

2694

02:10:26,450 --> 02:10:22,500

I'm telling you and Jay said uh I'm

2695

02:10:29,030 --> 02:10:26,460

gonna have to uh reassess all of this I

2696

02:10:30,770 --> 02:10:29,040

I don't know what to to make of this we

2697

02:10:34,910 --> 02:10:30,780

all knew about it you know the shape of

2698

02:10:37,669 --> 02:10:34,920

his head and and and and the uh you know

2699

02:10:39,649 --> 02:10:37,679

the elongated skull and and and and the

2700

02:10:42,589 --> 02:10:39,659

you know and he always had these

2701

02:10:45,350 --> 02:10:42,599

pronounced hips but nobody

2702

02:10:48,229 --> 02:10:45,360

um has talked about this before and and

2703

02:10:49,729 --> 02:10:48,239

I just don't get it there's there is

2704

02:10:51,950 --> 02:10:49,739

something

2705

02:10:55,729 --> 02:10:51,960

I don't think

2706

02:11:00,290 --> 02:10:55,739

that Akhenaten disapproved of this

2707

02:11:02,450 --> 02:11:00,300

statue this takes months to carve yeah

2708

02:11:05,750 --> 02:11:02,460

right and you're posing for it it's done

2709

02:11:08,689 --> 02:11:05,760

with intention and with his approval

2710

02:11:10,370 --> 02:11:08,699

right

2711

02:11:12,530 --> 02:11:10,380

another way to look at it I don't think

2712

02:11:14,330 --> 02:11:12,540

there is no I really think that's just

2713

02:11:15,290 --> 02:11:14,340

the way he looked and he was okay with

2714

02:11:20,089 --> 02:11:15,300

it

2715

02:11:22,010 --> 02:11:20,099

normal maybe there were more hymns

2716

02:11:25,490 --> 02:11:22,020

walking around

2717

02:11:31,669 --> 02:11:25,500

uh I don't know baffled

2718

02:11:33,530 --> 02:11:31,679

yeah there's so many uh uh Egypt is full

2719

02:11:36,530 --> 02:11:33,540

of secrets yeah

2720

02:11:39,050 --> 02:11:36,540

right Egypt is full of secrets and the

2721

02:11:41,089 --> 02:11:39,060

more that we look the more questions

2722

02:11:42,470 --> 02:11:41,099

that we have

2723

02:11:45,770 --> 02:11:42,480

um I'm trying to get these questions

2724

02:11:48,350 --> 02:11:45,780

answered but when you when you tour

2725

02:11:50,390 --> 02:11:48,360

Egypt you've done this you know this is

2726

02:11:52,970 --> 02:11:50,400

my first time over there

2727

02:11:55,330 --> 02:11:52,980

um you you find out very very quickly

2728

02:11:59,390 --> 02:11:55,340

that there we're talking about

2729

02:12:03,229 --> 02:11:59,400

thousands and thousands of years of

2730

02:12:05,390 --> 02:12:03,239

maturity of growth of understanding of

2731

02:12:08,030 --> 02:12:05,400

understanding the mind of understanding

2732

02:12:11,689 --> 02:12:08,040

spirituality of understanding what it is

2733

02:12:14,830 --> 02:12:11,699

to be human and the rest of the world is

2734

02:12:18,109 --> 02:12:14,840

way behind Egypt

2735

02:12:19,669 --> 02:12:18,119

yeah yeah I think our our we've just I

2736

02:12:21,709 --> 02:12:19,679

feel like we might have lost our way

2737

02:12:24,290 --> 02:12:21,719

along the line all of this conditioning

2738

02:12:26,390 --> 02:12:24,300

that we have endured

2739

02:12:28,790 --> 02:12:26,400

um and generation after generation and

2740

02:12:31,129 --> 02:12:28,800

the trauma that that we've helped within

2741

02:12:33,890 --> 02:12:31,139

our bodies within our minds and then it

2742

02:12:37,370 --> 02:12:33,900

expels onto people as generational

2743

02:12:40,430 --> 02:12:37,380

trauma and we've really gotten away from

2744

02:12:43,310 --> 02:12:40,440

from our centers which is a divine

2745

02:12:45,770 --> 02:12:43,320

nature that all of us has we we all have

2746

02:12:47,570 --> 02:12:45,780

that we all have the power within us to

2747

02:12:50,390 --> 02:12:47,580

create and live our best lives without

2748

02:12:53,990 --> 02:12:50,400

trauma without stress without drama but

2749

02:12:55,850 --> 02:12:54,000

as we've lost our way and uh it's my

2750

02:12:58,550 --> 02:12:55,860

intention I know your intention to

2751

02:13:01,490 --> 02:12:58,560

really help people find that power

2752

02:13:04,490 --> 02:13:01,500

within themselves again and that's what

2753

02:13:06,770 --> 02:13:04,500

I hope to do with everything I do so all

2754

02:13:10,129 --> 02:13:06,780

right I wanted to ask you

2755

02:13:13,490 --> 02:13:10,139

um you you did a post personally you and

2756

02:13:15,050 --> 02:13:13,500

I have talked about this a lot uh uh uh

2757

02:13:19,250 --> 02:13:15,060

of the last last year a year and a half

2758

02:13:20,450 --> 02:13:19,260

but you did a post the other day about

2759

02:13:22,910 --> 02:13:20,460

um

2760

02:13:25,149 --> 02:13:22,920

finding the energy

2761

02:13:28,609 --> 02:13:25,159

I'm paraphrasing here

2762

02:13:32,390 --> 02:13:28,619

to cut negative people out of your life

2763

02:13:35,450 --> 02:13:32,400

yeah that that is one of the most

2764

02:13:36,830 --> 02:13:35,460

fundamental things that you can do for

2765

02:13:40,510 --> 02:13:36,840

yourself

2766

02:13:43,910 --> 02:13:40,520

is to do that and that that's a profound

2767

02:13:46,910 --> 02:13:43,920

statement and and I think that a lot of

2768

02:13:50,870 --> 02:13:46,920

people are afraid of you know what they

2769

02:13:55,430 --> 02:13:50,880

would call a friendship right or or the

2770

02:13:59,270 --> 02:13:55,440

the excuse of uh putting up with and

2771

02:14:02,030 --> 02:13:59,280

allowing negativity uh to surround you

2772

02:14:03,709 --> 02:14:02,040

but it is probably the most fundamental

2773

02:14:07,010 --> 02:14:03,719

important thing that you can do isn't it

2774

02:14:09,410 --> 02:14:07,020

yeah absolutely absolutely because it's

2775

02:14:11,990 --> 02:14:09,420

not only on a mental level when people

2776

02:14:14,689 --> 02:14:12,000

are are like that they're very negative

2777

02:14:17,569 --> 02:14:14,699

energy vampires is what I call them

2778

02:14:21,169 --> 02:14:17,579

um and they they pull on your energy you

2779

02:14:23,030 --> 02:14:21,179

feel bogged down but literally their

2780

02:14:26,089 --> 02:14:23,040

stress hormones

2781

02:14:28,550 --> 02:14:26,099

come on to you you they travel through

2782

02:14:30,649 --> 02:14:28,560

waves in the air and you they hit your

2783

02:14:32,810 --> 02:14:30,659

physical body they hit your energy you

2784

02:14:35,270 --> 02:14:32,820

can literally feel it inside your body

2785

02:14:36,830 --> 02:14:35,280

when someone is stressed negative going

2786

02:14:39,530 --> 02:14:36,840

through things you can feel that if

2787

02:14:41,270 --> 02:14:39,540

you're if you're connected right and and

2788

02:14:43,729 --> 02:14:41,280

it's it's just

2789

02:14:46,250 --> 02:14:43,739

you gotta just love people from a

2790

02:14:49,010 --> 02:14:46,260

distance sometimes and I have to let a

2791

02:14:50,629 --> 02:14:49,020

lot of my old friends go because it's

2792

02:14:54,050 --> 02:14:50,639

just I I'm trying to be on this

2793

02:14:56,689 --> 02:14:54,060

enlightened light path and a lot of my

2794

02:14:59,870 --> 02:14:56,699

friends were still on their same

2795

02:15:02,030 --> 02:14:59,880

frequency same negative path right they

2796

02:15:04,609 --> 02:15:02,040

were kind of pulling on on my energy and

2797

02:15:07,669 --> 02:15:04,619

it's not that I I don't like my friends

2798

02:15:09,770 --> 02:15:07,679

I love my friends but I love them from a

2799

02:15:11,569 --> 02:15:09,780

distance now I just can't spend high

2800

02:15:13,010 --> 02:15:11,579

quality amounts of time with people that

2801
02:15:15,890 --> 02:15:13,020
are pulling on me all the time because

2802
02:15:18,290 --> 02:15:15,900
in order for me to be my best self the

2803
02:15:20,810 --> 02:15:18,300
best mom I can be the best woman I can

2804
02:15:24,229 --> 02:15:20,820
be to my man the best friend I can be to

2805
02:15:27,109 --> 02:15:24,239
to my my friends and family I I have to

2806
02:15:29,330 --> 02:15:27,119
have that space for myself I have to

2807
02:15:31,609 --> 02:15:29,340
feel whole complete and loved Within

2808
02:15:33,649 --> 02:15:31,619
Myself and I can't do that when I have

2809
02:15:36,649 --> 02:15:33,659
the negativity surrounding me it's

2810
02:15:38,030 --> 02:15:36,659
impossible it's impossible so I choose

2811
02:15:41,990 --> 02:15:38,040
distance

2812
02:15:43,550 --> 02:15:42,000
I think that and this is my own personal

2813
02:15:48,729 --> 02:15:43,560

experience

2814

02:15:50,450 --> 02:15:48,739

uh the way that I view things it's not

2815

02:15:53,830 --> 02:15:50,460

inherited

2816

02:15:58,669 --> 02:15:53,840

I don't think that this comes from

2817

02:16:02,810 --> 02:15:58,679

uh uh your parents or you know that it's

2818

02:16:05,390 --> 02:16:02,820

part of your DNA or no I I because I can

2819

02:16:08,750 --> 02:16:05,400

look at my own siblings and see the

2820

02:16:11,750 --> 02:16:08,760

differences from all of us and who I no

2821

02:16:13,870 --> 02:16:11,760

I I this is something that you need to

2822

02:16:18,589 --> 02:16:13,880

do for yourself

2823

02:16:21,890 --> 02:16:18,599

uh and and and don't make excuses uh I I

2824

02:16:24,350 --> 02:16:21,900

think that excuses well you know you

2825

02:16:26,390 --> 02:16:24,360

know the man is holding me back my

2826

02:16:30,890 --> 02:16:26,400

parents did them you know the the

2827

02:16:33,410 --> 02:16:30,900

childhood Trump that's all excuses I

2828

02:16:35,690 --> 02:16:33,420

agree it's it's you know what I mean and

2829

02:16:38,209 --> 02:16:35,700

it frustrates me when I hear people say

2830

02:16:40,549 --> 02:16:38,219

that I'm like man you need you need to

2831

02:16:44,990 --> 02:16:40,559

look at yourself it all comes from

2832

02:16:49,129 --> 02:16:45,000

within because we all have those stories

2833

02:16:52,009 --> 02:16:49,139

right we've all got drama that we have

2834

02:16:55,610 --> 02:16:52,019

dealt with absolutely we all do right

2835

02:16:58,310 --> 02:16:55,620

it's it's how you choose to make your

2836

02:17:02,209 --> 02:16:58,320

life uh not only choices your life's

2837

02:17:05,629 --> 02:17:02,219

choices but to not have excuses do not

2838

02:17:08,570 --> 02:17:05,639

point fingers no the only person to

2839

02:17:14,389 --> 02:17:08,580

blame is yourself yeah I agree one

2840

02:17:18,410 --> 02:17:16,490

I mean I try to really be empathetic

2841

02:17:20,089 --> 02:17:18,420

towards people that are going through

2842

02:17:21,950 --> 02:17:20,099

things and have that victim mentality

2843

02:17:24,410 --> 02:17:21,960

and always blame other people and other

2844

02:17:26,509 --> 02:17:24,420

things because they just don't know they

2845

02:17:28,910 --> 02:17:26,519

just don't know and honestly their

2846

02:17:30,770 --> 02:17:28,920

bodies you can actually get your

2847

02:17:33,310 --> 02:17:30,780

physical body will get addicted to these

2848

02:17:35,929 --> 02:17:33,320

stress hormones so you will create drama

2849

02:17:38,629 --> 02:17:35,939

unconsciously just so your body can get

2850

02:17:40,429 --> 02:17:38,639

that hit of cortisol that you want that

2851

02:17:42,889 --> 02:17:40,439

you're unconsciously needing so it's

2852

02:17:46,790 --> 02:17:42,899

almost a cycle and it's very difficult

2853

02:17:49,429 --> 02:17:46,800

to break so I try not to look down on

2854

02:17:51,169 --> 02:17:49,439

people that are in that victim mentality

2855

02:17:53,750 --> 02:17:51,179

or that are negative people because

2856

02:17:56,929 --> 02:17:53,760

those negative thought patterns are very

2857

02:17:59,870 --> 02:17:56,939

very hard to break so it takes a very

2858

02:18:03,169 --> 02:17:59,880

strong being and a very determined being

2859

02:18:05,270 --> 02:18:03,179

to be able to get over those humps and

2860

02:18:08,690 --> 02:18:05,280

really reach the other side of power

2861

02:18:10,610 --> 02:18:08,700

it's not fun it's not fun dealing with

2862

02:18:12,830 --> 02:18:10,620

your trauma and going through these

2863

02:18:14,870 --> 02:18:12,840

things and feeling your emotions and and

2864

02:18:19,070 --> 02:18:14,880

doing the shadow work it's not

2865

02:18:21,530 --> 02:18:19,080

fun but on the other side is amazing the

2866

02:18:24,110 --> 02:18:21,540

the energy and the the manifestations

2867

02:18:26,509 --> 02:18:24,120

and the life that you can create for

2868

02:18:30,969 --> 02:18:26,519

yourself after dealing with your stuff

2869

02:18:32,650 --> 02:18:30,979

yes I mean it's magical I literally

2870

02:18:36,230 --> 02:18:32,660

here's this

2871

02:18:38,209 --> 02:18:36,240

I mean the thing if you're

2872

02:18:40,190 --> 02:18:38,219

if you're you know you know doing the

2873

02:18:42,230 --> 02:18:40,200

blame game you know and and pointing

2874

02:18:44,750 --> 02:18:42,240

fingers in this victim mentality people

2875

02:18:47,330 --> 02:18:44,760

aren't attracted to that no you take

2876
02:18:49,549 --> 02:18:47,340
your power away if you aren't attracted

2877
02:18:51,830 --> 02:18:49,559
to you you want to surround yourself

2878
02:18:55,310 --> 02:18:51,840
with people that

2879
02:18:58,490 --> 02:18:55,320
um uh are are are positive that are

2880
02:19:00,889 --> 02:18:58,500
going to support you uh that uh are

2881
02:19:02,509 --> 02:19:00,899
gonna laugh with you and and all but

2882
02:19:05,209 --> 02:19:02,519
you're not going to have that support

2883
02:19:07,129 --> 02:19:05,219
group around you if you're just

2884
02:19:09,410 --> 02:19:07,139
complaining and blaming and pointing

2885
02:19:11,209 --> 02:19:09,420
fingers and why me and and this and this

2886
02:19:13,910 --> 02:19:11,219
is what you know I'm being held back

2887
02:19:16,330 --> 02:19:13,920
because of this because nobody wants to

2888
02:19:20,389 --> 02:19:16,340

hang out with you

2889

02:19:22,549 --> 02:19:20,399

nobody wants that you know and it's it's

2890

02:19:26,030 --> 02:19:22,559

it's it's it's so funny to me it's

2891

02:19:28,009 --> 02:19:26,040

frustrating when when I have to uh

2892

02:19:30,889 --> 02:19:28,019

listen to somebody and I've got to come

2893

02:19:33,169 --> 02:19:30,899

back with man you know what this really

2894

02:19:36,169 --> 02:19:33,179

isn't my thing this this isn't my kind

2895

02:19:40,310 --> 02:19:36,179

of conversation I don't give advice no I

2896

02:19:43,429 --> 02:19:40,320

I I do I do on the radio right but I

2897

02:19:45,469 --> 02:19:43,439

won't do that in a conversation I want

2898

02:19:48,049 --> 02:19:45,479

to upset myself I don't want to upset

2899

02:19:49,550 --> 02:19:48,059

them I'll just stop it and just go you

2900

02:19:51,650 --> 02:19:49,560

know what I gotta go I've got I got

2901

02:19:53,389 --> 02:19:51,660

another call I've got I got to do this

2902

02:19:56,330 --> 02:19:53,399

but I I can't engage in that

2903

02:19:59,090 --> 02:19:56,340

conversation it just it just it

2904

02:20:00,410 --> 02:19:59,100

frustrates me it's exhausting it's

2905

02:20:02,630 --> 02:20:00,420

exhausting and then you walk away

2906

02:20:05,150 --> 02:20:02,640

feeling

2907

02:20:06,770 --> 02:20:05,160

and exhausted like I sometimes have to

2908

02:20:09,190 --> 02:20:06,780

go take naps after healing hearing

2909

02:20:12,770 --> 02:20:09,200

people vent it's like

2910

02:20:14,929 --> 02:20:12,780

I need a nap like I can't I mean it's

2911

02:20:17,690 --> 02:20:14,939

it's exhausting so you can't you can't

2912

02:20:18,830 --> 02:20:17,700

expect to be successful and happy all

2913

02:20:20,810 --> 02:20:18,840

the time when you're surrounding

2914

02:20:23,510 --> 02:20:20,820

yourself with people like that or when

2915

02:20:25,070 --> 02:20:23,520

you are a person like that because you

2916

02:20:28,130 --> 02:20:25,080

really you take away your own power

2917

02:20:30,590 --> 02:20:28,140

you're telling the universe that it's

2918

02:20:32,510 --> 02:20:30,600

because of this outside thing that this

2919

02:20:34,490 --> 02:20:32,520

is happening to me that's that's

2920

02:20:36,110 --> 02:20:34,500

literally telling the Universe I have no

2921

02:20:38,090 --> 02:20:36,120

power everything outside of me is

2922

02:20:39,710 --> 02:20:38,100

controlling everything that I'm doing my

2923

02:20:43,010 --> 02:20:39,720

power is gone I'm just letting things

2924

02:20:45,349 --> 02:20:43,020

happen to me no no I control what

2925

02:20:48,290 --> 02:20:45,359

happens to me I control my life I

2926
02:20:50,090 --> 02:20:48,300
control my mood my energy everything I

2927
02:20:53,510 --> 02:20:50,100
am in control because I have the power

2928
02:20:56,090 --> 02:20:53,520
to create whatever I want so that I

2929
02:20:57,469 --> 02:20:56,100
carry that I feel that deeply and

2930
02:20:58,790 --> 02:20:57,479
because I've done the shadow work

2931
02:21:01,610 --> 02:20:58,800
because I've dealt with a lot of my

2932
02:21:04,309 --> 02:21:01,620
trauma and everything I I'm able to say

2933
02:21:06,770 --> 02:21:04,319
that and mean it and minutes from the

2934
02:21:10,610 --> 02:21:06,780
bottom of my soul I can feel it I can

2935
02:21:13,490 --> 02:21:10,620
feel my power and I mean what's

2936
02:21:15,650 --> 02:21:13,500
manifested for me in my life is magical

2937
02:21:17,330 --> 02:21:15,660
since I started doing the work and

2938
02:21:19,010 --> 02:21:17,340

getting away from those negative thought

2939

02:21:21,590 --> 02:21:19,020

patterns getting away from the energy

2940

02:21:25,190 --> 02:21:21,600

vampires it's just I've seen my life

2941

02:21:27,530 --> 02:21:25,200

take a complete 180 change and it's

2942

02:21:29,230 --> 02:21:27,540

amazing and I'm grateful for it every

2943

02:21:33,590 --> 02:21:29,240

single day

2944

02:21:36,590 --> 02:21:33,600

the um uh going back to Egypt for a

2945

02:21:39,050 --> 02:21:36,600

second we got

2946

02:21:41,210 --> 02:21:39,060

Ronald's about 80 people

2947

02:21:44,809 --> 02:21:41,220

right all all-inclusive every you know

2948

02:21:46,490 --> 02:21:44,819

the the team and and then of course uh

2949

02:21:49,550 --> 02:21:46,500

everybody that came along with us that's

2950

02:21:51,050 --> 02:21:49,560

a pretty large group of people we set

2951
02:21:54,590 --> 02:21:51,060
the tone

2952
02:21:56,690 --> 02:21:54,600
from the very first night absolutely and

2953
02:21:58,330 --> 02:21:56,700
the

2954
02:22:04,070 --> 02:21:58,340
um and I remember

2955
02:22:05,929 --> 02:22:04,080
uh Billy and I uh when we went from

2956
02:22:08,270 --> 02:22:05,939
table to table to table greeted

2957
02:22:13,010 --> 02:22:08,280
everybody introdu right to everybody

2958
02:22:16,130 --> 02:22:13,020
there it got everybody else together and

2959
02:22:18,969 --> 02:22:16,140
suddenly from that very first night I

2960
02:22:22,969 --> 02:22:18,979
was watching these friendships manifest

2961
02:22:40,270 --> 02:22:22,979
and so were you right we went through 10

2962
02:22:44,690 --> 02:22:42,889
but but nothing

2963
02:22:46,309 --> 02:22:44,700

nothing happened

2964

02:22:48,590 --> 02:22:46,319

I couldn't have asked for a better group

2965

02:22:49,849 --> 02:22:48,600

I was a little nervous okay I was like

2966

02:22:51,830 --> 02:22:49,859

oh there's a lot of people there's

2967

02:22:53,630 --> 02:22:51,840

always a bad apple there's always drama

2968

02:22:56,090 --> 02:22:53,640

there's always things I don't want to

2969

02:22:57,889 --> 02:22:56,100

have to deal with the drama and I'm like

2970

02:23:00,230 --> 02:22:57,899

but that's gonna be on me because Billy

2971

02:23:03,050 --> 02:23:00,240

is the host and I'm like you know ah so

2972

02:23:05,570 --> 02:23:03,060

I was nervous I was nervous about it to

2973

02:23:08,690 --> 02:23:05,580

my surprise literally everybody they

2974

02:23:11,510 --> 02:23:08,700

were so pleasant I I love I I really

2975

02:23:13,490 --> 02:23:11,520

look at them like family I'm so excited

2976
02:23:15,530 --> 02:23:13,500
to meet back up with those people I feel

2977
02:23:17,990 --> 02:23:15,540
like they're family because they were

2978
02:23:20,389 --> 02:23:18,000
just I mean it was exhausting sleep

2979
02:23:23,990 --> 02:23:20,399
deprivation exhaustion physical

2980
02:23:26,630 --> 02:23:24,000
exhaustion and still still everybody had

2981
02:23:29,230 --> 02:23:26,640
a beautiful amazing and positive

2982
02:23:31,910 --> 02:23:29,240
attitude and it just made the trip so

2983
02:23:34,370 --> 02:23:31,920
life-changing and we're still

2984
02:23:35,770 --> 02:23:34,380
and the group is still together too as

2985
02:23:40,010 --> 02:23:35,780
well

2986
02:23:42,770 --> 02:23:40,020
we're all uh you know we're all just a a

2987
02:23:47,389 --> 02:23:42,780
family now but but the the point being

2988
02:23:50,389 --> 02:23:47,399

that there was Zero negativity right at

2989

02:23:53,210 --> 02:23:50,399

that part of it if anything whatever

2990

02:23:56,809 --> 02:23:53,220

that stuff was left at the door it was

2991

02:23:58,510 --> 02:23:56,819

such a positive uh experience and that

2992

02:24:02,090 --> 02:23:58,520

it's because you're surrounding yourself

2993

02:24:05,030 --> 02:24:02,100

with positive people and that's the best

2994

02:24:07,010 --> 02:24:05,040

example that I can give to everybody is

2995

02:24:09,110 --> 02:24:07,020

that you know what one bad little thing

2996

02:24:12,349 --> 02:24:09,120

could have ruined it for everybody very

2997

02:24:15,469 --> 02:24:12,359

quickly and we've also happen

2998

02:24:18,469 --> 02:24:15,479

um but not no no not on this trip that

2999

02:24:19,270 --> 02:24:18,479

was amazing yeah yeah those people are

3000

02:24:23,690 --> 02:24:19,280

moving

3001

02:24:27,050 --> 02:24:23,700

now uh I want to uh address something

3002

02:24:29,570 --> 02:24:27,060

that I've been trying to tell people

3003

02:24:31,910 --> 02:24:29,580

um on this program I've I there were two

3004

02:24:34,370 --> 02:24:31,920

things there was a hundred but there

3005

02:24:37,250 --> 02:24:34,380

were two things that blew my mind uh the

3006

02:24:39,710 --> 02:24:37,260

most uh about Egypt yeah the temples the

3007

02:24:43,490 --> 02:24:39,720

purpose of the end of the history okay

3008

02:24:46,309 --> 02:24:43,500

yeah okay but that's expected let me

3009

02:24:47,750 --> 02:24:46,319

tell you what was unexpected for me two

3010

02:24:51,250 --> 02:24:47,760

things

3011

02:24:57,110 --> 02:24:51,260

the size of Cairo

3012

02:25:00,770 --> 02:24:57,120

I was not prepared for that all right

3013

02:25:03,349 --> 02:25:00,780

but that being said

3014

02:25:06,170 --> 02:25:03,359

it was the people of Egypt

3015

02:25:09,950 --> 02:25:06,180

the people of Cairo the people of all

3016

02:25:13,849 --> 02:25:09,960

the cities and towns that we visited you

3017

02:25:16,330 --> 02:25:13,859

know of every segment of society

3018

02:25:20,830 --> 02:25:16,340

had a smile on their face

3019

02:25:28,010 --> 02:25:24,130

you you have to experience that I mean

3020

02:25:30,950 --> 02:25:28,020

everybody everywhere

3021

02:25:34,370 --> 02:25:30,960

was happy welcoming they were very

3022

02:25:36,710 --> 02:25:34,380

welcoming you remember when uh we're out

3023

02:25:40,309 --> 02:25:36,720

in the middle of the desert we're out in

3024

02:25:44,750 --> 02:25:40,319

the middle of nowhere driving and you're

3025

02:25:46,389 --> 02:25:44,760

watching Everybody in the village run to

3026

02:25:49,309 --> 02:25:46,399

the street

3027

02:25:52,010 --> 02:25:49,319

yeah those kids oh that was that was

3028

02:25:56,410 --> 02:25:52,020

that was heart-wrenching oh my gosh they

3029

02:25:59,570 --> 02:25:56,420

were so happy so happy so and and and

3030

02:26:03,170 --> 02:25:59,580

I came away from that and I'm trying to

3031

02:26:07,309 --> 02:26:03,180

express this to everybody to experience

3032

02:26:11,630 --> 02:26:07,319

that every inch of the journey right it

3033

02:26:15,130 --> 02:26:11,640

was it was everywhere the size of Cairo

3034

02:26:18,950 --> 02:26:15,140

up you know 30 million people 30 million

3035

02:26:21,170 --> 02:26:18,960

smiling faces it was it was a crazy

3036

02:26:25,070 --> 02:26:21,180

thing to experience Elizabeth and

3037

02:26:28,790 --> 02:26:25,080

something that I I came away uh from

3038

02:26:32,690 --> 02:26:28,800

Egypt with a very profound uh change in

3039

02:26:35,330 --> 02:26:32,700

my view of humanity the happiness of the

3040

02:26:37,070 --> 02:26:35,340

culture there yeah yeah I feel like in

3041

02:26:39,830 --> 02:26:37,080

in this Western culture we've gotten a

3042

02:26:44,450 --> 02:26:42,230

the amenities that we have over here I

3043

02:26:47,410 --> 02:26:44,460

mean they have a pretty difficult

3044

02:26:51,410 --> 02:26:47,420

time over there I mean you saw the the

3045

02:26:54,170 --> 02:26:51,420

you saw the city and the the status of

3046

02:26:56,330 --> 02:26:54,180

of the buildings and the crumbling

3047

02:26:58,610 --> 02:26:56,340

buildings I'm talking no electricity no

3048

02:27:01,190 --> 02:26:58,620

toilets you know it's it's not the best

3049

02:27:03,469 --> 02:27:01,200

conditions to to live in you have these

3050

02:27:05,750 --> 02:27:03,479

tiny little baby kids working on these

3051
02:27:07,790 --> 02:27:05,760
hot oven stoves and sweeping and doing

3052
02:27:09,889 --> 02:27:07,800
these hard labor jobs and it's it's

3053
02:27:12,170 --> 02:27:09,899
really amazing to watch with good

3054
02:27:13,490 --> 02:27:12,180
attitudes right and then you come to

3055
02:27:15,830 --> 02:27:13,500
America and we just have it a little

3056
02:27:18,889 --> 02:27:15,840
different over here we've gotten spoiled

3057
02:27:21,770 --> 02:27:18,899
and we've gotten entitled and I would

3058
02:27:23,090 --> 02:27:21,780
advise everybody just take a trip take a

3059
02:27:25,429 --> 02:27:23,100
trip around the world go to a third

3060
02:27:28,370 --> 02:27:25,439
world country see how they live and then

3061
02:27:30,650 --> 02:27:28,380
go back home you you'll be much more

3062
02:27:35,170 --> 02:27:30,660
grateful yeah find the reason to

3063
02:27:35,180 --> 02:27:40,630

no no no no no no no no no no

3064

02:27:48,950 --> 02:27:44,929

it was just absolutely incredible uh to

3065

02:27:51,469 --> 02:27:48,960

experience that and again thank you uh

3066

02:27:54,710 --> 02:27:51,479

for inviting me and of course Billy and

3067

02:27:58,250 --> 02:27:54,720

and for being such gracious host uh it

3068

02:27:59,990 --> 02:27:58,260

was it was a paradigm shift for me and

3069

02:28:03,830 --> 02:28:00,000

uh it was absolutely incredible along

3070

02:28:05,389 --> 02:28:03,840

with the grounding and as soon as this

3071

02:28:08,330 --> 02:28:05,399

show ends

3072

02:28:14,690 --> 02:28:11,990

getting hooked up I I I just thank you

3073

02:28:18,530 --> 02:28:14,700

Elizabeth now uh you can pre-order the

3074

02:28:21,230 --> 02:28:18,540

book now I was watching the chat and my

3075

02:28:22,969 --> 02:28:21,240

email uh where can where can I get the

3076

02:28:25,690 --> 02:28:22,979

book I want to know more about grounding

3077

02:28:28,969 --> 02:28:25,700

look the links are below click on it

3078

02:28:30,770 --> 02:28:28,979

Elizabeth's website is there uh where to

3079

02:28:33,010 --> 02:28:30,780

order the book and all of that uh

3080

02:28:36,250 --> 02:28:33,020

there's a discount right now too as well

3081

02:28:39,410 --> 02:28:36,260

so uh just go click on the links

3082

02:28:41,349 --> 02:28:39,420

grounding will change your life it's

3083

02:28:42,969 --> 02:28:41,359

it's absolutely incredible Elizabeth

3084

02:28:49,429 --> 02:28:42,979

congratulations

3085

02:28:51,830 --> 02:28:49,439

thank you I'm really happy life is good

3086

02:28:53,929 --> 02:28:51,840

it was a good day uh tell Billy I'll

3087

02:28:55,730 --> 02:28:53,939

call him tomorrow

3088

02:29:00,170 --> 02:28:55,740

have a great night have a great

3089

02:29:01,969 --> 02:29:00,180

grounding dream filled night and uh I

3090

02:29:06,290 --> 02:29:01,979

know that you're just gonna be smiling

3091

02:29:07,730 --> 02:29:06,300

uh uh I just congratulations it's just

3092

02:29:09,469 --> 02:29:07,740

an incredible thing

3093

02:29:11,090 --> 02:29:09,479

thank you so much Jimmy and thanks for

3094

02:29:13,370 --> 02:29:11,100

having me it's always a pleasure

3095

02:29:16,130 --> 02:29:13,380

speaking and talking and and always

3096

02:29:17,690 --> 02:29:16,140

always I just love you so much so I'll

3097

02:29:20,050 --> 02:29:17,700

be right back and I'll see you soon

3098

02:29:23,510 --> 02:29:20,060

thank you so much

3099

02:29:25,610 --> 02:29:23,520

Elizabeth Hoekstra I'm going to take a

3100

02:29:28,969 --> 02:29:25,620

quick break now everybody the links are

3101

02:29:30,650 --> 02:29:28,979

below uh the book is in pre-order it's

3102

02:29:33,469 --> 02:29:30,660

going to be released in three weeks but

3103

02:29:35,570 --> 02:29:33,479

the links for that are below and the

3104

02:29:38,870 --> 02:29:35,580

earthing book uh that I was talking

3105

02:29:41,330 --> 02:29:38,880

about you can find that too as well and

3106

02:29:42,710 --> 02:29:41,340

uh there you go this is Fade to Black I

3107

02:29:44,450 --> 02:29:42,720

am your host Jimmy church I'm going to

3108

02:29:47,870 --> 02:29:44,460

thank Elizabeth congratulations

3109

02:29:50,330 --> 02:29:47,880

Elizabeth and Billy yeah she got the

3110

02:29:52,670 --> 02:29:50,340

hardware today absolutely incredible

3111

02:29:54,170 --> 02:29:52,680

this is Fade to Black I'm Yours Jimmy

3112

02:29:56,150 --> 02:29:54,180

church I'll be right back after the

3113

02:30:01,940 --> 02:29:56,160

short break stay with us

3114

02:30:18,250 --> 02:30:16,960

[Music]

3115

02:30:26,210 --> 02:30:18,260

[Applause]

3116

02:30:36,250 --> 02:30:28,670

you're listening to Chevy church and

3117

02:30:43,870 --> 02:30:38,929

here and you are listening to my boy

3118

02:30:46,969 --> 02:30:43,880

Jimmy Church on jimmychurch radio.com

3119

02:30:52,849 --> 02:30:51,349

reading a book will not make you smarter

3120

02:30:56,570 --> 02:30:52,859

you've been listening to Jimmy church

3121

02:30:59,809 --> 02:30:56,580

will I'll be the host in MC once again

3122

02:31:03,110 --> 02:30:59,819

this year for the 2023 conscious life

3123

02:31:06,050 --> 02:31:03,120

Expo February 10th through the 13th at

3124

02:31:08,870 --> 02:31:06,060

The Lax Hilton in Los Angeles California

3125

02:31:11,330 --> 02:31:08,880

this is a four day live event featuring

3126
02:31:13,429 --> 02:31:11,340
hundreds of speakers exhibitors and not

3127
02:31:16,070 --> 02:31:13,439
to miss special events check this out

3128
02:31:18,469 --> 02:31:16,080
Linda Moulton Howe Bashar Deborah King

3129
02:31:20,630 --> 02:31:18,479
Daniel Sheehan George Nori David wolf

3130
02:31:23,030 --> 02:31:20,640
Sean Stone Danny Brinkley Susan

3131
02:31:24,950 --> 02:31:23,040
Slaughter the Leo King David Palmer

3132
02:31:27,710 --> 02:31:24,960
Scott Walter and another 200

3133
02:31:31,309 --> 02:31:27,720
inspirational speakers special events

3134
02:31:34,790 --> 02:31:31,319
include a disclosure lunch with me Expos

3135
02:31:37,849 --> 02:31:34,800
Got Talent hosted by me a seance with

3136
02:31:40,429 --> 02:31:37,859
Susan Slaughter the George Nori forum

3137
02:31:43,490 --> 02:31:40,439
and the Leo King is going to DJ at a

3138
02:31:45,590 --> 02:31:43,500

dance party over 200 exhibitors over 200

3139

02:31:48,610 --> 02:31:45,600

speakers it's the biggest event of the

3140

02:31:50,809 --> 02:31:48,620

Year tickets are on sale now at

3141

02:31:52,910 --> 02:31:50,819

consciouslifeexpo.com for everything you

3142

02:31:54,910 --> 02:31:52,920

need in info tickets schedule and

3143

02:31:59,929 --> 02:31:54,920

speakers please visit

3144

02:32:04,969 --> 02:32:02,950

this is Billy Carson founder and CEO of

3145

02:32:07,309 --> 02:32:04,979

forbiddenknowledge.tv forbiddenknowledge

3146

02:32:08,990 --> 02:32:07,319

dot TV is the fastest growing in one of

3147

02:32:10,790 --> 02:32:09,000

the most watched networks in the world

3148

02:32:12,530 --> 02:32:10,800

and I would like to personally invite

3149

02:32:14,870 --> 02:32:12,540

you to check out our expanding library

3150

02:32:17,210 --> 02:32:14,880

of TV film lectures and special

3151
02:32:19,730 --> 02:32:17,220
presentations forbiddenknowledge dot TV

3152
02:32:22,550 --> 02:32:19,740
has over 6 000 videos covering lost

3153
02:32:24,110 --> 02:32:22,560
history Health UFOs spirituality and our

3154
02:32:26,450 --> 02:32:24,120
future we are committed to our community

3155
02:32:29,090 --> 02:32:26,460
and with my personal invitation you can

3156
02:32:30,309 --> 02:32:29,100
right now get your own free 30-day

3157
02:32:32,750 --> 02:32:30,319
membership at

3158
02:32:34,550 --> 02:32:32,760
forbiddenknowledge.tv your own library

3159
02:32:38,410 --> 02:32:34,560
of information starts today at

3160
02:32:44,510 --> 02:32:41,330
your one million gigawatt paranormal

3161
02:32:46,250 --> 02:32:44,520
Powerhouse kunxdb

3162
02:32:48,050 --> 02:32:46,260
the X

3163
02:32:50,690 --> 02:32:48,060

are you ready to read about true

3164

02:32:53,510 --> 02:32:50,700

paranormal events Unix media publishes

3165

02:32:55,969 --> 02:32:53,520

non-fiction books about UFOs ghosts and

3166

02:32:59,150 --> 02:32:55,979

haunted places time anomalies Cryptid

3167

02:33:01,490 --> 02:32:59,160

creatures and more just like kunxdb

3168

02:33:04,090 --> 02:33:01,500

radio it's all about unexplained

3169

02:33:06,410 --> 02:33:04,100

phenomena visit

3170

02:33:08,510 --> 02:33:06,420

www.unxmedia.com to see our list of

3171

02:33:11,090 --> 02:33:08,520

great book titles by Debbie ziegelmeyer

3172

02:33:13,670 --> 02:33:11,100

Gene Walker Devin listrum Wayne Lawrence

3173

02:33:17,590 --> 02:33:13,680

Bill Spicer and yours truly Margie K

3174

02:33:22,250 --> 02:33:20,150

introducing the game changer blend from

3175

02:33:24,590 --> 02:33:22,260

River Moon coffee that delivers a

3176

02:33:27,290 --> 02:33:24,600

customized blend made specifically for

3177

02:33:30,650 --> 02:33:27,300

the fader knots if the game is rigged

3178

02:33:33,410 --> 02:33:30,660

change the game it's a bolder cup with

3179

02:33:35,630 --> 02:33:33,420

some bite Game Changer is the coffee of

3180

02:33:38,030 --> 02:33:35,640

choice for those that prefer an organic

3181

02:33:41,450 --> 02:33:38,040

dark roast that is slightly lighter and

3182

02:33:43,969 --> 02:33:41,460

milder but it's still dark with wild

3183

02:33:46,490 --> 02:33:43,979

notes of pecans and chocolate with a

3184

02:33:48,650 --> 02:33:46,500

rich balanced full-bodied cup that is

3185

02:33:51,349 --> 02:33:48,660

roasted to Perfection for a great coffee

3186

02:33:54,830 --> 02:33:51,359

to start your day as an after dinner

3187

02:33:57,590 --> 02:33:54,840

coffee or anywhere in between Artisan

3188

02:33:59,929 --> 02:33:57,600

small batch roasted to Perfection USDA

3189

02:34:02,690 --> 02:33:59,939

certified organic all River Moon coffee

3190

02:34:05,389 --> 02:34:02,700

is freshly roasted and packaged in the

3191

02:34:07,429 --> 02:34:05,399

USA just go to rivermooncoffee.com or

3192

02:34:10,790 --> 02:34:07,439

click on the banners over on our site

3193

02:34:14,050 --> 02:34:10,800

and use the promo code f2b blend for 15

3194

02:34:15,849 --> 02:34:14,060

off of your order today

3195

02:34:18,710 --> 02:34:15,859

rivermooncoffee.com

3196

02:34:21,170 --> 02:34:18,720

are you intrigued by my paranormal talk

3197

02:34:24,110 --> 02:34:21,180

radio you'll love the new paranormal

3198

02:34:25,910 --> 02:34:24,120

radio app from talk stream live

3199

02:34:28,849 --> 02:34:25,920

you'll find a great selection of talk

3200

02:34:31,490 --> 02:34:28,859

shows covering UFOs ghosts strange

3201

02:34:33,710 --> 02:34:31,500

phenomena and much more download the

3202

02:34:35,750 --> 02:34:33,720

Paranormal radio app now and start

3203

02:34:37,849 --> 02:34:35,760

listening to the very best in paranormal

3204

02:34:39,889 --> 02:34:37,859

talk entertainment including the network

3205

02:34:42,710 --> 02:34:39,899

you're listening to right now the

3206

02:34:45,110 --> 02:34:42,720

Paranormal radio app free in Google Play

3207

02:34:51,270 --> 02:34:45,120

and the IOS app store

3208

02:34:56,870 --> 02:34:53,750

[Music]

3209

02:35:00,950 --> 02:34:56,880

it's not a lifestyle we chose we were

3210

02:35:04,070 --> 02:35:00,960

born this way this is kjcr at Jimmy's

3211

02:35:14,920 --> 02:35:05,440

foreign

3212

02:35:22,070 --> 02:35:17,510

[Music]

3213

02:35:27,250 --> 02:35:25,250

I thank Elizabeth Hoekstra dear friend

3214

02:35:30,230 --> 02:35:27,260

and

3215

02:35:32,349 --> 02:35:30,240

absolutely you know something that I I

3216

02:35:36,950 --> 02:35:32,359

have a tremendous amount of respect for

3217

02:35:38,150 --> 02:35:36,960

but uh we are friends and

3218

02:35:41,230 --> 02:35:38,160

[Music]

3219

02:35:44,030 --> 02:35:41,240

the grounding aspect of this

3220

02:35:48,650 --> 02:35:44,040

uh of this friendship where she just

3221

02:35:51,530 --> 02:35:48,660

like gifted me this and wow I mean I

3222

02:35:54,110 --> 02:35:51,540

can't you just need to go do your own

3223

02:35:56,870 --> 02:35:54,120

research run around Barefoot for a

3224

02:35:57,849 --> 02:35:56,880

little bit and and and and and and try

3225

02:36:01,969 --> 02:35:57,859

to understand

3226

02:36:04,550 --> 02:36:01,979

uh What uh we're trying to uh share with

3227

02:36:07,190 --> 02:36:04,560

you all right and the the books is going

3228

02:36:09,290 --> 02:36:07,200

to come out read it check it out it's

3229

02:36:12,469 --> 02:36:09,300

it's a game changer but here's the thing

3230

02:36:14,809 --> 02:36:12,479

all right so we started off the show

3231

02:36:17,210 --> 02:36:14,819

tonight uh we were talking about Egypt

3232

02:36:30,469 --> 02:36:17,220

and

3233

02:36:33,170 --> 02:36:30,479

have Elizabeth share uh our experience

3234

02:36:36,170 --> 02:36:33,180

together I wanted her to tell her

3235

02:36:39,070 --> 02:36:36,180

version of not her version her

3236

02:36:41,690 --> 02:36:39,080

experience and then how we met up now

3237

02:36:43,490 --> 02:36:41,700

here's the thing

3238

02:36:45,110 --> 02:36:43,500

um I'm gonna show you something right

3239

02:36:49,790 --> 02:36:45,120

now oh by the way I opened up the phone

3240

02:36:54,950 --> 02:36:52,010

um uh just because okay so the phone

3241

02:36:59,210 --> 02:36:54,960

lines are open all right but now I want

3242

02:37:02,030 --> 02:36:59,220

you to check this out she describes the

3243

02:37:05,929 --> 02:37:02,040

temple that she was in and I was trying

3244

02:37:09,309 --> 02:37:05,939

to tell you the size of this uh Temple

3245

02:37:12,530 --> 02:37:09,319

complex it's huge dundera it's very big

3246

02:37:15,110 --> 02:37:12,540

so now check this out

3247

02:37:17,870 --> 02:37:15,120

in this image here

3248

02:37:21,230 --> 02:37:17,880

that's uh the the temple priest of

3249

02:37:24,770 --> 02:37:21,240

dendara that's him here

3250

02:37:29,389 --> 02:37:24,780

um off in the background up at the top

3251

02:37:31,130 --> 02:37:29,399

here that's the temple that Elizabeth

3252

02:37:32,650 --> 02:37:31,140

went into

3253

02:37:37,910 --> 02:37:32,660

okay

3254

02:37:39,730 --> 02:37:37,920

and uh she's in there now uh this is a

3255

02:37:41,450 --> 02:37:39,740

video

3256

02:37:47,150 --> 02:37:41,460

here

3257

02:37:50,410 --> 02:37:47,160

that is the entrance that's the stair

3258

02:37:53,809 --> 02:37:50,420

case that goes down it's about 50 feet

3259

02:37:56,630 --> 02:37:53,819

about five stories underground that goes

3260

02:37:58,910 --> 02:37:56,640

down to this underground Lake this is

3261

02:38:04,250 --> 02:37:58,920

you know you can see this is just one

3262

02:38:07,370 --> 02:38:04,260

corner of the dendara temple complex and

3263

02:38:10,010 --> 02:38:07,380

this Temple that uh Elizabeth was in

3264

02:38:11,450 --> 02:38:10,020

while I was shooting this video I'm

3265

02:38:13,849 --> 02:38:11,460

getting ready to enter I'm going to play

3266

02:38:15,889 --> 02:38:13,859

the video in a second Elizabeth is in

3267

02:38:18,490 --> 02:38:15,899

here you can see this is just one corner

3268

02:38:20,750 --> 02:38:18,500

you can see the size of this it's just

3269

02:38:24,770 --> 02:38:20,760

huge okay

3270

02:38:25,790 --> 02:38:24,780

so um I don't know at this point of the

3271

02:38:27,770 --> 02:38:25,800

video

3272

02:38:29,650 --> 02:38:27,780

what I'm about to experience and what's

3273

02:38:34,330 --> 02:38:29,660

going on I'm going to roll the video now

3274

02:38:38,510 --> 02:38:34,340

so I'm walking over uh with the priest

3275

02:38:42,530 --> 02:38:38,520

uh there is Shah our egyptologist she's

3276

02:38:46,250 --> 02:38:42,540

in front of me and uh you can see look

3277

02:38:49,670 --> 02:38:46,260

at the size of dandera the temple itself

3278

02:38:52,070 --> 02:38:49,680

uh is to my right

3279

02:38:55,130 --> 02:38:52,080

um and maybe yeah that's the temple

3280

02:38:58,250 --> 02:38:55,140

that's dendara behind me now here we go

3281

02:39:02,770 --> 02:38:58,260

we start to ascend and this is when the

3282

02:39:06,590 --> 02:39:02,780

priest tells me I you've got to turn off

3283

02:39:10,790 --> 02:39:06,600

your camera no video and

3284

02:39:12,170 --> 02:39:10,800

um so that's that's the setup uh for for

3285

02:39:20,929 --> 02:39:12,180

everything

3286

02:39:25,370 --> 02:39:20,939

so as I uh descended uh down those steps

3287

02:39:29,690 --> 02:39:25,380

um and uh went through that

3288

02:39:32,210 --> 02:39:29,700

um my shoes are off I'm grounded uh and

3289

02:39:33,830 --> 02:39:32,220

I didn't realize that all of these

3290

02:39:35,929 --> 02:39:33,840

things were happening at the same time

3291

02:39:40,849 --> 02:39:35,939

meanwhile

3292

02:39:43,130 --> 02:39:40,859

Elizabeth is in this Temple off in the

3293

02:39:46,429 --> 02:39:43,140

background and she's having this

3294

02:39:49,010 --> 02:39:46,439

experience with the red and and colored

3295

02:39:50,690 --> 02:39:49,020

lights again Elizabeth is here and I am

3296

02:39:54,590 --> 02:39:50,700

going into

3297

02:39:56,090 --> 02:39:54,600

this uh underground Lake all right so

3298

02:39:59,450 --> 02:39:56,100

I'm going to roll this one more time I

3299

02:40:01,969 --> 02:39:59,460

want you to see the size of dandera so

3300

02:40:04,670 --> 02:40:01,979

right now there there you go that's the

3301
02:40:06,610 --> 02:40:04,680
shot that let me pause this let me back

3302
02:40:09,770 --> 02:40:06,620
this up

3303
02:40:14,809 --> 02:40:09,780
that's where Elizabeth is

3304
02:40:17,929 --> 02:40:14,819
so when when I came back out of the

3305
02:40:20,570 --> 02:40:17,939
underground like I come up the stairs I

3306
02:40:23,570 --> 02:40:20,580
walk in this direction and I'm going

3307
02:40:25,849 --> 02:40:23,580
across the sand Elizabeth is way over

3308
02:40:28,550 --> 02:40:25,859
here she's come out the temple door that

3309
02:40:32,030 --> 02:40:28,560
she went in was at this end I want you

3310
02:40:35,090 --> 02:40:32,040
to look at the size of this this is huge

3311
02:40:39,710 --> 02:40:35,100
this isn't the main dendara Temple this

3312
02:40:43,130 --> 02:40:39,720
is one of the exterior temples that are

3313
02:40:47,750 --> 02:40:43,140

on the grounds of dendara

3314

02:40:50,630 --> 02:40:47,760

okay so when I uh uh when Elizabeth and

3315

02:40:54,110 --> 02:40:50,640

I were talking about uh when I came out

3316

02:40:55,990 --> 02:40:54,120

I came up from uh you know underground

3317

02:40:59,030 --> 02:40:56,000

and I started to walk in this direction

3318

02:41:02,809 --> 02:40:59,040

and that's when Elizabeth and I met up

3319

02:41:06,349 --> 02:41:02,819

but that's the temple right there that

3320

02:41:07,670 --> 02:41:06,359

she had this light enveloper

3321

02:41:09,530 --> 02:41:07,680

when

3322

02:41:13,090 --> 02:41:09,540

um I'm Gonna Roll this one more time and

3323

02:41:14,950 --> 02:41:13,100

so you can just kind of get a scope of

3324

02:41:18,230 --> 02:41:14,960

the size

3325

02:41:22,849 --> 02:41:18,240

of of what we're talking about here it

3326

02:41:26,630 --> 02:41:22,859

is a ginormous uh Temple complex

3327

02:41:29,770 --> 02:41:26,640

um so anyway when I came back out of

3328

02:41:32,630 --> 02:41:29,780

there it is man going down the stairs

3329

02:41:36,170 --> 02:41:32,640

uh right there and you can't even see

3330

02:41:38,809 --> 02:41:36,180

the bottom it's it's just it's black

3331

02:41:41,450 --> 02:41:38,819

um no technology no lights nothing like

3332

02:41:45,950 --> 02:41:41,460

that is is permitted

3333

02:41:49,490 --> 02:41:45,960

um in in this uh very very spiritual

3334

02:41:54,309 --> 02:41:49,500

very special place so

3335

02:41:56,510 --> 02:41:54,319

um so back to my point so now you know

3336

02:42:00,710 --> 02:41:56,520

where I was

3337

02:42:04,849 --> 02:42:00,720

I had taken off my flip-flops

3338

02:42:06,889 --> 02:42:04,859

and now I'm Barefoot and I disappear and

3339

02:42:10,190 --> 02:42:06,899

I don't know I don't have somebody

3340

02:42:12,590 --> 02:42:10,200

guiding me I don't have anybody telling

3341

02:42:14,330 --> 02:42:12,600

me what to expect and and how to deal

3342

02:42:18,830 --> 02:42:14,340

with it I didn't know any of these

3343

02:42:21,650 --> 02:42:18,840

things as I went down the stairs

3344

02:42:24,230 --> 02:42:21,660

um and I I get to the bottom Jimmy who

3345

02:42:26,030 --> 02:42:24,240

is in front of me uh the priest is

3346

02:42:28,010 --> 02:42:26,040

behind me he's got his hand on my

3347

02:42:30,889 --> 02:42:28,020

shoulder as we're going down the stairs

3348

02:42:34,969 --> 02:42:30,899

I got my hand on Jimmy's shoulder

3349

02:42:36,650 --> 02:42:34,979

um I can't see it's black and we we

3350

02:42:39,290 --> 02:42:36,660

um I can feel

3351

02:42:42,230 --> 02:42:39,300

the coolness of the stones

3352

02:42:43,309 --> 02:42:42,240

up top it was 100 degrees it was 105

3353

02:42:45,889 --> 02:42:43,319

degrees

3354

02:42:50,150 --> 02:42:45,899

and it's hot it's the desert

3355

02:42:52,370 --> 02:42:50,160

when I took off my uh flip-flops I feel

3356

02:42:55,010 --> 02:42:52,380

the heat do you know what it's like on a

3357

02:42:58,969 --> 02:42:55,020

hot summer day on the asphalt it's hot

3358

02:43:00,050 --> 02:42:58,979

so as I'm descending the stairs I get

3359

02:43:02,750 --> 02:43:00,060

about

3360

02:43:04,610 --> 02:43:02,760

I don't know that I'm halfway but but

3361

02:43:06,410 --> 02:43:04,620

let's just say I get about halfway done

3362

02:43:09,349 --> 02:43:06,420

I could feel the stones are just getting

3363

02:43:11,389 --> 02:43:09,359

cooler and cooler steps

3364

02:43:13,610 --> 02:43:11,399

um cooler and cooler and cooler and then

3365

02:43:17,210 --> 02:43:13,620

I can feel the moisture and starting to

3366

02:43:19,130 --> 02:43:17,220

get damp and the the stones are now cool

3367

02:43:21,950 --> 02:43:19,140

under my feet

3368

02:43:24,770 --> 02:43:21,960

we get to the bottom

3369

02:43:27,349 --> 02:43:24,780

of of everything then I can hear the

3370

02:43:28,550 --> 02:43:27,359

water I can hear the dripping I can't

3371

02:43:30,830 --> 02:43:28,560

see it

3372

02:43:33,290 --> 02:43:30,840

it's black it's black there's nothing

3373

02:43:36,830 --> 02:43:33,300

down there you can't see anything but I

3374

02:43:40,010 --> 02:43:36,840

can hear it and Jimmy

3375

02:43:42,349 --> 02:43:40,020

um is in front of me and and I can see

3376

02:43:44,150 --> 02:43:42,359

his outline he walks out into the water

3377

02:43:47,510 --> 02:43:44,160

I can hear it

3378

02:43:48,710 --> 02:43:47,520

shocked by the way remember that's the

3379

02:43:52,490 --> 02:43:48,720

desert

3380

02:43:54,290 --> 02:43:52,500

above us as the Sahara Desert is above

3381

02:43:57,889 --> 02:43:54,300

us we are underground

3382

02:43:59,090 --> 02:43:57,899

and and and I hear him splashing and I

3383

02:44:00,770 --> 02:43:59,100

could see what he's doing and he's

3384

02:44:04,250 --> 02:44:00,780

taking the water and he's throwing it

3385

02:44:08,690 --> 02:44:04,260

all over his body is you know bathing in

3386

02:44:11,030 --> 02:44:08,700

it and he comes back to me we're not

3387

02:44:14,450 --> 02:44:11,040

allowed to talk right and he whispers in

3388

02:44:18,590 --> 02:44:14,460

my ear it's all yours

3389

02:44:21,950 --> 02:44:18,600

so I walk out into the water I'm

3390

02:44:23,870 --> 02:44:21,960

Barefoot of course and it's cool

3391

02:44:25,250 --> 02:44:23,880

it's not warm

3392

02:44:30,110 --> 02:44:25,260

cool

3393

02:44:33,410 --> 02:44:30,120

and it doesn't make any sense in my my

3394

02:44:39,110 --> 02:44:33,420

brain is starting to fire off

3395

02:44:44,630 --> 02:44:41,510

you know and it's I'm probably it's you

3396

02:44:48,889 --> 02:44:44,640

know it's like not I'm not knee-deep but

3397

02:44:50,990 --> 02:44:48,899

but you know about halfway up my my shin

3398

02:44:53,690 --> 02:44:51,000

and

3399

02:44:54,950 --> 02:44:53,700

I do what Jimmy did

3400

02:44:59,389 --> 02:44:54,960

right

3401

02:45:04,429 --> 02:44:59,399

and I splashed this water all over me

3402

02:45:07,730 --> 02:45:04,439

my hair my teeth I I literally

3403

02:45:10,790 --> 02:45:07,740

take a shower and I throw this water and

3404

02:45:12,650 --> 02:45:10,800

I could feel something changing now

3405

02:45:15,230 --> 02:45:12,660

we're talking about there's a couple of

3406

02:45:17,330 --> 02:45:15,240

things going on at this point let's go

3407

02:45:20,690 --> 02:45:17,340

back to the grounding aspect of this I'm

3408

02:45:23,090 --> 02:45:20,700

barefoot I'm in water I'm in an

3409

02:45:26,150 --> 02:45:23,100

underground Lake

3410

02:45:28,190 --> 02:45:26,160

um the temperature change from my body

3411

02:45:31,250 --> 02:45:28,200

from being in the sunlight

3412

02:45:35,330 --> 02:45:31,260

now the temperature change is happening

3413

02:45:37,550 --> 02:45:35,340

I'm also in darkness

3414

02:45:39,290 --> 02:45:37,560

you're deprived of light

3415

02:45:41,090 --> 02:45:39,300

this is all

3416

02:45:43,790 --> 02:45:41,100

your senses

3417

02:45:46,969 --> 02:45:43,800

I'm telling you my brain is starting to

3418

02:45:52,130 --> 02:45:49,070

and I didn't understand nobody was there

3419

02:45:54,830 --> 02:45:52,140

nobody to tell me what to expect or how

3420

02:45:58,010 --> 02:45:54,840

to do this or the process the ceremony

3421

02:46:00,590 --> 02:45:58,020

no I was on my own

3422

02:46:04,849 --> 02:46:00,600

so I do this right and then I turn

3423

02:46:08,929 --> 02:46:04,859

around and I start walking up the stairs

3424

02:46:08,939 --> 02:46:13,910

and I have to grab the wall

3425

02:46:20,330 --> 02:46:16,969

I don't have another way to explain

3426

02:46:22,250 --> 02:46:20,340

this but there was

3427

02:46:28,070 --> 02:46:22,260

there was something happening

3428

02:46:31,070 --> 02:46:28,080

and I then uh uh I I grabbed the wall so

3429

02:46:33,110 --> 02:46:31,080

I don't fall down the stairs right I'm

3430

02:46:37,969 --> 02:46:33,120

serious man it was crazy

3431

02:46:41,150 --> 02:46:37,979

and and I kind of get uh my my semi

3432

02:46:45,230 --> 02:46:41,160

balance I'm just getting my the control

3433

02:46:50,030 --> 02:46:45,240

I go up the stairs I I and then you go

3434

02:46:57,110 --> 02:46:52,690

the Sun the light

3435

02:46:58,610 --> 02:46:57,120

and this it it just all happened

3436

02:47:02,630 --> 02:46:58,620

at the same time

3437

02:47:06,250 --> 02:47:02,640

and and all I can tell you from the

3438

02:47:09,590 --> 02:47:06,260

experience is that once I got up outside

3439

02:47:11,570 --> 02:47:09,600

somebody to my right

3440

02:47:14,150 --> 02:47:11,580

said something to me

3441

02:47:15,830 --> 02:47:14,160

I don't remember what it was like you

3442

02:47:19,790 --> 02:47:15,840

know Jimmy what's what's going on down

3443

02:47:22,070 --> 02:47:19,800

there what what whatever and and I

3444

02:47:24,969 --> 02:47:22,080

didn't want to lose

3445

02:47:29,630 --> 02:47:24,979

what was happening

3446

02:47:33,710 --> 02:47:29,640

and I remember putting my hand out

3447

02:47:35,510 --> 02:47:33,720

like no not now and I walked in the

3448

02:47:38,630 --> 02:47:35,520

other direction

3449

02:47:41,690 --> 02:47:38,640

and and I'm trying to keep this this

3450

02:47:43,790 --> 02:47:41,700

thing going and it was it was it was it

3451

02:47:44,690 --> 02:47:43,800

was it was an explosion and it was it

3452

02:47:50,170 --> 02:47:44,700

was

3453

02:47:53,150 --> 02:47:50,180

didn't know

3454

02:47:56,830 --> 02:47:53,160

uh still don't really

3455

02:48:00,889 --> 02:47:56,840

um you know and because it's a chemical

3456

02:48:07,130 --> 02:48:03,410

physical thing all happening at the same

3457

02:48:10,190 --> 02:48:07,140

time it was tremendous so as all of this

3458

02:48:12,830 --> 02:48:10,200

is going on and I'm trying to process

3459

02:48:15,650 --> 02:48:12,840

and I don't want to lose it I want to I

3460

02:48:18,550 --> 02:48:15,660

just want it to stay

3461

02:48:21,170 --> 02:48:18,560

you know this this this

3462

02:48:23,150 --> 02:48:21,180

experience it's the wrong word to use

3463

02:48:24,710 --> 02:48:23,160

but I didn't want it to go away I was

3464

02:48:29,270 --> 02:48:24,720

trying to hang on to it

3465

02:48:32,570 --> 02:48:29,280

and as this is happening and I I turn

3466

02:48:35,690 --> 02:48:32,580

left and you can see now you've seen the

3467

02:48:38,690 --> 02:48:35,700

size of the temple complex it's big

3468

02:48:40,610 --> 02:48:38,700

all right now so I walk away and I'm

3469

02:48:43,429 --> 02:48:40,620

just trying to stay in the zone that's a

3470

02:48:45,170 --> 02:48:43,439

good word Zone not experience the zone

3471

02:48:49,130 --> 02:48:45,180

I'm trying to stay in the zone

3472

02:48:51,710 --> 02:48:49,140

and as I'm turning I'm like a Wanderer

3473

02:48:54,770 --> 02:48:51,720

in the desert right and I head in this

3474

02:48:58,550 --> 02:48:54,780

Direction that's when I hear Jimmy Jimmy

3475

02:49:01,790 --> 02:48:58,560

and I kind of look off like a mirage and

3476

02:49:04,610 --> 02:49:01,800

there's Elizabeth and she's

3477

02:49:06,950 --> 02:49:04,620

you know caught waving

3478

02:49:09,590 --> 02:49:06,960

and I didn't want to lose the zone

3479

02:49:13,330 --> 02:49:09,600

and I just waved these

3480

02:49:16,690 --> 02:49:13,340

people off to my right no no no

3481

02:49:20,330 --> 02:49:16,700

and and Elizabeth is calling my name

3482

02:49:22,250 --> 02:49:20,340

and and I start walking towards her

3483

02:49:24,050 --> 02:49:22,260

she's my friend she's yeah you know okay

3484

02:49:26,210 --> 02:49:24,060

all right but I didn't want to lose this

3485

02:49:31,070 --> 02:49:26,220

so

3486

02:49:32,750 --> 02:49:31,080

but this is what was going through my

3487

02:49:35,690 --> 02:49:32,760

mind

3488

02:49:37,910 --> 02:49:35,700

was there was a dis there was a gap

3489

02:49:41,210 --> 02:49:37,920

between us that was closing and I could

3490

02:49:43,309 --> 02:49:41,220

tell I had about another minute

3491

02:49:45,469 --> 02:49:43,319

at about 60 seconds

3492

02:49:48,710 --> 02:49:45,479

right so I'm just like walking in her

3493

02:49:51,110 --> 02:49:48,720

Direction but trying to keep this

3494

02:49:52,969 --> 02:49:51,120

this thing

3495

02:49:56,389 --> 02:49:52,979

it was profound

3496

02:49:59,990 --> 02:49:56,399

and so we meet up in my head you know

3497

02:50:02,270 --> 02:50:00,000

and and things and that's when Jimmy I

3498

02:50:03,710 --> 02:50:02,280

never see [h__h] man but this thing just

3499

02:50:05,050 --> 02:50:03,720

happened over here in this Temple I'm

3500

02:50:08,330 --> 02:50:05,060

like what

3501
02:50:10,130 --> 02:50:08,340
uh Elizabeth I'm going through my own

3502
02:50:12,730 --> 02:50:10,140
thing right now well yeah but but but

3503
02:50:16,190 --> 02:50:12,740
but it was like yeah but but but

3504
02:50:18,070 --> 02:50:16,200
and the two of us

3505
02:50:21,230 --> 02:50:18,080
at that moment

3506
02:50:23,210 --> 02:50:21,240
were were experiencing something for the

3507
02:50:26,090 --> 02:50:23,220
first time for her

3508
02:50:29,090 --> 02:50:26,100
it was being enveloped in this this

3509
02:50:32,090 --> 02:50:29,100
energetic uh multi-colored she described

3510
02:50:33,590 --> 02:50:32,100
it as red at first

3511
02:50:35,870 --> 02:50:33,600
and

3512
02:50:38,809 --> 02:50:35,880
it's it's a game changer when this

3513
02:50:41,150 --> 02:50:38,819

happens and she wants to share that with

3514

02:50:42,710 --> 02:50:41,160

me and I am in the middle of this thing

3515

02:50:45,770 --> 02:50:42,720

and now

3516

02:50:48,550 --> 02:50:45,780

that's why I show this video

3517

02:50:51,349 --> 02:50:48,560

um and so you can understand

3518

02:50:53,990 --> 02:50:51,359

Elizabeth's view of of what was

3519

02:50:56,030 --> 02:50:54,000

happening and what she went through now

3520

02:50:59,389 --> 02:50:56,040

you've seen the complex you've seen the

3521

02:51:01,010 --> 02:50:59,399

temple that she she was in so

3522

02:51:02,990 --> 02:51:01,020

um so anyway

3523

02:51:04,730 --> 02:51:03,000

as my head starts to click we sit down

3524

02:51:07,990 --> 02:51:04,740

on this bench

3525

02:51:11,090 --> 02:51:08,000

and uh it was a rock

3526
02:51:13,429 --> 02:51:11,100
megalithic stone and we sit and we're

3527
02:51:16,370 --> 02:51:13,439
just talking to each other

3528
02:51:19,670 --> 02:51:16,380
and then uh we get up

3529
02:51:22,429 --> 02:51:19,680
and and now I'm starting to literally

3530
02:51:24,889 --> 02:51:22,439
get my feet back under me and we walk

3531
02:51:28,130 --> 02:51:24,899
around and that's when she says that's

3532
02:51:31,309 --> 02:51:28,140
where I was and she points and I look

3533
02:51:34,370 --> 02:51:31,319
and now I see I didn't even see the

3534
02:51:36,469 --> 02:51:34,380
temple before I didn't see it I was I

3535
02:51:38,870 --> 02:51:36,479
was too focused on the stairs and and

3536
02:51:41,530 --> 02:51:38,880
the lake and stuff and I look this thing

3537
02:51:44,809 --> 02:51:41,540
is ginormous

3538
02:51:47,090 --> 02:51:44,819

and the so from the side you don't see

3539

02:51:49,730 --> 02:51:47,100

it here in the video but you're you're

3540

02:51:52,190 --> 02:51:49,740

seeing the side of it from the front is

3541

02:51:55,250 --> 02:51:52,200

the entrance and it's a door it's

3542

02:51:58,190 --> 02:51:55,260

probably 20 feet wide by 30 feet tall

3543

02:52:02,090 --> 02:51:58,200

it's like two cents huge it's ginormous

3544

02:52:04,910 --> 02:52:02,100

and and when she points at it and I look

3545

02:52:10,730 --> 02:52:08,030

inside of that Temple there's no windows

3546

02:52:14,990 --> 02:52:10,740

there's no light streaming in

3547

02:52:16,490 --> 02:52:15,000

and now I'm understanding what she was

3548

02:52:18,469 --> 02:52:16,500

trying to tell me that she was in this

3549

02:52:21,830 --> 02:52:18,479

black room

3550

02:52:24,290 --> 02:52:21,840

um and and this this light somehow came

3551
02:52:27,290 --> 02:52:24,300
in but there was no place for it to come

3552
02:52:29,450 --> 02:52:27,300
into and I'm looking

3553
02:52:32,210 --> 02:52:29,460
at the temple

3554
02:52:34,190 --> 02:52:32,220
and I turn around and I'm looking at her

3555
02:52:35,990 --> 02:52:34,200
and I'm thinking about what was

3556
02:52:40,870 --> 02:52:36,000
happening

3557
02:52:46,389 --> 02:52:40,880
five stories below ground at the lake

3558
02:52:46,399 --> 02:52:53,950
what did the Egyptians know

3559
02:52:59,630 --> 02:52:57,290
the underground Lake that Temple that

3560
02:53:03,290 --> 02:52:59,640
she walked into the dendara temple that

3561
02:53:07,210 --> 02:53:03,300
was bringing tears to everybody's eyes

3562
02:53:11,750 --> 02:53:07,220
um this this spiritual thing what is it

3563
02:53:13,610 --> 02:53:11,760

that the Egyptians knew the priest told

3564

02:53:14,389 --> 02:53:13,620

me

3565

02:53:17,090 --> 02:53:14,399

um

3566

02:53:19,550 --> 02:53:17,100

he said

3567

02:53:21,590 --> 02:53:19,560

this is where

3568

02:53:23,510 --> 02:53:21,600

the Pharaohs

3569

02:53:26,269 --> 02:53:23,520

went

3570

02:53:32,389 --> 02:53:26,279

for Spiritual cleansing

3571

02:53:37,849 --> 02:53:34,370

think about that for a second

3572

02:53:41,750 --> 02:53:37,859

now I I didn't know

3573

02:53:46,790 --> 02:53:41,760

any of this going in

3574

02:53:49,250 --> 02:53:46,800

when uh I I'm trying to process this and

3575

02:53:51,830 --> 02:53:49,260

I'm talking to Sean I'm talking to the

3576

02:53:56,570 --> 02:53:51,840

priest and I'm talking to Jimmy

3577

02:53:59,690 --> 02:53:56,580

um about this it just came crystal clear

3578

02:54:02,450 --> 02:53:59,700

that the pharaohs were doing this

3579

02:54:04,269 --> 02:54:02,460

they would walk up

3580

02:54:07,389 --> 02:54:04,279

barefoot

3581

02:54:10,990 --> 02:54:07,399

descend those stairs

3582

02:54:13,309 --> 02:54:11,000

go through the same

3583

02:54:19,510 --> 02:54:13,319

then ascend

3584

02:54:28,730 --> 02:54:22,550

what did the Egyptians know

3585

02:54:30,550 --> 02:54:28,740

because today as I and I'm as serious as

3586

02:54:34,130 --> 02:54:30,560

I can be

3587

02:54:37,130 --> 02:54:34,140

when when I was going through all of

3588

02:54:39,050 --> 02:54:37,140

these steps uh with Jay Widener

3589

02:54:41,389 --> 02:54:39,060

and we're discussing the technical

3590

02:54:43,670 --> 02:54:41,399

aspect because today

3591

02:54:45,469 --> 02:54:43,680

we understand electricity we understand

3592

02:54:47,929 --> 02:54:45,479

temperature changes we understand this

3593

02:54:50,389 --> 02:54:47,939

we we you know we we understand it

3594

02:54:53,870 --> 02:54:50,399

technically right technically the

3595

02:54:56,450 --> 02:54:53,880

technology and so what is happening

3596

02:54:58,610 --> 02:54:56,460

chemically and energetically with

3597

02:55:02,210 --> 02:54:58,620

electricity and everything else the

3598

02:55:05,809 --> 02:55:02,220

processes that are going through

3599

02:55:08,450 --> 02:55:05,819

our physical being the mind the brain

3600

02:55:12,050 --> 02:55:08,460

your vision your touch your sense your

3601

02:55:13,670 --> 02:55:12,060

smell you have all all of this is

3602

02:55:18,950 --> 02:55:13,680

happening at the same time you go down

3603

02:55:22,790 --> 02:55:18,960

and your body is going through a process

3604

02:55:24,710 --> 02:55:22,800

now we can we can discuss this today and

3605

02:55:28,090 --> 02:55:24,720

look at the science of it and discuss

3606

02:55:31,309 --> 02:55:28,100

what's firing off in your brain and and

3607

02:55:33,050 --> 02:55:31,319

neurons and your nerves and your senses

3608

02:55:35,450 --> 02:55:33,060

and all

3609

02:55:37,610 --> 02:55:35,460

we're talking about thousands of years

3610

02:55:41,690 --> 02:55:37,620

ago

3611

02:55:44,690 --> 02:55:41,700

that's the part and it just hit me

3612

02:55:47,809 --> 02:55:44,700

this they understood something

3613

02:55:49,070 --> 02:55:47,819

they had it together man they had it all

3614

02:55:53,450 --> 02:55:49,080

figured out

3615

02:55:57,590 --> 02:55:53,460

when you go and and and experience this

3616

02:56:02,210 --> 02:55:59,929

it doesn't make any sense

3617

02:56:04,429 --> 02:56:02,220

and you're just like you know because

3618

02:56:06,790 --> 02:56:04,439

the spiritual Journeys that we go on

3619

02:56:10,570 --> 02:56:06,800

today or we talk about this are fasting

3620

02:56:14,630 --> 02:56:10,580

whatever it is that you do right

3621

02:56:17,090 --> 02:56:14,640

the Egyptians were doing this thousands

3622

02:56:19,849 --> 02:56:17,100

and thousands of years ago

3623

02:56:22,190 --> 02:56:19,859

that Temple that that Elizabeth went in

3624

02:56:25,429 --> 02:56:22,200

and had this experience it was built for

3625

02:56:29,210 --> 02:56:27,769

if you ever get a chance

3626

02:56:34,730 --> 02:56:29,220

go

3627

02:56:38,150 --> 02:56:34,740

isn't the certainly the only country in

3628

02:56:41,690 --> 02:56:38,160

the world that that that that that has

3629

02:56:43,550 --> 02:56:41,700

you know the uh the geographic locations

3630

02:56:44,990 --> 02:56:43,560

and these Temple sites and Things No the

3631

02:56:48,769 --> 02:56:45,000

Ancients knew something

3632

02:56:50,389 --> 02:56:48,779

but I was able to experience it so when

3633

02:56:53,330 --> 02:56:50,399

I tell you that's why I showed you this

3634

02:56:56,210 --> 02:56:53,340

video when I tell you that I went and

3635

02:57:00,950 --> 02:56:56,220

descended from the Sands of the Sahara

3636

02:57:02,630 --> 02:57:00,960

Desert and descended down into this Lake

3637

02:57:05,150 --> 02:57:02,640

um I'm I'm not playing around this is

3638

02:57:08,210 --> 02:57:05,160

something that that happened

3639

02:57:09,650 --> 02:57:08,220

it was tremendous it was tremendous and

3640

02:57:12,590 --> 02:57:09,660

so now

3641

02:57:15,170 --> 02:57:12,600

again uh having Elizabeth on the show

3642

02:57:16,790 --> 02:57:15,180

and and talking about what what

3643

02:57:19,670 --> 02:57:16,800

grounding is

3644

02:57:21,590 --> 02:57:19,680

this this thing that I started a couple

3645

02:57:23,809 --> 02:57:21,600

of months ago again it's this is

3646

02:57:25,910 --> 02:57:23,819

something that was not explained to me I

3647

02:57:30,410 --> 02:57:25,920

just did it I woke up in the morning and

3648

02:57:33,050 --> 02:57:30,420

I knew that's something had happened

3649

02:57:35,690 --> 02:57:33,060

and it's uh it's been very very very

3650

02:57:39,469 --> 02:57:35,700

exciting for me and then you tie all of

3651

02:57:41,030 --> 02:57:39,479

this in to the other experiences that

3652

02:57:42,950 --> 02:57:41,040

I've gone through

3653

02:57:45,830 --> 02:57:42,960

um in the last couple months it's it's

3654

02:57:49,130 --> 02:57:45,840

it's been fun it's been incredible it's

3655

02:57:51,050 --> 02:57:49,140

been incredible so there you go uh

3656

02:57:53,389 --> 02:57:51,060

tomorrow night is another fader night

3657

02:57:55,910 --> 02:57:53,399

I'm sorry I I did open up the phone

3658

02:57:58,550 --> 02:57:55,920

lines and I didn't pick up one call I

3659

02:58:00,710 --> 02:57:58,560

apologize to everybody that was trying

3660

02:58:04,130 --> 02:58:00,720

to get through but I need to share this

3661

02:58:07,910 --> 02:58:04,140

with everybody I do I do so the links

3662

02:58:12,290 --> 02:58:07,920

for Elizabeth's new book uh are below or

3663

02:58:15,250 --> 02:58:12,300

her website is there uh the uh the

3664

02:58:19,309 --> 02:58:15,260

grounding website that company earthing

3665

02:58:21,710 --> 02:58:19,319

is is there too as well here's the book

3666

02:58:24,650 --> 02:58:21,720

um all of this was new to me and I have

3667

02:58:28,130 --> 02:58:24,660

just been figuring this out on my own

3668

02:58:30,170 --> 02:58:28,140

and get those cotton sheets this is Fade

3669

02:58:31,210 --> 02:58:30,180

to Black I am your host Jimmy church I'm

3670

02:58:34,969 --> 02:58:31,220

going to say thank Elizabeth

3671

02:58:38,030 --> 02:58:34,979

congratulations Elizabeth Billy and

3672

02:58:40,370 --> 02:58:38,040

Elizabeth got engaged earlier today

3673

02:58:42,590 --> 02:58:40,380

it's absolutely incredible so

3674

02:58:45,110 --> 02:58:42,600

congratulations tomorrow night is

3675

02:58:46,730 --> 02:58:45,120

another fader night with open lines all

3676

02:58:49,490 --> 02:58:46,740

night long

3677

02:58:51,590 --> 02:58:49,500

aside from tonight my favorite night of

3678

02:58:53,210 --> 02:58:51,600

the week paid the block is produced by

3679

02:58:55,130 --> 02:58:53,220

Hilton J Palm Renee Dennis and Kevin

3680

02:58:57,710 --> 02:58:55,140

announces our Steve Harvey Gene Vito and

3681

02:58:59,690 --> 02:58:57,720

Mark D kovar but Masters drew the geek

3682

02:59:02,570 --> 02:58:59,700

music Doug Aldrich intro space boy

3683

02:59:04,969 --> 02:59:02,580

spaceboymusic.com

3684

02:59:06,170 --> 02:59:04,979

hey the black is produced by kjcr for

3685

02:59:09,650 --> 02:59:06,180

the game changer Network and this

3686

02:59:11,150 --> 02:59:09,660

broadcast is owned and copyrighted 2022

3687

02:59:13,130 --> 02:59:11,160

by Fade to Black and The Game Changer

3688

02:59:14,870 --> 02:59:13,140

Network Inc it cannot be rebroadcast

3689

02:59:16,670 --> 02:59:14,880

downloaded copied or used anywhere in

3690

02:59:18,050 --> 02:59:16,680

the known universe without written

3691

02:59:19,610 --> 02:59:18,060

permission from Fade to Black in the

3692

02:59:21,590 --> 02:59:19,620

game changer Network I'm your chibi

3693

02:59:26,389 --> 02:59:21,600

church tomorrow night is fader night

3694

02:59:36,080 --> 02:59:26,399

until then I want everybody to be safe

3695

02:59:36,090 --> 02:59:42,550

[Music]

3696

02:59:51,250 --> 02:59:44,570

thank you